

# 3 Changing Your Pod

## Prepare the Pod site

Select the Pod infusion site (screen step 3):

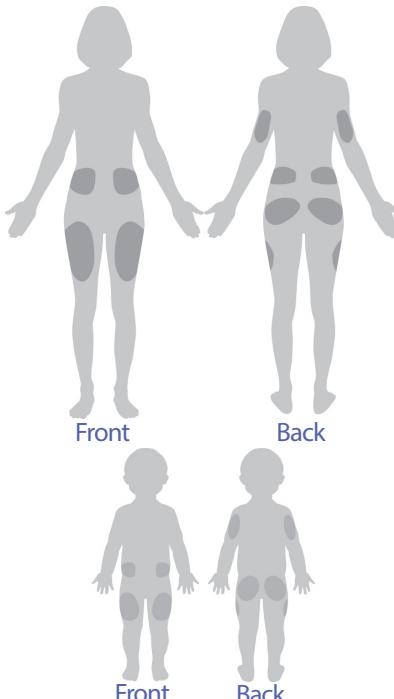
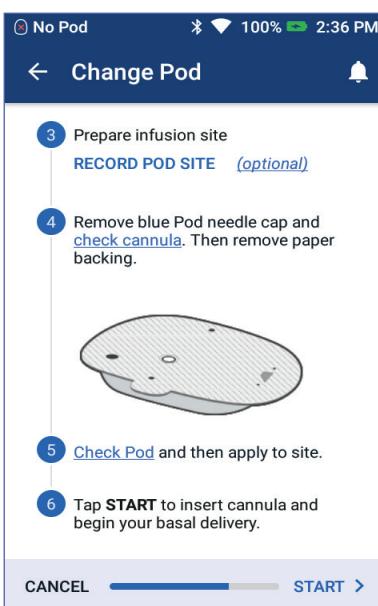
### Guidelines for Pod site selection

Discuss suitable Pod placement sites with your healthcare provider using the following guidelines:

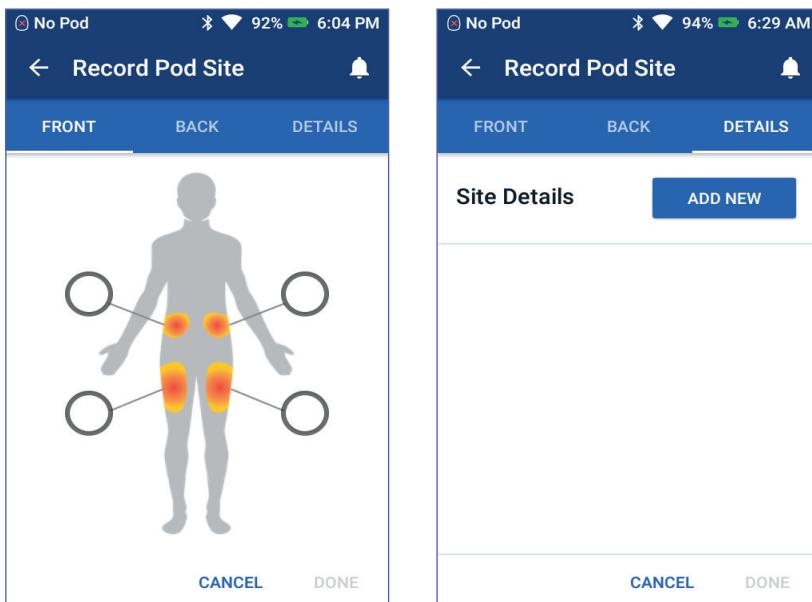
- Ideal sites have a layer of fatty tissue.
- Ideal sites offer easy access and viewing.
- The site should be at least 1 inch (2.5 cm) away from the previous site to avoid skin irritation.
- The site should be at least two inches (5 cm) away from your navel.
- Avoid sites where belts, waistbands, or tight clothing may rub against or dislodge the Pod.
- Avoid sites where the Pod will be affected by folds of skin.
- Avoid placing the Pod over a mole, tattoo, or scar, where insulin absorption may be reduced.
- Avoid areas of the skin with an active infection.

### Pod site map (optional)

The Pod site map is an optional feature that helps you track your current and recent Pod site locations. This option only appears if the Pod Sites setting is turned on (see "Pod Sites Setting" on page 108).



1. Tap RECORD POD SITE to bring up the Record Pod Site screen.
2. Tap the FRONT or BACK tab to select an area of your body for your Pod. To help you avoid recent Pod sites, the screen indicates the two most recent dates that each site was selected.
3. Tap a circle to indicate the location on your body where you will place your new Pod. A blue dot appears inside the selected circle. Tap again to deselect the location.



4. Tap the DETAILS tab to add a detail about the placement of this Pod. For example, you could add a detail that says "Facing up" or "Facing down" to describe the Pod's orientation.
  - a. To add a new detail, tap ADD NEW and type in the new detail. Tap ADD when done. The new detail is added to the list.  
**Note:** The PDM considers uppercase letters and lowercase letters to be identical. For example, you can only use one of the following details: "Facing up," "FACING UP," or "facing Up," because the PDM considers these to be identical entries.
  - b. Select a detail for the new Pod by tapping the circle next to that detail. You may only add one detail for each Pod. Tap again to deselect the detail.  
**Note:** To delete a site detail, tap the next to the detail.
5. Tap DONE when finished to return to the Change Pod screen.

# 3 Changing Your Pod

## Prepare the infusion site

To reduce the risk of infection at the infusion site:

1. Wash your hands with soap and water.
2. Wash your selected infusion site with soap and water.
3. Dry the infusion site with a clean towel.
4. Use an alcohol prep swab to disinfect the infusion site. Start at the center of the site and gently rub outward in a circular motion.
5. Let the infusion site air-dry thoroughly. Do not blow on the site to dry it.

## Remove the Pod's blue cap

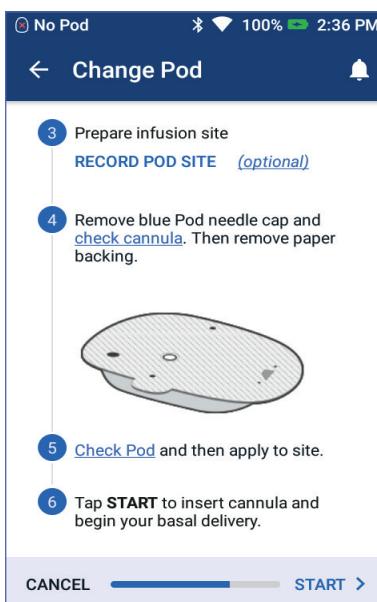
Remove the Pod's blue needle cap (screen step 4):

1. Turn the Pod so the blue needle cap is up and facing you.
2. Place your thumb on the bottom (flat edge) of the blue cap and pull the cap upwards. The cap snaps off. Throw the cap away.

When you remove the blue cap, a drop of insulin may be visible at the end of the cannula or in the well.

3. If any of the following apply, tap CANCEL, and then dispose of the Pod and begin again with a new Pod:

- The Pod is accidentally dropped, as this may compromise sterility.
- The Pod or its adhesive pad is wet, dirty, or damaged.
- The cannula extends beyond the adhesive backing when the blue needle cap is removed.



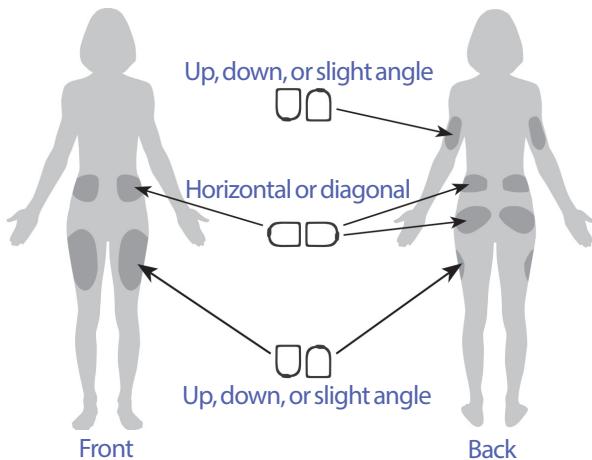
**Warning:** Verify that the cannula does not extend beyond the adhesive backing once the Pod's blue needle cap is removed.

4. Using the pull tabs, remove the white paper backing covering the adhesive pad. Be careful not to remove the adhesive pad itself. Do not allow the adhesive to fold back on itself.

## Apply the Pod

Inspect and apply the Pod (screen step 5):

1. Examine the Pod. Tap CANCEL and dispose of the Pod if the adhesive pad is folded, torn, or damaged, and begin again with a new Pod.
2. Orient the Pod so it is:
  - Horizontal or diagonal on your abdomen, hip, lower back, or buttocks.
  - Up and down or at a slight angle on your upper arm or thigh.
3. Apply the Pod to the selected infusion site, pressing down firmly to secure the Pod to your skin.



The adhesive is designed for one-time use. Once a Pod is placed on your body, you cannot move that Pod to another infusion site.

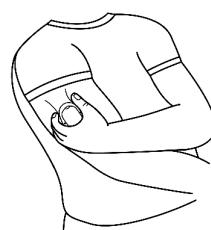
**Note:** The Pod's adhesive keeps it securely in place for up to three days. However, if necessary, several products are available to enhance adhesion. Ask your healthcare provider about these products. Avoid getting any lotion, creams, sprays, or oils near the infusion site as these products may loosen the adhesive.

## Begin insulin delivery

Begin insulin delivery (screen step 6):

**Warning:** If you are applying a Pod in a place that does not have a lot of fatty tissue, squeeze the skin around the Pod throughout the next step. Occlusions may result if you do not use this technique for lean areas.

1. If you applied the Pod to a lean area, squeeze the skin around the Pod.
2. Tap START.



### 3 Changing Your Pod

3. Confirm that the Pod is securely attached to your body, then tap CONFIRM.
4. If you are squeezing your skin, stop squeezing when the PDM asks if the cannula is properly inserted.

Once the cannula is inserted, the Pod automatically fills the cannula with insulin. The Pod then begins delivering the basal rate of insulin according to the active Basal Program.

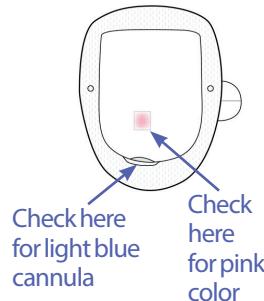
The cannula can be inserted only once with each Pod.

**Caution:** Be sure to check the alarm function at every Pod change (see "Check alarms" on page 105).

#### Check the Infusion Site

Following insertion of the cannula, check the Pod and infusion site:

1. Look through the viewing window on the edge of the Pod to verify that the cannula is inserted into the skin. The cannula is tinted light blue.
2. Verify that there is a pink color in the area indicated in the figure. This is an additional check that the cannula was inserted.
3. Verify that there is no wetness or scent of insulin at the infusion site. The presence of either may indicate that the cannula has dislodged.



**Warning:** Check the infusion site after insertion to ensure that the cannula was properly inserted. If the cannula is not properly inserted, hyperglycemia may result.

4. If the cannula is not properly inserted, tap NO. Then tap DEACTIVATE POD. Restart the process with a new Pod.
5. If the cannula is properly inserted, tap YES.

A green banner notifies you that the Pod setup is complete. The screen shows details about the Pod and a list of reminders.

6. Review the list of active reminders, then tap CLOSE.

**Note:** Ninety minutes after Pod activation, a Check BG reminder prompts you to check your blood glucose level and infusion site. This additional safety feature helps ensure that the cannula was properly inserted.

**Warning:** Never inject insulin (or anything else) into the fill port while the Pod is on your body. Doing so may result in unintended or interrupted insulin delivery.

## Avoid Infusion Site Infections

Check the infusion site at least once a day:

- Be aware of signs of infection, including pain, swelling, redness, discharge, or heat at the infusion site. If you suspect an infection, immediately remove the Pod and apply a new Pod in a different location. Then contact your healthcare provider.
- If you observe any problems with the Pod, replace it with a new Pod.

### Warnings:

Check often to make sure the Pod and soft cannula are securely attached and in place. A loose or dislodged cannula may interrupt insulin delivery.

Verify that there is no wetness or scent of insulin, which may indicate that the cannula has dislodged.

If an infusion site shows signs of infection:

- Immediately remove the Pod and apply a new Pod at a different infusion site.
- Contact your healthcare provider. Treat the infection according to instructions from your healthcare provider.

# 3 Changing Your Pod

## More Information about Pod Use

**Tip:** *Develop a routine so you can change your Pod at a convenient time. If you know of an upcoming event that could interfere with changing your Pod, you can change your Pod early to avoid a disruption in insulin delivery.*

For additional information on using your Pods as effectively as possible, see the following sections:

- For care of your Pod, see "Pod and Insulin Care" on page 137.
- To learn about the Pod alarms, see "Alarms, Notifications, and Communication Errors" on page 121.
- If a Pod alarm is sounding, first attempt to silence it with your PDM. If that is not successful, you can manually turn off the Pod alarm (see "Silencing an Alarm" on page 135).
- To understand the Pod's informational and notification beeps, including which beeps are optional, see "Notifications List" on page 129 and "Informational Signals List" on page 131.
- To understand how to handle situations where the PDM cannot communicate with your Pod, see "Communication Errors" on page 132.
- If the Home: Pod Info tab says "No Pod Communication:"
  - To find the last time the PDM successfully communicated with the Pod navigate to: Menu icon (≡) > Pod.
  - If you are unable to restore communication with the Pod and want to change to a new Pod, navigate to: Menu icon (≡) > Pod > CHANGE POD.
- For a description of the how the PDM communicates with the Pod, see "PDM and Pod Interactions" on page 145.

# CHAPTER 4

## Entering Blood Glucose Readings

### About Blood Glucose Testing

**Warning:** Follow the guidance of your healthcare provider for proper blood glucose monitoring.

You may want to test for low blood glucose when:

- You feel symptoms such as weakness, sweating, nervousness, headache, irritability, or confusion.
- You have delayed a meal after taking insulin.
- Your healthcare provider advises you to do so.

To enter your blood glucose reading into the PDM:

- From a paired BG meter, go to the following section.
- When not using a paired BG meter, go to page 53.

To pair to a new BG meter, go to "Pairing, unpairing, or renaming a BG meter" on page 114.

### Entering Your Blood Glucose Reading from a Paired BG Meter

To record a blood glucose reading from a paired BG meter:

1. Check your blood glucose following the CONTOUR® NEXT ONE BG meter's instructions for use.
2. Turn on your BG meter, if necessary, and place it next to your PDM (no more than six feet away).
3. Go to the Enter BG screen on your PDM:  
Menu icon (≡) > Enter BG

## 4 Blood Glucose Readings

### 4. Tap SYNC BG METER.

The PDM imports all new blood glucose readings and saves them in your history records.

**Note:** An exception is if the PDM and BG meter's clocks differ by more than five minutes (see "PDM and Paired BG Meter Interaction" on page 149).

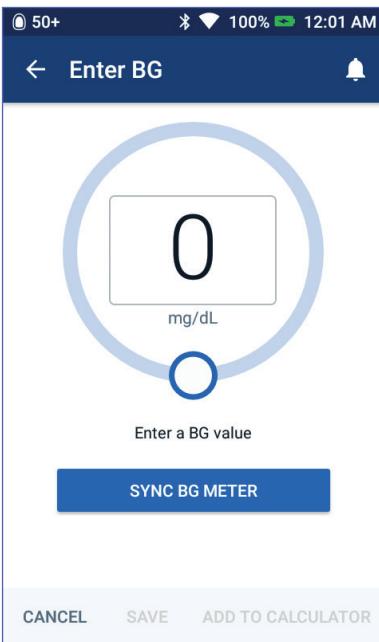
For the meaning of the screen's colors and messages, see "How Blood Glucose Readings are Displayed" on page 55.

**Note:** You cannot edit the value or time of blood glucose readings from a paired BG meter.

### 5. Optional: To add one or more informational tags to the blood glucose reading shown in the circle, see "Tagging Your Blood Glucose Reading" on page 54.

### 6. After the blood glucose reading and any tags are entered, do one of the following:

- Tap ADD TO CALCULATOR to save any tags and enter the blood glucose reading into the Bolus Calculator. Then go to "Bolusing with the Bolus Calculator" on page 57. If the Bolus Calculator is off or disabled or if insulin is suspended, ADD TO CALCULATOR does not appear.
- Tap SAVE to save any tags in the history records. If you accessed this screen from the Bolus Calculator, SAVE does not appear.
- Tap CANCEL to exit the screen without saving the tags. Any imported blood glucose readings have already been saved.



## Entering Your Blood Glucose Reading Manually

To manually enter your blood glucose reading:

1. Check your blood glucose following the BG meter's instructions for use.
2. Go to the Enter BG screen on your PDM:  
Menu icon (≡) > Enter BG
3. Manually enter or edit a blood glucose value as follows:
  - a. Tap the box inside the circle.
  - b. Use the number pad to enter your blood glucose reading.
  - c. Tap the checkmark to close the number pad.

**Note:** Alternatively, you can enter a blood glucose reading using the circular slider (see "Using a slider" on page 6). When using the slider, "+" and "-" buttons appear briefly. Tap these buttons to make small adjustments to the blood glucose number.

**Note:** When you enter a blood glucose reading above 600 mg/dL, the PDM stores it as "HI". When you enter a blood glucose reading below 20 mg/dL, the PDM stores it as "LO".

For the meaning of the screen's colors and messages, see "How Blood Glucose Readings are Displayed" on page 55.

4. Optional: To add one or more informational tags to the blood glucose reading shown in the circle, see "Tagging Your Blood Glucose Reading" on page 54.
5. After the blood glucose reading and any tags are entered, do one of the following:
  - Tap ADD TO CALCULATOR to save any tags and enter the blood glucose reading into the Bolus Calculator. Then go to "Bolusing with the Bolus Calculator" on page 57. If the Bolus Calculator is off or disabled or if insulin is suspended, ADD TO CALCULATOR does not appear.
  - Tap SAVE to save the blood glucose reading and any tags in the history records. If you accessed this screen from the Bolus Calculator, SAVE does not appear.



## 4 Blood Glucose Readings

- Tap CANCEL, then YES, to exit the screen without saving the blood glucose reading or tags.

The PDM records the current time as the time of the blood glucose reading.

### Tagging Your Blood Glucose Reading

#### Tag a blood glucose reading

You can add informational tags to your blood glucose reading for future reference. For example, you may tag the blood glucose reading as pre-meal.

To add a tag to the current blood glucose reading or to a control solution reading:

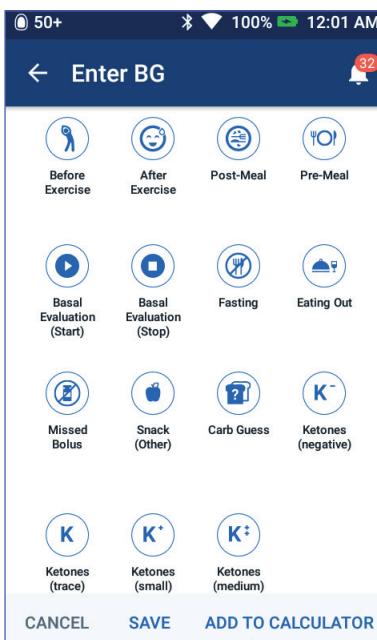
1. Tap ADD TAGS.
2. Tap a tag to select it. You can add up to four tags.
3. To remove a tag, tap the tag again to deselect it.

You can add or remove tags for LO and HI blood glucose readings just as you would for any other reading.

#### Control solution readings

As a rule, a control solution reading from a paired BG meter is automatically tagged as a control solution. This reading is not included in history averages.

Do not manually enter control solution readings from a non-paired BG meter. You cannot tag manually-entered readings with a Control tag, which means you cannot prevent them from being averaged into your blood glucose history records.

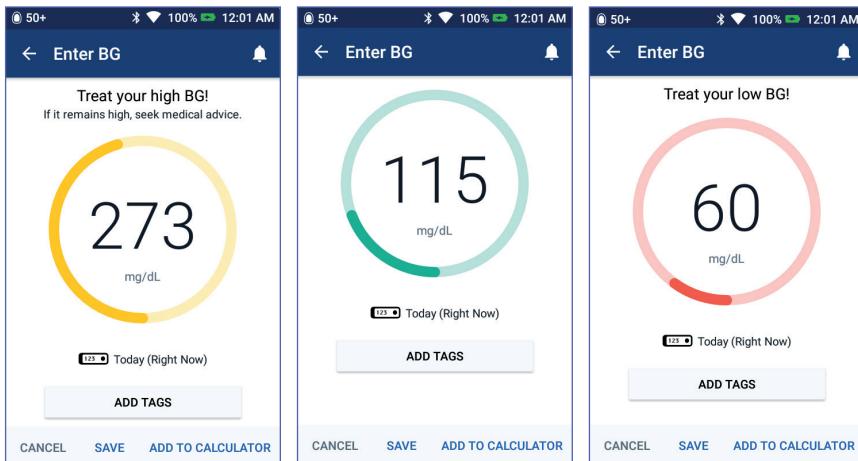


## How Blood Glucose Readings are Displayed

The PDM displays the blood glucose reading inside a colored circle. The circle is:

- Yellow if your blood glucose is above your BG Goal Range.
- Green if your blood glucose is within your BG Goal Range.
- Red if your blood glucose is below your BG Goal Range.

To change your BG Goal Range, see "BG Goal Range" on page 114.



The PDM adds a warning message for high and low blood glucose readings.

Blood glucose reading	Screen display	Screen warning message
Above 600 mg/dL or HI	HI	Treat your high BG! If it remains high, seek medical advice.
251-600 mg/dL	<BG reading>	Treat your high BG! If it remains high, seek medical advice.
70-250 mg/dL	<BG reading>	
20-69 mg/dL	<BG reading>	Treat your low BG!
0-19 mg/dL or LO	LO	Treat your low BG!

If the blood glucose is HI or above 600 mg/dL, the PDM records "HI" in the history. This indicates severe hyperglycemia (high blood glucose). If the blood glucose reading is LO or below 20 mg/dL, the PDM records "LO" in the history. This indicates severe hypoglycemia (low blood glucose). HI and LO readings are saved in your blood glucose history, but are not used in averages.

## 4 Blood Glucose Readings

### Warnings:

Blood glucose readings below 70 mg/dL may indicate hypoglycemia (low blood glucose). Blood glucose readings above 250 mg/dL may indicate hyperglycemia (high blood glucose). Follow your healthcare provider's suggestions for treatment.

If you get a “Treat your low BG!” message and feel symptoms such as weakness, sweating, nervousness, headache, irritability, or confusion, follow your healthcare provider’s recommendation to treat hypoglycemia.

If you get a “Treat your high BG! If it remains high, seek medical advice” reading message and feel symptoms such as fatigue, thirst, excess urination, or blurry vision, follow your healthcare provider’s recommendation to treat hyperglycemia.

“LO” or “HI” blood glucose readings can indicate potentially serious conditions requiring immediate medical attention. If left untreated, these situations can quickly lead to diabetic ketoacidosis (DKA), shock, coma, or death.

# CHAPTER 5

## Delivering a Bolus of Insulin

A bolus of insulin is used to lower a high blood glucose level and to cover the carbohydrates in a meal. Bolus insulin is delivered, when requested, in addition to insulin from a Basal Program or temp basal. For more information about boluses, see page 155.

**Warning:** When using the extended bolus function, check your blood glucose levels more frequently to avoid hypoglycemia or hyperglycemia.

**Caution:** Always measure your blood glucose prior to delivering a bolus.

If the Bolus Calculator is set to 'off' or is temporarily disabled, go to "Manually-calculated Bolus" on page 62.

**Note:** Insulin sensitive patients should be aware that the accuracy of the device below 1U is  $\pm 0.05$  units. For a dose of 0.05 units the actual bolus delivered may be as low as 0.00 units or as high as 0.10 units.

### Bolusing with the Bolus Calculator

The Bolus Calculator calculates a suggested bolus amount of insulin to correct an elevated blood glucose level (a correction bolus) and/or to cover carbohydrates in a meal (a meal bolus). For details about how the Bolus Calculator works, see page 156.

If you enter a blood glucose value but not carbs, the Bolus Calculator calculates a correction bolus only. If you enter carbs but not a blood glucose value, the Bolus Calculator calculates a meal bolus only. If you enter both a blood glucose value and carbs, the Bolus Calculator uses both factors to calculate a suggested bolus.

To change your personal settings used by the Bolus Calculator, or to turn the Bolus Calculator on or off, see "Bolus Calculator settings" on page 117.

### Enter your meal information

To enter the carbohydrates, or "carbs," for your meal:

1. On the Home screen, tap the Bolus button (  ).

**Tip:** If you do not want to use the Bolus Calculator and already know the amount of the bolus you want to deliver, tap the Total Bolus field to bring up

## 5 Delivering a Bolus of Insulin

the number pad. Enter the bolus amount and tap the checkmark. Then go to "Delivering an immediate or extended bolus" on page 59.

2. To enter carbs manually, tap the Enter Carbs field. Enter the grams of carbs and tap the checkmark.

**Note:** Consult your healthcare provider about how to calculate the grams of carbs.

3. Optional: To look up carbs in the Food Library, tap FOOD LIBRARY and select the food for your meal (see "Add carbs to the Bolus Calculator" on page 67).

**Note:** Even though the Food Library may list grams of fiber in addition to grams of carbs, the Bolus Calculator does not subtract fiber from the carb value. Consult your healthcare provider about whether you should make an adjustment for fiber.

4. Review the suggested meal bolus, which is shown next to the grams of carbs.
5. Optionally, tap CALCULATIONS to see the details of the bolus calculations.

**Note:** If you have entered your blood glucose reading, the meal bolus may have been adjusted for:

- Insulin on board (IOB) from a previous correction bolus.
- Reverse correction, if this feature is turned on and your blood glucose is below your Target BG.

For more information, see "Bolus Calculator rules" on page 163.

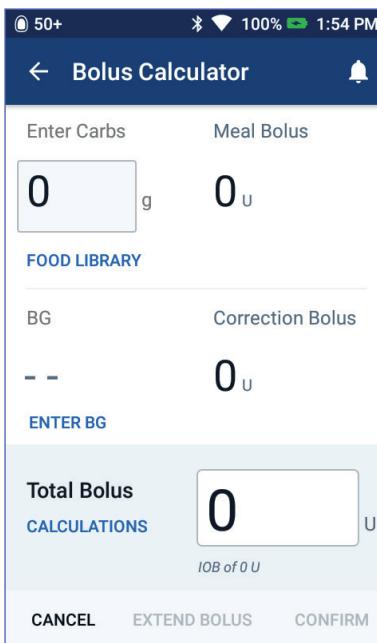
**Note:** If you have not entered your blood glucose reading, the Bolus Calculator does not adjust the meal bolus for IOB.

### Enter your blood glucose reading

**Note:** While the Bolus Calculator can generate a suggested bolus dose based only on the carbohydrates in a meal, you should always enter a recent blood glucose reading for added safety and accuracy. This allows the Bolus Calculator to adjust the suggested bolus to account for your current blood glucose level.

To enter a blood glucose reading:

1. Tap ENTER BG.



If the PDM has a blood glucose reading from within the past 10 minutes, that value automatically appears in the BG field. If you want the Bolus Calculator to use that value, skip the next step.

2. Enter your blood glucose reading:

- To use a paired BG meter—After measuring your blood glucose on the paired BG meter, tap SYNC BG METER. The blood glucose reading appears on the PDM screen.
- To manually enter a blood glucose reading—Tap the box in the circle and enter the blood glucose reading. Alternatively, slide the indicator along the circle to enter the blood glucose reading.

While the Bolus Calculator will use any blood glucose value you enter manually, you should only enter a blood glucose value that was taken within the last 10 minutes.

For the meaning of the colors and messages displayed on the Enter BG screen, see "How Blood Glucose Readings are Displayed" on page 55.

3. Optional: To tag the blood glucose reading, tap ADD TAGS and tap a tag. Tap again to deselect a tag. You can add up to four tags.
4. Tap ADD TO CALCULATOR. The Bolus Calculator screen reappears.
5. Review the suggested correction bolus, which is shown next to the blood glucose value. The correction bolus has been adjusted for any insulin on board (IOB) (see "Bolus Calculator rules" on page 163).

## Delivering an immediate or extended bolus

The Total Bolus field shows the proposed bolus. The amount of any IOB adjustment appears below the Total Bolus field.

To review and deliver the bolus:

1. Review the suggested bolus. To adjust it, tap the Total Bolus field and enter a revised bolus.



## 5 Delivering a Bolus of Insulin

2. To review the Bolus Calculator's calculations, tap CALCULATIONS. You may need to swipe up or down to see all of the calculations. Tap CLOSE when done (see "Bolus Calculator equations" on page 162 for details).
3. To deliver the entire bolus immediately, tap CONFIRM and skip to step 5.



4. To extend some or all of a meal bolus:
  - a. Tap EXTEND BOLUS.

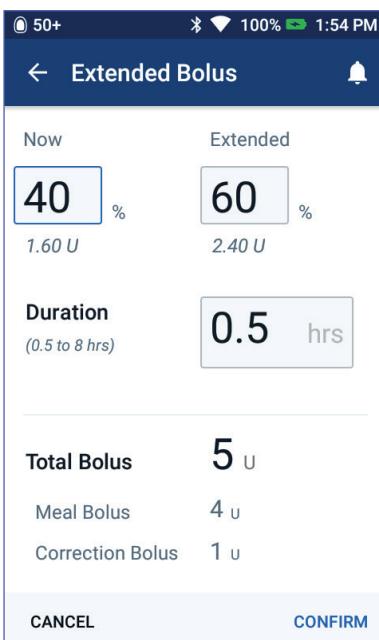
**Note:** The EXTEND BOLUS option is available when there is a meal bolus and the extended bolus setting is enabled.

- b. Tap the Now field and type in the percentage of the bolus to be delivered immediately. Alternatively, tap the Extended field and enter the percentage to be extended.

The number of units to be delivered now and over the extended period appear below the percentage (%).

**Note:** You can only extend the meal portion of the bolus. A correction portion of the bolus, if any, is always delivered immediately.

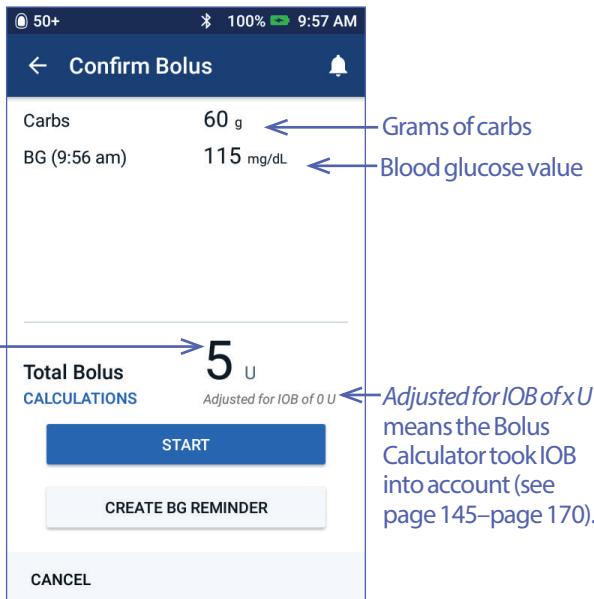
- c. Tap the Duration field and enter the duration for the extended portion of the bolus.
- d. Tap CONFIRM.



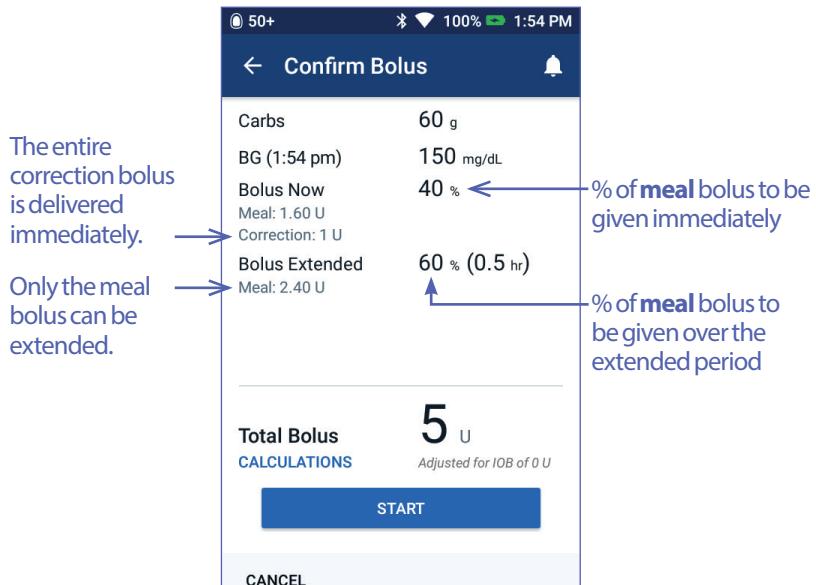
# Delivering a Bolus of Insulin 5

5. Review the bolus details on the Confirm Bolus screen.

**Immediate bolus:** The screen for an immediate bolus shows the carbs and blood glucose values used for the bolus calculation and also the total bolus.



**Extended bolus:** In addition to the information on the immediate bolus screen, the extended bolus screen also shows how much of the bolus will be delivered immediately and how much will be extended.



## 5 Delivering a Bolus of Insulin

6. Optional: Set up a reminder to check your blood glucose:
  - a. Tap CREATE BG REMINDER.
  - b. Tap the Check BG in field and enter the time for the reminder.
  - c. Tap SAVE.

**Note:** The CREATE BG REMINDER button appears only if the "Check BG after Bolus" reminder setting is turned on. To turn this setting on or off, see "Check BG after Bolus reminders" on page 110.

7. Tap START to begin the bolus.

The Home screen tracks the delivery of an immediate or extended bolus (see "Tracking the Progress of a Bolus" on page 64).

### Manually-calculated Bolus

A manually-calculated bolus is a bolus that you calculate yourself. If the Bolus Calculator is set to 'off' or is temporarily disabled, you must enter a manually-calculated bolus.

A bolus cannot be greater than your Maximum Bolus setting (see "Maximum Bolus" on page 117).

To deliver a manually-calculated bolus:

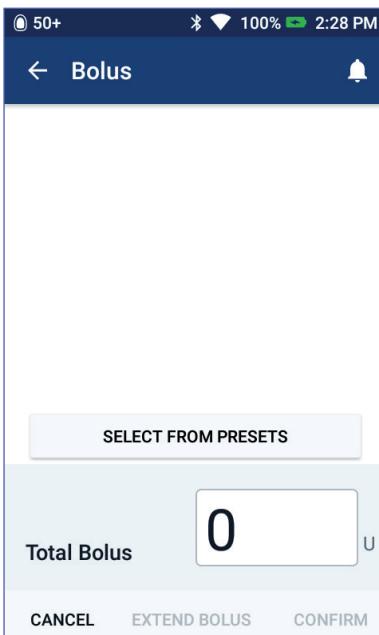
1. On the Home screen, tap the Bolus button (➊).

The Bolus screen appears.

**Note:** A different screen appears if the Bolus Calculator is active (see page 58).

2. Enter the bolus amount using one of the following methods:

- Tap the Total Bolus field and enter the bolus amount. Then tap the checkmark.
- Tap SELECT FROM PRESETS and select the desired preset from the list. This option is only available if the Bolus Calculator is turned off. To create or edit a bolus preset, see "Bolus Presets" on page 87.



3. To deliver the entire bolus immediately, tap CONFIRM. Then skip to step 5.

4. To extend the bolus:

- Tap EXTEND BOLUS.

**Note:** The EXTEND BOLUS option is only available if extended boluses are enabled (see page 117).

- Tap the Now field and type in the percentage of the bolus to be delivered now. Alternatively, tap the Extended field and enter the percentage to be extended.

The number of units to be delivered now and over the extended period appear below the percentage (%).

**Note:** You can extend the entire bolus.

- Tap the Duration field and enter the duration for the extended portion of the bolus.
- Tap CONFIRM.

5. Review the bolus details on the Confirm Bolus screen.

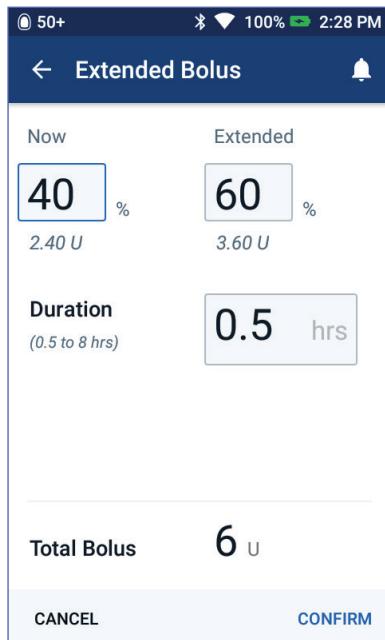
6. Optional: Set up a reminder to check your blood glucose as follows:

- Tap CREATE BG REMINDER.
- Tap the Check BG in field and enter the time for the reminder.
- Tap SAVE.

**Note:** The CREATE BG REMINDER button appears only if the "Check BG after Bolus" reminder setting is turned on. To turn this setting on or off, see "Check BG after Bolus reminders" on page 110.

7. Review the bolus details, then tap START to begin the bolus.

The bolus amount and details about the bolus preset, if a preset was used, are stored in your history records. The Home screen tracks the delivery of an immediate or extended bolus (see "Tracking the Progress of a Bolus" on page 64).



# 5 Delivering a Bolus of Insulin

## Tracking the Progress of a Bolus

During a bolus, the Home screen displays a progress bar.

### Immediate bolus progress

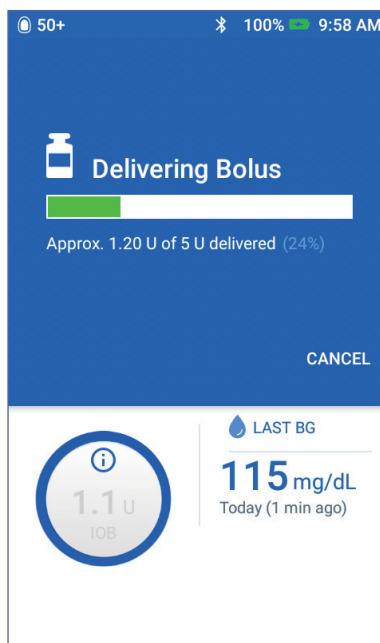
During an immediate bolus, the Home screen displays a Bolus in Progress message along with a progress bar and details.

If the Bolus Calculator is on, an estimate of the IOB is displayed in the lower left of the screen.

If the Bolus Calculator is off (not shown), the amount of the last completed bolus is displayed in the lower left of the screen.

You cannot use your PDM during an immediate bolus.

To cancel or replace a bolus, see "Altering a Bolus in Progress" on page 65.



### Extended bolus progress

During an extended bolus, the Home screen's Dashboard tab displays an Extended Bolus in Progress message along with a progress bar and other details.

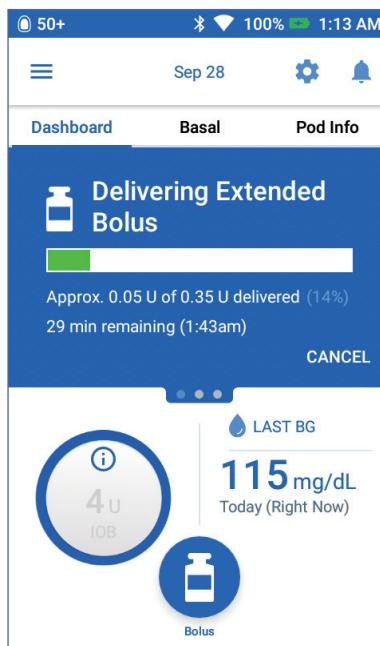
**Note:** If the Bolus Calculator is off, the Dashboard tab only appears when an extended bolus is in progress.

If the Bolus Calculator is on, the displayed IOB is updated with estimated amounts from the ongoing bolus.

If the Bolus Calculator is off (not shown), the amount of the last completed bolus is displayed in the lower left of the screen.

You can use your PDM for most actions during an extended bolus.

Unless you cancel the bolus, the Pod finishes delivering a bolus whether or not it is in range of the PDM. To cancel or replace a bolus, see "Altering a Bolus in Progress" in the next section.



## Altering a Bolus in Progress

When an immediate bolus is in progress, you must cancel it before performing any other action.

During an extended bolus, you can:

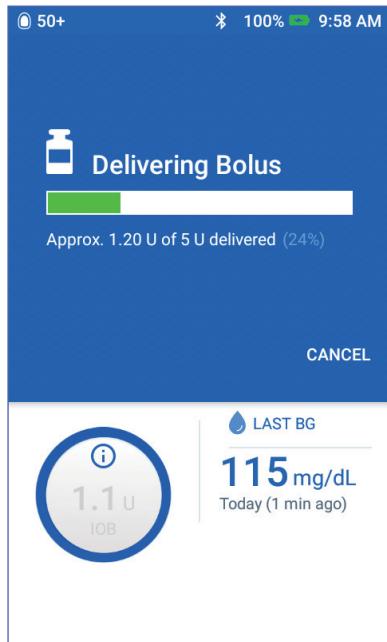
- Cancel the bolus.
- Deliver a new immediate bolus and continue the extended bolus in progress.
- Replace the bolus in progress with another bolus.

If you get a communication error message when canceling a bolus, see "Error when sending insulin instructions to the Pod" on page 133.

### Cancel a bolus

To cancel an immediate or extended bolus:

1. On the Home screen (immediate bolus) or the Home screen's Dashboard tab (extended bolus), tap CANCEL.
2. Tap YES to confirm canceling the bolus. The Pod beeps to confirm that the bolus is canceled.



### Deliver a new bolus during an extended bolus

To deliver an immediate bolus while an extended bolus is in progress:

1. On the Home screen, tap the Bolus button.
2. Enter the carbs and blood glucose information. Then tap CONFIRM.
3. Tap START.

The new bolus is delivered, and the extended bolus continues.

### Replace an extended bolus

To replace an extended bolus in progress with a new extended bolus, you must cancel the ongoing bolus first.

1. On the Home screen, tap the Bolus button (  ).
2. Enter the amount of the new bolus (see "Bolusing with the Bolus Calculator" on page 57 or "Manually-calculated Bolus" on page 62).
3. Tap EXTEND BOLUS. A screen appears telling you that an extended bolus is already active.

## 5 Delivering a Bolus of Insulin

4. Tap CANCEL & CREATE NEW to cancel the active bolus. The PDM tells you how much of the bolus was undelivered.
5. Select how to handle the undelivered bolus amount:
  - If you want to add the undelivered bolus amount to the new extended bolus, tap ADD TO TOTAL BOLUS. Verify that the new total bolus is correct. Then tap EXTEND BOLUS.

**Note:** The Bolus Calculator considers this added amount to be a user adjustment to the new bolus. This added amount will be delivered over the same duration as the new extended bolus.
  - If you do not want to add the undelivered bolus amount to the new extended bolus, tap NO.
6. Return to the extended bolus flow:
  - If the Bolus Calculator is on, go to step 4 on page 60.
  - If the Bolus Calculator is off, go to step 4 on page 63.

## Using the Food Library

**Note:** The Food Library is only available when English is the selected language.

The Food Library has a MY FOODS list and a BROWSE list.

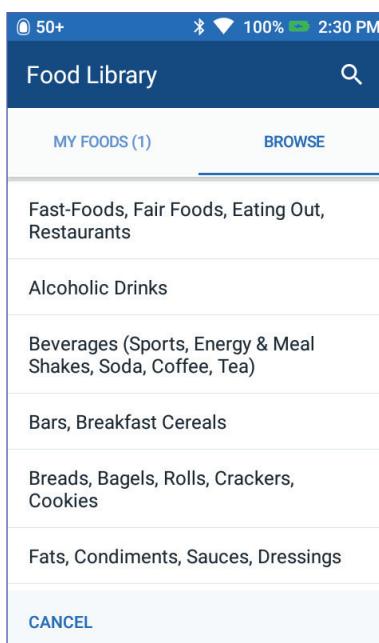
The BROWSE list contains thousands of common foods. You can create a smaller list of your favorite foods on the MY FOODS list.

When you are about to eat, you can use the MY FOODS list or the BROWSE list to transfer the number of carbs in a meal to the Bolus Calculator.

To access the Food Library, do one of the following:

- From the Home screen, tap:  
    Menu icon (≡) > Food Library
- From the Bolus Calculator screen, tap FOOD LIBRARY.

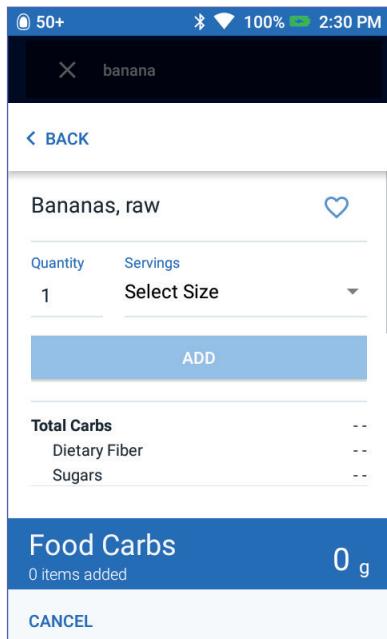
Tap MY FOODS or BROWSE to switch between the lists. A blue underline indicates whether the MY FOODS or BROWSE list is showing.



All individual food items on the BROWSE list are marked with a heart. If the heart is an outline (  ), that food does not appear on the MY FOODS list. If the heart is solid (  ), you have added that food to the MY FOODS list. Foods with a solid heart (  ) are considered "favorite" foods.

The back ( < ) arrow takes you to the previous screen in the Food Library.

**Note:** The total grams of carbs on the BROWSE list includes grams of fiber. The Bolus Calculator does not automatically subtract fiber from a carbs value when importing carbs from the Food Library. Consult your healthcare provider about how to account for fiber when calculating a bolus.



## Add carbs to the Bolus Calculator

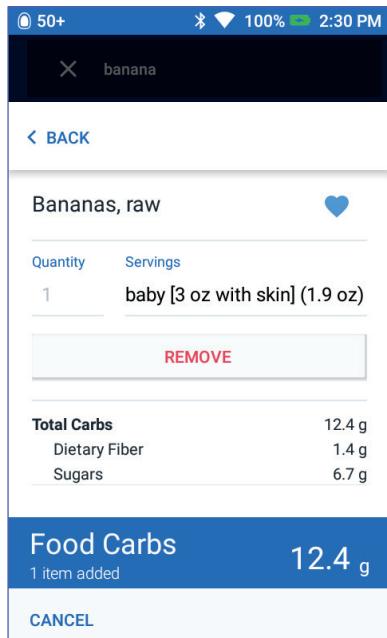
### Add carbs to the Bolus Calculator from the BROWSE list

To add carbs to the Bolus Calculator from a food listed on the BROWSE list:

1. Locate the food you are going to eat (see "Search for a food on the BROWSE list" on page 69).
2. Tap Quantity to specify how many servings of the food you will eat.
3. If the food has multiple serving sizes, tap Servings to specify the serving size and measurement units.
4. Tap ADD to add the number of carbs in the food to the total carbs displayed in the Food Carbs banner.

**Note:** The ADD button is disabled if you have not specified a serving size.

To remove the food from the Food Carbs total, tap REMOVE.



## 5 Delivering a Bolus of Insulin

5. Optional: Add additional foods:
  - a. Tap the back (<) arrow or use the search function to navigate to the next food item. Then tap to select the food item.
  - b. Tap ADD. This adds the carbs from the new selection to the total carbs in the Food Carbs banner.
  - c. Repeat this step until the Food Carbs banner shows the total carbs for your entire meal.

**Tip:** Tap the Food Carbs banner to see the foods that are included in the total.

6. Tap ADD TO CALCULATOR. The Bolus Calculator screen appears with the total number of carbs entered in the Enter Carbs field.

**Note:** The ADD TO CALCULATOR option does not appear if the Bolus Calculator is off or disabled.

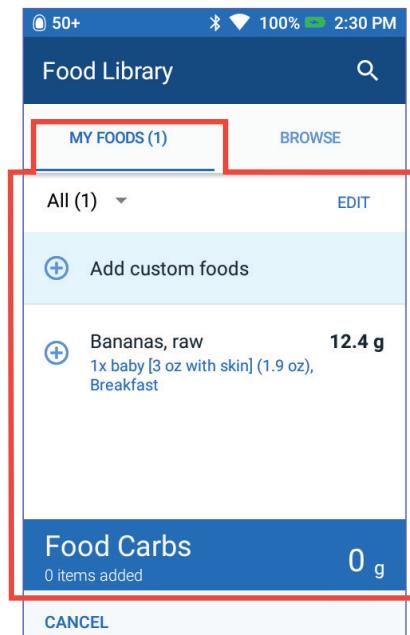
### Add carbs to the Bolus Calculator from the MY FOODS list

To add carbs to the Bolus Calculator from a food listed on the MY FOODS list:

1. Open the MY FOODS list:  
Menu icon (≡) > Food Library
2. Tap the MY FOODS list.
3. Optional: To filter the MY FOODS list:
  - a. Tap the down arrow beneath the MY FOODS heading. A drop-down list of food tags appears. The number of food items with each tag is shown in parentheses. The default category is All, which shows the entire MY FOODS list.
  - b. Tap a tag. The list is filtered to show only food items with that tag.
4. Tap the plus sign (+) next to the food's name to add that food's carbs to the total in the Food Carbs banner.

A checkmark replaces the plus (+) sign to show that the food's carbs have been added.

**Tip:** If you want to view the food details before adding its carbs, tap the name of the food instead of tapping the plus sign (+). Then tap ADD to add the number of carbs to the total in the Food Carbs banner.



To remove a food from the Food Carbs total, tap the checkmark next to that food.

5. Repeat the preceding steps until the Food Carbs banner shows the total carbs for your entire meal.

**Tip:** Tap the Food Carbs banner to see the foods that are included in the total.

6. To transfer the total carbs from the Food Carbs banner to the Bolus Calculator, tap ADD TO CALCULATOR. The Bolus Calculator screen appears with the total number of carbs entered in the Enter Carbs field.

**Note:** The screen reads REPLACE CALCULATOR CARBS instead of ADD TO CALCULATOR if you had already entered carbs into the Bolus Calculator.

**Note:** The ADD TO CALCULATOR option does not appear if the Bolus Calculator is off or disabled.

## Search for a food on the BROWSE list

### Search using the search icon

To search for a specific food:

1. Open the Food Library:

Menu icon (≡) > Food Library

2. Tap the search icon (🔍) on the upper right of the screen.

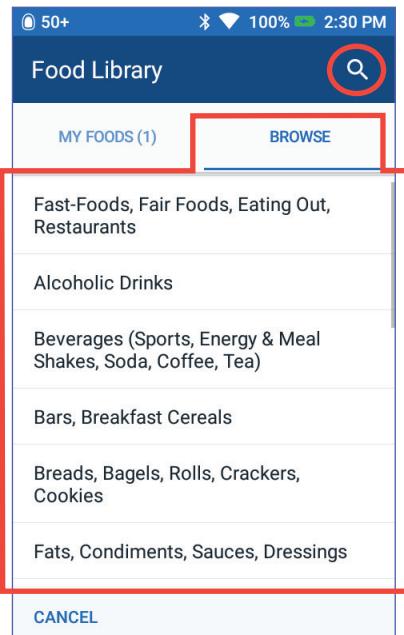
**Note:** The search function only searches for foods from the BROWSE list. It does not search the MY FOODS list.

3. Type in a search word.

After three letters are entered, the screen shows a list of foods that begin with those letters. To narrow down a long list, you can continue typing your word.

**Note:** Tap the "x" next to the search term to exit the search.

4. Tap the checkmark to close the keypad. The screen displays food items matching your search term.
5. Swipe up or down as needed to locate the desired food. Then tap to select it.



# 5 Delivering a Bolus of Insulin

## Search by browsing the food categories

The BROWSE list displays food categories listed in alphabetic order.

To browse food categories:

1. Open the Food Library's BROWSE list:  
Menu icon (≡) > Food Library
2. Tap the BROWSE list.
3. Swipe up or down as needed and tap the desired category of food.
4. Continue selecting sub-categories until a list of individual foods is displayed.
5. Swipe up or down as needed to locate the desired food. Then tap to select it.

## Create a list of favorite foods on the MY FOODS list

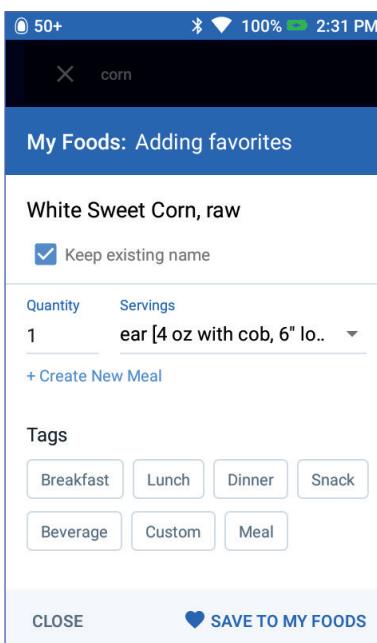
Foods on the MY FOODS list are considered "favorites." The MY FOODS list can contain up to 50 items. This section explains how to create food favorites on the MY FOODS list by:

- Adding foods from the BROWSE list.
- Creating a meal by combining two or more foods from the BROWSE tab.
- Creating a custom food by entering a name and number of carbs.

### Add foods from the BROWSE list

To add a food item from the BROWSE list to the MY FOODS list:

1. Navigate to the BROWSE list:  
Menu icon (≡) > Food Library
2. Tap the BROWSE list.
3. On the BROWSE list, locate the food you would like to add to MY FOODS (see "Search for a food on the BROWSE list" on page 69).
4. Tap the outline of a heart (♥) next to the food.
5. To change the name of the food on the MY FOODS list:
  - a. Tap the checkmark next to Keep existing name. The checkmark disappears.



- b. Tap Enter New Name and type in a descriptive name. Tap the checkmark on the keypad.
6. Optional: Tap Quantity to specify how many portions of the food you will eat.
7. If the food has multiple serving sizes, tap Servings to specify the serving size and measurement units.
8. Optional: To help locate the food in the future, tap one or more tags. Swipe up as necessary to view the tags. Tap a tag again to deselect it.
9. Tap SAVETO MY FOODS. The food is marked with a solid heart (  ) indicating that the food is a "favorite" and appears in both the BROWSE and MY FOODS lists.

## Create a meal by combining foods from the BROWSE list

To combine two or more foods into a meal on the MY FOODS list, you must first create a new meal containing only one food. Once you have an existing meal, you can add additional foods to that meal.

To create a new meal or to add foods to an existing meal:

1. Navigate to the BROWSE list:  
Menu icon (  ) > Food Library
2. Tap the BROWSE list.
3. On the BROWSE list, locate the first food you would like to add to the meal (see "Search for a food on the BROWSE list" on page 69).
4. Tap the outline of a heart (  ) next to the food.
5. Optional: Tap Quantity to specify how many portions of the food you will eat.
6. If the food has multiple serving sizes, tap Servings to specify the serving size and measurement units.
7. To create a new meal:
  - a. Tap Create a new meal.
  - b. Tap the Create A New Meal field. Type in a descriptive name for the meal. Tap the checkmark when finished.
  - c. Optional: Add one or more tags to help you find the food in the future.
  - d. Tap SAVETO MY FOODS to save this new meal.

The food is marked with a solid heart (  ) indicating that the food is a "favorite" and was added to the MY FOODS list.

## 5 Delivering a Bolus of Insulin

8. To add a new food to an existing meal:
  - a. Repeat steps 1 - 6 above.
  - b. Tap the Add To A Meal (optional) field and tap the name of the desired meal.
  - c. Optional: Add one or more tags to help you find the food in the future.
  - d. Tap SAVETO MY FOODS to add the food to the meal.
  - e. Repeat this step to add additional food items to the meal.

**Note:** The food items that make up the meal are shown immediately below the meal in the MY FOODS list. To remove a food item from a meal, see "Removing foods from the MY FOODS list" on page 73.

### Create a custom food

Use the custom food feature to add carb information about any food.

To add a custom food:

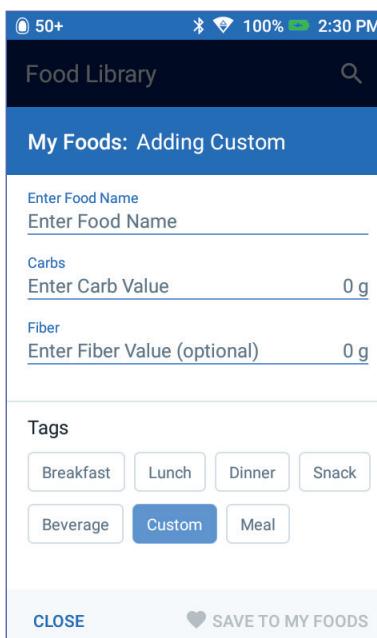
1. Navigate to the MY FOODS list:  
Menu icon (≡) > Food Library
2. Tap the MY FOODS list.
3. Tap Add custom foods.
4. Tap the Food Title field and type in a descriptive name for your custom food.
5. Tap the Carbs field and enter the total number of carbs for the food item(s).
6. Optional: Tap the Fiber field and enter the amount of fiber for the food item.

**Note:** Consult your healthcare provider about how to enter the carbs and fiber values. The Bolus Calculator does not subtract fiber from the carb value.

7. To add one or more tags to your custom food, tap the desired tags.

**Note:** You may need to swipe up to see additional tags. The Custom tag is automatically added to a custom food. Tap any selected tag to remove it.

**Tip:** Tags are a quick way to filter your MY FOODS list. Select multiple tags for any foods that belong to more than one food category.



- To create a different custom food, tap ADD ANOTHER ITEM. Swipe up to see a new set of name and carb fields. Repeat the preceding steps.
- When done, tap SAVETO MY FOODS. Your custom foods are displayed on the MY FOODS list for quick access in the future.

## Removing foods from the MY FOODS list

To delete a food or meal from the MY FOODS list:

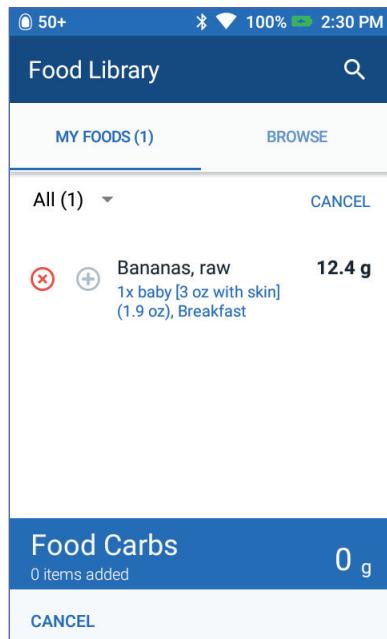
- Navigate to the MY FOODS list:  
Menu icon (≡) > Food Library
- Tap the MY FOODS list.
- Tap EDIT.
- Locate the food or meal you would like to remove, and tap the red x (✖) next to its name.
- Tap YES to remove the food item from MY FOODS.

If the food was originally added from the BROWSE list, it remains listed on the BROWSE list with an open heart icon (❤).

If a deleted food is also part of a meal, deleting the individual food also deletes the food from that meal and subtracts the carbs from the meal's total carbs.

**Note:** When on the BROWSE list, if you tap the filled heart icon (❤) and tap YES, the icon changes to an open heart (❤). That food is removed from the MY FOODS list. If the food is also part of a meal on the MY FOODS list, this action also removes the food from the meal and subtracts the food's carbs from a meal's total carbs.

**Note:** You cannot delete or edit foods listed on the BROWSE list.



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# CHAPTER 6

## Modifying Basal Insulin Delivery

This chapter describes how to modify your basal insulin delivery by using temporary basal rates or by switching to a different Basal Program (see "Temporary basal rates" on page 151).

To create a new Basal Program, see page 81. To edit an existing Basal Program, see page 83.

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### Using Temporary Basal Rates

Use a temporary basal rate, or "temp basal," to handle a temporary change in your routine. For example, a temp basal can be used when you are exercising or when you are sick. When a temp basal ends, the PDM automatically reverts to delivering the scheduled Basal Program.

You cannot activate or cancel a temp basal during an immediate bolus, but you can activate or cancel a temp basal while an extended bolus is running.

To create a temp basal preset for a frequently used temp basal, see "Create a new temp basal preset" on page 85.

To activate a temp basal preset, see "Activate a temp basal preset" on page 77.

**Tip:** *By default, the PDM or Pod sounds a tone at the beginning and end of a temp basal and every 60 minutes while a temp basal is running. To turn these on or off, see "Informational Signals List" on page 131.*

### Activate a temp basal

You can only activate a temp basal if the temp basal setting is on. To turn on the temp basal setting, see "Temp basal" on page 116.

To define and activate a temp basal:

1. Navigate to: Menu icon (≡) > Set Temp Basal.

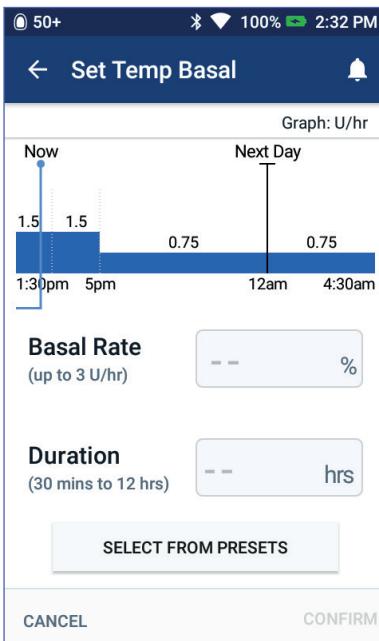
The screen shows a graph of the active Basal Program.

**Note:** To activate a temp basal preset, tap SELECT FROM PRESETS and go to step 2 of "Activate a temp basal preset" on page 77.

## 6 Modifying Basal Insulin Delivery

2. Tap the Basal Rate field and enter the desired change in the basal rate:
  - If temp basals are configured as a percent (%) change, scroll the wheel up or down to define the percent change to the active Basal Program. An up arrow indicates increasing the basal rate above that of the active Basal Program. A down arrow indicates decreasing the basal rate below that of the active Basal Program.
  - If temp basals are configured as a flat rate (U/hr), scroll the wheel to select the basal rate for the entire temp basal period.

To change whether temp basals are configured as percent (%) or U/hr, see "Temp basal" on page 116.



**Note:** The scroll wheel will not scroll above your Maximum Basal Rate. To adjust your Maximum Basal Rate, see "Maximum Basal Rate" on page 116.

**Tip:** You can turn off insulin delivery for the duration of the temp basal by setting a decrease of 100% or setting the temp basal to 0 U/hr. For more information, see "Temp basal limitations" on page 153 and "Methods to temporarily stop insulin delivery" on page 154.

3. Tap the Duration field and enter the temp basal duration (between 30 minutes and 12 hours).

Examine the temp basal graph at the top of the screen. The proposed temp basal is superimposed on the active Basal Program.

- The lighter blue shaded area shows the proposed temp basal rate for each segment.
- If you set a decrease, the active Basal Program is shown as a dotted line.

4. Tap CONFIRM to continue.
5. Review the temp basal details. If corrections are needed, tap on the row that you would like to change. Then enter your corrections and confirm them.

**Note:** If necessary, the PDM limits the basal rate of any segment that would exceed your Maximum Basal Rate setting. This is indicated by a red line on the graph and the word "Max."

6. To activate the temp basal, tap ACTIVATE. Then tap ACTIVATE again.

After activation, the Home screen's Basal tab, renamed Temp Basal, indicates that the temp basal is running and how much time remains. At the end of the temp basal time period, the Pod automatically resumes the active Basal Program.

## Activate a temp basal preset

A temp basal preset stores the details of a temp basal that you use frequently. To create or modify a temp basal preset, see "Temp Basal Presets" on page 85.

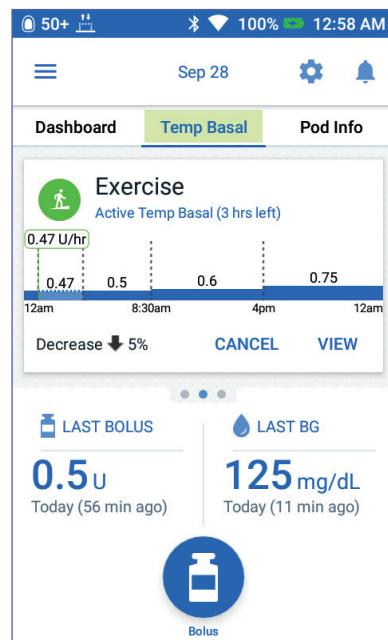
To activate a temp basal preset:

1. Navigate to:  
Menu icon (≡) > Temp Basal Presets
2. Swipe to scroll up or down, and tap the temp basal preset you want to activate.  
**Note:** Tap EDIT if you want to modify the preset.
3. To activate the temp basal, tap ACTIVATE, and then tap ACTIVATE again.

## Cancel a temp basal

A temp basal stops automatically at the end of its time period and the last active Basal Program resumes. To cancel a temp basal before the end of its time period:

1. Navigate to the Home screen's Temp Basal tab.
2. Tap CANCEL.
3. Tap YES to confirm cancellation. The PDM cancels the temp basal and resumes the active Basal Program.



# 6 Modifying Basal Insulin Delivery

## Switching to a Different Basal Program

Different days can have different routines. The PDM lets you create different Basal Programs for your different routines. For example, you may use one Basal Program on weekdays and a different one on weekends.

To create, edit, or delete a Basal Program, see "Basal Programs" on page 81.

To switch to a different Basal Program:

1. Navigate to: Menu icon (≡) > Basal Programs.

A list of Basal Programs appears with the current Basal Program at the top.

2. Select a different Basal Program in one of the following ways:

- To see a graph of an inactive Basal Program prior to activating it, tap on the name of that Basal Program. Then tap ACTIVATE.

**Tip:** Double-tap the graph to see an expanded view of the Basal Program. Swipe horizontally to view basal rates for later or earlier times.

- Tap the Options icon (⋮) to the right of an inactive Basal Program, then tap Activate.

3. Tap ACTIVATE again to replace the current Basal Program with the newly selected one.

**Note:** You must cancel a running temp basal prior to switching to a different Basal Program (see "Cancel a temp basal" on page 77). You can, however, switch Basal Programs when an extended bolus is running.

**Note:** If one or more segments are set to deliver 0 U/hr, the PDM notifies you that insulin delivery will stop during those segments.

## Suspending and Resuming Insulin Delivery

Sometimes you may need to stop insulin delivery briefly. For example, you must suspend insulin delivery prior to editing an active Basal Program or resetting the time or date. The Omnipod DASH™ System lets you suspend all insulin delivery for up to two hours.

For the difference between stopping insulin delivery using the suspend feature or the temp basal feature, see "Methods to temporarily stop insulin delivery" on page 154.

### Suspend insulin delivery

To suspend insulin delivery:

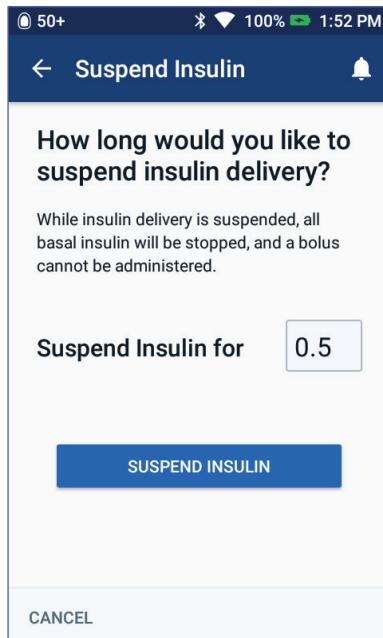
1. Navigate to: Menu icon (≡) > Suspend Insulin.
2. Tap the Suspend Insulin for field. Scroll the scroll wheel to specify the duration of insulin suspension. The suspension can last 30 minutes, 1 hour, 1.5 hours, or 2 hours.
3. Tap SUSPEND INSULIN.
4. Tap YES to confirm that you want to stop all insulin delivery.

The basal insulin delivery is suspended.

The Home screen displays a yellow banner stating that "Insulin delivery is suspended."

**Note:** The Pod beeps every 15 minutes throughout the suspension period. At the end of the suspension period, insulin delivery does not automatically resume. The Pod and PDM notify you every minute for three minutes, and repeat this notification every 15 minutes until you have resumed insulin delivery.

**Note:** Temp basal or extended bolus are automatically canceled when you suspend insulin delivery.

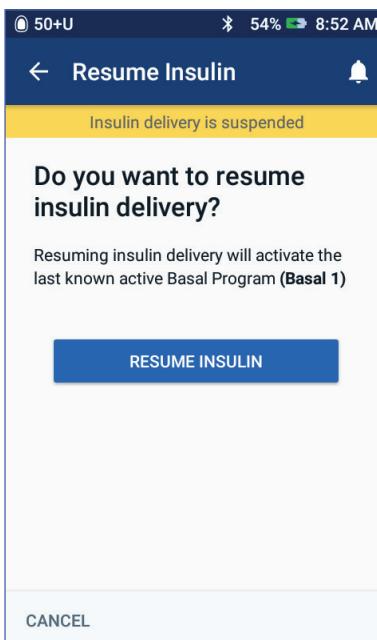


# 6 Modifying Basal Insulin Delivery

## Resume insulin delivery before the suspension period ends

1. Navigate to:  
Menu icon (≡) > Resume Insulin  
or  
If the Bolus Calculator is on, tap the large circle showing the IOB on the Home screen's Dashboard tab.
2. Tap RESUME INSULIN to confirm restarting the Basal Program scheduled for the current time.

The PDM beeps to confirm that insulin delivery has resumed.



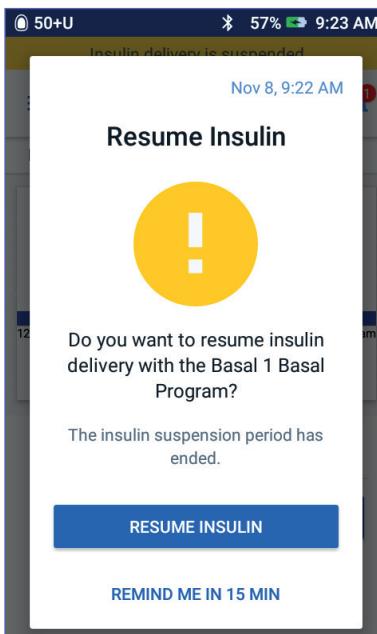
## Resume insulin delivery after the suspension period ends

1. Wake up your PDM, if necessary.
2. Tap RESUME INSULIN to resume insulin delivery.

The PDM activates the Basal Program that is scheduled for the current time and beeps to alert you that insulin delivery has resumed.

If you do not resume insulin delivery immediately, this screen reappears and the PDM and Pod beep every 15 minutes until insulin delivery is resumed.

**Warning:** Insulin delivery does not automatically resume at the end of the suspension period. You must tap RESUME INSULIN to resume insulin delivery. If you do not resume insulin delivery, you could develop hyperglycemia.



# CHAPTER 7

## Managing Programs and Presets

This chapter describes how to create, edit, and delete Basal Programs, temp basal presets, and bolus presets. Once set up, you can activate these quickly at a later time.

---

### Basal Programs

You can create up to 12 Basal Programs. Each Basal Program can contain from one to 24 basal rates.

**Caution:** Check with your healthcare provider before adjusting these settings.

#### Create a new Basal Program

To create a new Basal Program:

1. Navigate to the Create Basal Program screen:  
Menu icon (≡) > Basal Programs
2. Tap CREATE NEW.

**Note:** If you already have 12 Basal Programs, CREATE NEW does not appear. If necessary, you can delete an existing Basal Program.

3. Optional: Tap the Program Name field and enter a descriptive name for your new Basal Program. Tap the checkmark to save the name. The default name for the Basal Program is "Basal" followed by a number.
4. Optional: Tap a tag to appear next to the name of the new Basal Program. Tap a second time to deselect the tag. If you do not select a tag, a default tag is used.
5. Tap NEXT.

## 7 Managing Programs and Presets

6. Define the basal segments one at a time. For each segment:
  - a. Tap the End Time field and select the end time for the segment.
  - b. Tap the Basal Rate field and select the desired basal rate for the segment.
  - c. Tap NEXT.
  - d. Repeat these steps until your final segment ends at midnight.
7. When your Basal Program covers 24 hours, tap CONTINUE.
8. A screen appears showing the full Basal Program as a graph and as a list. Review the Basal Program to be sure all the values are correct.

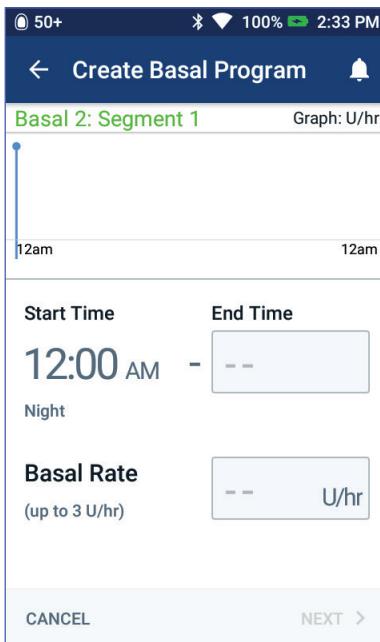
**Tip:** Double-tap the graph to see an expanded view of the Basal Program. Swipe horizontally to view basal rates for later or earlier times.

To edit any of the segments in the Basal Program, see steps 7-9 under "Edit or rename a Basal Program" on page 83.

9. Tap SAVE to store the new Basal Program.
10. If you have an active Pod and you want to use the new Basal Program now, tap ACTIVATE to start using the new Basal Program. If you do not want to use the new Basal Program now, tap NOT NOW.

### Review all Basal Programs

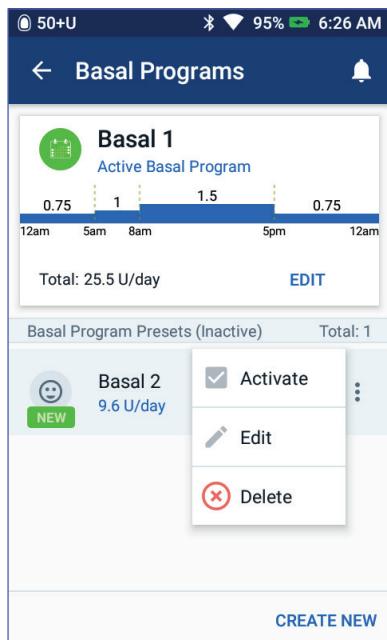
1. Navigate to the list of Basal Programs:  
Menu icon (≡) > Basal Programs
2. A graph of the current Basal Program is shown at the top of the screen (see "Basal tab / Temp Basal tab" on page 14 for details about the graph).
3. Swipe to scroll up or down if the list of Basal Programs is long.
4. Tap on the name of a non-active Basal Program to see its graph and basal rates. Tap outside the graph to close that graph.



## Edit or rename a Basal Program

To edit or rename a Basal Program:

1. Write a list of all of the revised basal segments to guide you through re-entering the values for each segment.  
**Tip:** You can write this list on the pages at the end of this User Guide.
2. Navigate to the list of Basal Programs:  
 Menu icon (≡) > Basal Programs
3. Swiping up or down as necessary, select the Basal Program to edit:
  - To edit the active Basal Program, tap EDIT beneath the graph of the active program. Then tap SUSPEND INSULIN.
  - To edit an inactive Basal Program, tap the Options icon (⋮) next to the Basal Program you would like to edit. Then tap Edit.
4. To rename the Basal Program, tap the Program Name field and enter the new name.
5. To change the tag, tap a different tag. Tap again to deselect a tag.
6. Tap NEXT.
7. To change an end time or basal rate for a segment:
  - a. Tap the row containing the segment you would like to change.
  - b. Tap the End Time field, and enter the new end time for the segment.
  - c. Tap the Basal Rate field, and enter the desired basal rate.
  - d. Tap NEXT.
  - e. Then define the end time and basal rate for any following segments, as needed.



## 7 Managing Programs and Presets

8. To add a new segment:
  - a. Tap the row containing the start time of the new segment.
  - b. Tap the End Time field, and enter the start time of the new segment as the end time of this segment.
  - c. Change the basal rate, if necessary.
  - d. Tap NEXT.
  - e. Then define the end time and basal rate for any following segments, as needed.
9. To delete a segment:
  - a. Note the end time of the segment you want to delete.
  - b. Tap the segment that precedes the segment you want to delete.
  - c. Tap the End Time field, and enter the end time of the segment you want to delete. This 'overwrites' the segment you want to delete.
  - d. Tap NEXT.
  - e. Then define the end time and basal rate for any following segments, as needed.
10. When the Basal Program is correct, tap SAVE.
11. To activate the newly edited Basal Program:
  - If you edited the current Basal Program, tap RESUME INSULIN.
  - If you edited an inactive Basal Program and you have an active Pod, tap ACTIVATE.
12. If you do not want to activate this Basal Program, tap NOT NOW.

## Delete a Basal Program

You can only delete a Basal Program that is not running; you cannot delete an active or suspended Basal Program. To delete a Basal Program:

1. Navigate to the list of Basal Programs:  
Menu icon (≡) > Basal Programs
2. Tap the Options icon (⋮) next to the Basal Program you want to delete.
3. Tap Delete.
4. Tap DELETE to confirm deletion of the Basal Program.

---

## Temp Basal Presets

If there is a temp basal that you use often, you can create a "Temp basal preset" for rapid activation in the future. To activate a temp basal preset, see page 77. To turn on or off the ability to activate temp basals, or to change between specifying the temp basal as a percentage or in U/hr, see page 116. You can create up to 12 temp basal presets.

### Create a new temp basal preset

To create a new temp basal preset:

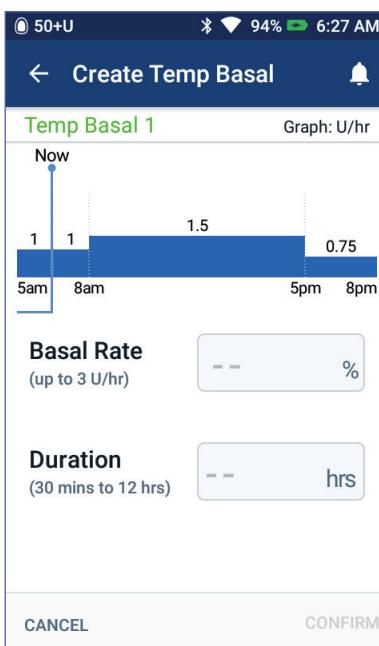
1. Navigate to the Temp Basal Presets screen:  
Menu icon (≡) > Temp Basal Presets
2. Tap CREATE NEW.  
**Note:** If you already have 12 temp basal presets, CREATE NEW does not appear. If necessary, you can delete an existing preset.
3. Optional: Tap the Preset Name field and enter a descriptive name for your preset. The default name for the preset is "Temp Basal Presets" followed by a number.
4. Optional: Tap a tag to appear next to the name of the new preset. Tap a second time to deselect the tag. If you do not select a tag, a default tag is used.

## 7 Managing Programs and Presets

5. Tap NEXT.
6. Tap the Basal Rate field and scroll to the desired value.
7. Tap the Duration field and enter a duration for the preset. The temporary change to the Basal Program is shown on the graph.

**Note:** You will be able to modify the duration of a temp basal preset when you activate it.

8. Tap CONFIRM.
9. Tap SAVE to save this as a temp basal preset.
10. If you would like to start this temp basal now, tap ACTIVATE. Otherwise, tap NOT NOW. This choice does not appear if a temp basal is already running.



### Edit or rename a temp basal preset

**Note:** You cannot edit a temp basal preset that is actively running.

1. Navigate to the Temp Basal Presets screen:  
Menu icon (≡) > Temp Basal Presets
2. Swipe up or down as needed to find the preset that you want to edit. Then tap the Options icon (⋮) and tap Edit.
3. To rename the preset, tap the Preset Name field and enter the new name.
4. To change the tag, tap a different tag. Tap again to deselect a tag.
5. Tap NEXT.
6. Change the basal rate and duration as desired.
7. Tap CONFIRM.
8. Tap SAVE to save your changes.
9. If you would like to start this temp basal now, tap ACTIVATE. Otherwise, tap NOT NOW. This choice does not appear if a temp basal is already running.

## Delete a temp basal preset

**Note:** You cannot delete a temp basal preset that is running.

To delete a temp basal preset:

1. Navigate to the Temp Basal Presets screen:  
Menu icon (≡) > Temp Basal Presets
2. Tap the Options icon (⋮) next to the preset you want to delete.
3. Tap Delete.
4. Tap **DELETE** to confirm deletion of the preset.

---

## Bolus Presets

Use bolus presets to store commonly used bolus amounts for quick retrieval in the future. Bolus presets are only available if the Bolus Calculator is off.

A bolus preset stores the units of insulin in a bolus. You can choose to extend some or all of the bolus preset when you activate it.

You can set up to seven bolus presets. A bolus preset cannot exceed your Maximum Bolus.

## Create a new bolus preset

To create a new bolus preset:

1. Navigate to the Bolus Presets screen:

On the Home screen, tap the Bolus button (弼)

or

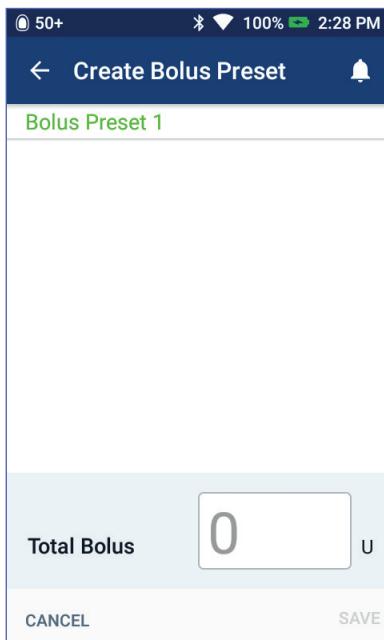
Menu icon (≡) > Bolus Presets

2. Tap **SELECT FROM PRESET**.

3. Tap **CREATE NEW**.

**Note:** If you already have seven bolus presets, **CREATE NEW** does not appear. If necessary, you can delete an existing preset.

4. Optional: Tap the Preset Name field and enter a descriptive name for your preset. The default name for the preset is "Bolus Preset" followed by a number.



## 7 Managing Programs and Presets

5. Optional: Tap a tag to appear next to the name of the new preset. Tap a second time to deselect the tag. If you do not select a tag, a default tag is used.
6. Tap NEXT.
7. Tap the Total Bolus field and enter the units of insulin for the bolus preset.
8. Tap SAVE to save the new bolus preset.

### Edit or rename a bolus preset

To edit or rename a bolus preset:

1. Navigate to the Bolus Presets screen:  
Menu icon (≡) > Bolus Presets
2. Tap the Options icon (⋮) next to the name of the preset you want to edit.
3. Tap Edit.
4. To rename the preset, tap the Preset Name field and enter the new name.
5. To change the tag, tap a different tag. Tap again to deselect a tag.
6. Tap NEXT.
7. To change the bolus amount, tap the Total Bolus field and enter the units of insulin.
8. Tap SAVE to save your changes.

### Delete a bolus preset

To delete a bolus preset:

1. Navigate to the Bolus Presets screen:  
Menu icon (≡) > Bolus Presets
2. Tap the Options icon (⋮) next to the name of the preset you want to delete.
3. Tap Delete.
4. Tap DELETE to confirm deletion of the preset.

# CHAPTER 8

## Browsing Your PDM Records

Your PDM records are displayed on:

- Notifications & Alarms screens
- Insulin & BG History screens, which show insulin, blood glucose, carbohydrate, and Pod events

The PDM can store 90 days of history records. Once the memory is full, new records begin to replace the oldest records. You can browse but not edit the information in your records.

**Note:** The data stored in the PDM is preserved if the PDM battery runs out. You may need to reset the date and time, but PDM records are unaffected.

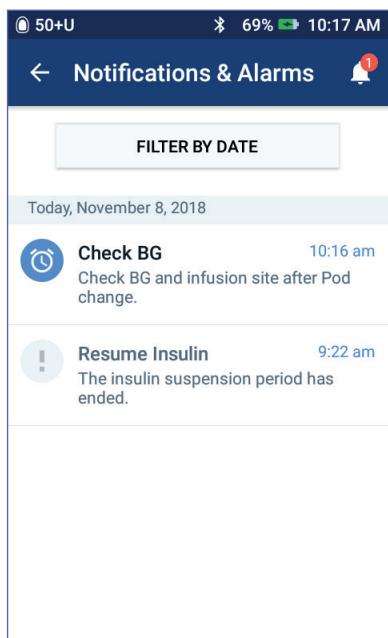
### Notifications & Alarms Screens

To review past alarms and notifications:

1. Tap the bell icon (🔔) found in the upper right of many screens. If you have new notifications, the number of new notifications appears in a red circle next to the bell icon (🔔 4).

**Note:** Alternatively, navigate to: Menu icon (≡) > History: Notifications & Alarms.

2. Messages from today are displayed first, followed by messages from previous days. Swipe up to see additional messages.
3. To display a specific date range, tap FILTER BY DATE.
  - a. Tap the starting date on the calendar. Tap the "<" arrow to view an earlier month.
  - b. Tap END at the top of the screen.
  - c. Tap the ending date for the time range.
  - d. Tap OK.



# 8 Browsing Your PDM Records

4. When finished, tap the back arrow (⬅) in the upper left of the screen.

New notifications have a blue icon (⌚). When a notification has been displayed on this screen and you have exited by tapping the back arrow (⬅), the icon will be gray (⌚) the next time you view this screen.

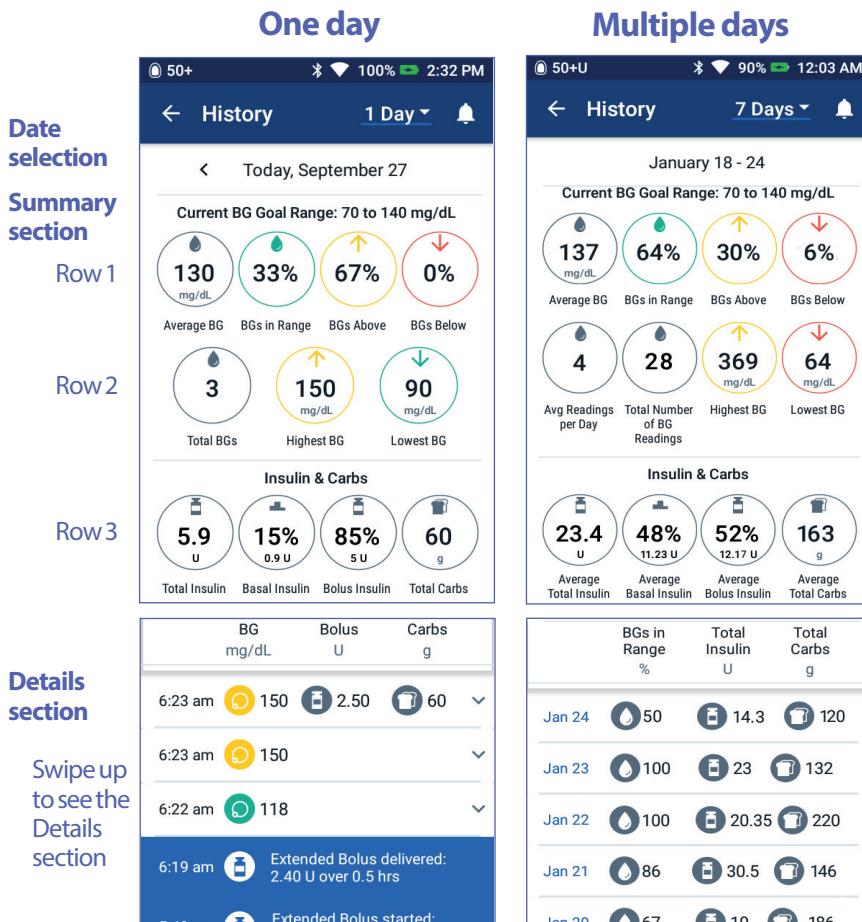
For a description of the alarms and notifications, see page 121.

## Overview of the Insulin and BG History Screens

To access your insulin and blood glucose records, navigate to:

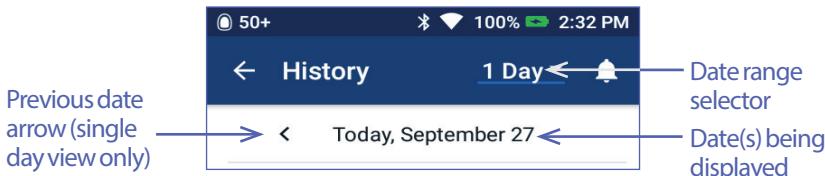
Menu icon (☰) > History : Insulin & BG History

You have the option of viewing records for one day or for multiple days.



## Date Selection

When you first access the History screens, information from the current day is displayed. You can view records from a different day or a range of dates.



### One day

To view records from today or a recent day:

1. Navigate to: Menu icon (≡) > History: Insulin & BG History.  
Today's history records are displayed.
2. To view a recent date, tap the previous date arrow (<).
3. To move forward in time, tap the next date arrow (>). This arrow is not visible when today's records are displayed.

### Range of days

To view records from a range of dates, or to quickly find a day from weeks or months ago:

1. Navigate to: Menu icon (≡) > History: Insulin & BG History.
2. Tap the date range selector.
3. Choose 1, 7, 14, 30, 60 or 90 days to select the number of days to display. Select a larger number to display older data.  
The multi-day screen appears showing the selected range of dates.
4. To see details for a single day in the date range:
  - a. Swipe up to see the details section of the multi-day screen.
  - b. Tap the desired date to view its one-day history screen.  
The one day History screen for that date appears.

## 8 Browsing Your PDM Records

### Summary Section

The upper section of the History screens summarizes the records for the day or date range.

Summary item	Description
<b>Row 1 (see page 90)</b>	
Current BG Goal Range	Lower limit and upper limit of your BG Goal Range.
Average BG	The average of all blood glucose readings, including readings from a paired BG meter and manually-entered readings. LO and HI blood glucose readings are excluded.
BG in Range	Percentage of blood glucose readings within your BG Goal Range.
BGs Above	Percentage of blood glucose readings above the upper limit of your BG Goal Range.
BGs Below	Percentage of blood glucose readings below the lower limit of your BG Goal Range.
<b>Row 2 (see page 90)</b>	
Avg Readings per Day	Average number of blood glucose readings per day. <b>Note:</b> Appears in multiple day view only.
Total Number of BG Readings	Total number of blood glucose readings in the day (or date range).
Highest BG	Highest blood glucose reading in the day (or date range).
Lowest BG	Lowest blood glucose reading in the day (or date range).

Summary item	Description
<b>Row 3</b> (see page 90)	
Total Insulin	Total insulin (basal + bolus) delivered for the day or average total insulin delivered for the date range.
Average Total Insulin	Amount of basal insulin delivered for the day or average delivered for the date range. This includes insulin delivered by the Basal Program, adjusted for temp basals, periods of insulin suspension, and Pod deactivation.
Basal Insulin	Shown as a percent of the total (or average total insulin). Also shown in units.
Average Basal Insulin	
Bolus Insulin	Amount of insulin delivered via boluses for the day or average for the date range. This includes boluses calculated by the Bolus Calculator and any manually-calculated boluses.
Average Bolus Insulin	Shown as a percent of the total (or average total insulin). Also shown in units.
	If you cancel a bolus before it has completed, only the amount actually delivered is included.
Total Carbs	Sum of all meal carbohydrates (in grams) entered into the Bolus Calculator for the day or average for the date range.
Average Total Carbs	

**Note:** If the PDM has not received confirmation from the Pod that the basal, bolus, or total insulin delivery finished, the summary circles include a gray or yellow exclamation point similar to the ones shown in "When the Pod has not confirmed bolus delivery" on page 97.

**Note:** Percentages may not add to 100 due to rounding.

For the summary calculations, see page 171.

# 8 Browsing Your PDM Records

## Details Section

Swipe up on the history screens to see the details section.

### One day view

The details section of the one day History screen shows individual records listed by time of day.

Today, January 17		
	BG mg/dL	Bolus U
	Carbs g	
6:23 am	150	2.50
6:23 am	150	
6:22 am	118	
6:19 am		Extended Bolus delivered: 2.40 U over 0.5 hrs
5:49 am		Extended Bolus started: 2.40 U over 0.5 hrs
5:47 am	150	5
5:47 am	150	60

Banners indicate PDM or Pod events that continue until a change is signaled on a new banner.

BG, Bolus and Carbs column headings

Tap a down arrow to display more details. Tap again to hide the details.

Swipe to see more records.

### Multiple day view

The details section of the multiple day History screens list the individual days in the selected range. The columns show the percent (%) of blood glucose readings within the BG Goal Range, the total daily insulin delivered, and the total daily grams of carbs.

Tap a row to view its one day History screen.

	BGs in Range %	Total Insulin U	Total Carbs g
Jan 24	50	14.3	120
Jan 23	100	23	132
Jan 22	100	20.35	220

Swipe to see more records.

## Blood glucose details

The icon displayed with a blood glucose entry indicates the source of the blood glucose reading and whether the blood glucose reading was in range. The blood glucose icons are:

	Paired BG meter	Manual BG entry
Above BG Goal Range		
Within BG Goal Range		
Below BG Goal Range		

Tapping a row with a blood glucose reading expands the row to show any applied tags and whether the blood glucose reading was from a paired BG meter or was entered manually.

If a control solution reading was imported from a paired BG meter or tagged as a control reading, the words "control solution" appear next to the reading. These control readings are not included in the blood glucose summaries.

## Bolus details

The icon displayed with a bolus entry indicates whether the Bolus Calculator was used:

- The insulin bottle icon ( ) indicates that the Bolus Calculator was enabled.
- The syringe icon ( ) indicates the Bolus Calculator was disabled or off.

## Immediate and extended boluses

The bolus amount listed next to the bolus icon is the sum of an immediate bolus plus any extended portion of the bolus. If you canceled an immediate or extended bolus, the amount listed is the amount that was actually delivered.

## 8 Browsing Your PDM Records

Tapping a row with a bolus entry brings up additional details about the bolus, including:

- Whether the bolus was calculated by the Bolus Calculator or was a manually-calculated bolus.
- The name of the bolus preset, if used.
- The **VIEW BOLUS CALCULATIONS** button if the Bolus Calculator was used. Tapping this button brings up a screen showing calculation details and whether you made a manual adjustment to the calculated bolus.

You may need to swipe up or down to see all of the calculations. Tap **CLOSE** when done (see "Bolus Calculator equations" on page 162 for details).

- If you canceled an immediate bolus, the amount originally scheduled for delivery.
- For an extended bolus, the amount delivered now and extended. Also the percentage (%) of the meal bolus delivered now and extended.
- If a bolus is ongoing, unconfirmed, or lost, how much of the bolus has been confirmed.

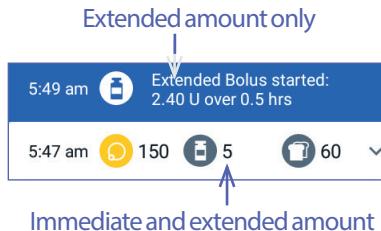


### Extended bolus events



A bolus icon and banner indicate an extended bolus event:

- An **Extended Bolus started** banner marks the time when the immediate bolus has finished and the extended bolus begins. In addition to the start time of the bolus, the banner lists the number of units extended and the duration of the extension.
- An **Extended Bolus completed** banner marks the end of the extended bolus.
- An **Extended Bolus canceled** banner marks the cancellation of an extended bolus and states the amount of the bolus that was actually delivered.



## When the Pod has not confirmed bolus delivery

After you confirm the amount of a bolus that you want delivered, a bolus instruction is sent to your Pod. When the Pod completes delivery, it sends a confirmation to the PDM that the bolus was delivered.



Before the PDM receives confirmation from the Pod that the bolus has been delivered, the PDM estimates the amount delivered. During this time, the History screens use a gray exclamation icon to indicate that the bolus is estimated.



In most cases, once a PDM and Pod are back in range, the Pod confirms the bolus delivery. However, in rare cases, the Pod is unable to confirm bolus delivery due to a communication error. If you tap the DISCARD POD option in this situation, the History screens use a yellow exclamation icon to mark the bolus as "unconfirmed."

If a Pod is discarded with an unconfirmed bolus, the basal and total insulin amounts for that day are also marked as unconfirmed with a yellow exclamation icon. The listed bolus amount includes the amount that was scheduled for delivery up until the Pod was discarded.

## Carbs details

A carbs icon (  ) is displayed next to carbohydrate entries used by the Bolus Calculator. Tapping the row displays a note about whether the carbs were from the Food Library or entered manually.

## Basal rate details

### Basal Programs



A Basal Program icon and banner indicate the activation of a Basal Program and the reactivation of a Basal Program at the end of a temp basal or insulin suspension.

### Temp basals



A temp basal icon and banner indicate the start, end, or cancellation of a temp basal.

If a temp basal was defined as a percent (%) of the active Basal Program, the banner displays the percent increase or decrease as well as the duration. If a temp basal was defined as a flat basal rate (U/hr), the banner displays the temp basal rate and the duration.

If a temp basal preset was used, the banner displays the name of the preset.

Tapping a Temp Basal started banner displays a graph and a list of basal rates associated with each time segment.

## 8 Browsing Your PDM Records

If a temp basal was canceled, the Temp Basal started banner contains the initially scheduled duration and the Temp Basal canceled banner contains the actual duration.

### Basal rate at midnight

The first entry for each day is a banner displaying the status of the basal insulin delivery at midnight. If a Basal Program or temp basal was carried over from the day before, the banner indicates that this is a continued program. If insulin was suspended at midnight, the banner states this.

### Pod details



A Pod icon and banner mark the activation and deactivation (or discarding) of each Pod. Tapping a Pod banner displays the Pod's lot number and sequence number.

### Insulin suspended and resumed details



An Insulin Delivery Suspended icon and banner indicate the time that an insulin suspension began.



An Insulin Delivery Resumed icon and banner indicate the time that insulin delivery was restarted after a suspension.

### Time change details

A Time Change banner appears if you change the time setting. A Time zone changed banner appears if you change the time zone.

The records below the banner show the old time and the records above the banner show the new time.

### Date change details

A DATE CHANGED banner appears if you change the date setting.

When the date is changed, two History screens are created for the current day. One screen shows the old date with the history records from midnight up to the time of the date change. The second screen shows the new date with the history records from the time of the date change up to the following midnight.

# CHAPTER 9

## Adjusting Settings

As your needs change, you may want to adjust various settings on your PDM.

Many settings use toggles to turn settings on or off. When the button is blue and on the right side, the setting is on. When the button is gray and on the left, the setting is off. Tapping anywhere on the button toggles it between the left and right sides.



You can see an on-screen description of some settings by tapping the name of the setting. If a description is available, the screen expands to show the information. Tap the setting name again to hide the description.

**Note:** Some settings have default values, but all user settings can be changed.

---

### PDM Device Settings

The PDM Device settings allow you to control network connectivity, your personal identification settings, date and time, and other general device settings.

#### Network connectivity

These settings turn airplane mode or Wi-Fi on or off, and let you connect to Wi-Fi networks or BG meters. The Wi-Fi and airplane mode setting are always adjusted at the same time: When you turn airplane mode on, the PDM automatically turns Wi-Fi off. When you turn Wi-Fi on, the PDM automatically turns airplane mode off.

Bluetooth® wireless technology is always on whether the PDM is awake or asleep. Airplane mode does not turn the Bluetooth® setting off.

#### Airplane mode

There are two methods for toggling airplane mode on or off. Both methods toggle Wi-Fi, but leave the Bluetooth® setting on.

- To turn airplane mode on or off via the PDM Settings:
  - a. Navigate to: Settings icon (⚙) > PDM Device.
  - b. Tap the Airplane Mode toggle to turn airplane mode on or off.

# 9 Adjusting Settings

- To turn airplane mode on or off via the Power button:
  - a. Press and hold the Power button until a screen appears with an Airplane Mode option.
  - b. Tap Airplane Mode to toggle between on and off.

## Wi-Fi

To manage the PDM's Wi-Fi connection:

1. Navigate to: **Settings icon** (⚙) > PDM Device > Wi-Fi.
2. Tap the toggle to toggle Wi-Fi on or off. When the Wi-Fi toggle is set to on, the PDM scans for available Wi-Fi networks.
3. To connect to or remove a Wi-Fi network, tap **Wi-Fi** to display a list of available Wi-Fi networks. Then:
  - To connect to a new network, tap the name of the desired network. Enter the network password, if necessary.
  - To remove a network, tap the name of the network. Then tap **FORGET**.
4. Tap the "back" button below the PDM screen when finished.

**Note:** The PDM can only connect to standard Wi-Fi networks, which are networks that only require a name and a password. The PDM cannot connect to Wi-Fi networks that require additional steps such as accepting Terms and Conditions.

**Caution:** The upper right corner of the Wi-Fi screen has an Options icon (⋮). The options in this Options menu have not been integrated into the Omnipod DASH™ System. Do not change any of the options found in this Options menu.

## Bluetooth®

This option lets you pair to, rename, or remove a BG meter. These actions are described in "Pairing, unpairing, or renaming a BG meter" on page 114.

## Omnipod DISPLAY™

The Omnipod DISPLAY™ app is a smartphone application that lets you see your PDM data on your phone. The PDM and phone use Bluetooth® wireless technology to communicate.

**Note:** While pairing to the Omnipod DISPLAY™ app, the PDM does not check Pod status.

To pair your PDM to Omnipod DISPLAY™ on your phone:

1. Place your PDM and phone next to each other.
2. On your phone:
  - a. Download and install the Omnipod DISPLAY™ application or unpair from an older PDM.

- b. Follow the on-screen instructions until you get to the pairing screen.
  - c. Make sure that the Bluetooth® setting is on.
  - d. Tap Next.
3. On your PDM:
  - a. Navigate to: Settings icon (⚙) > PDM Device > Omnipod DISPLAY™.
  - b. If your PDM is already paired to an Omnipod DISPLAY™ on one phone and you want to pair to a different phone, tap UNPAIR, then tap UNPAIR again.
  - c. Tap GET STARTED.

A confirmation code appears on the PDM and the phone.

4. If the confirmation code on your PDM and phone match:
  - a. On your phone, tap YES. The phone pairs to the PDM.
  - b. On your PDM, after your PDM and phone successfully pair, tap OK.

For information about using Omnipod DISPLAY™, see the *Omnipod DISPLAY™ User Guide*.

## Screen display

Use the screen display settings to control the screen time-out and brightness.

### Screen time-out

To preserve battery power, the PDM screen turns black if you have not used it for the specified time interval. To change the time interval:

1. Navigate to: Settings icon (⚙) > PDM Device > Screen Time-Out.
2. Tap a screen time-out interval to select it.

**Tip:** *A shorter time-out interval extends the battery charge.*

3. Tap SAVE.

### Screen brightness

To adjust the brightness of the PDM screen:

1. Navigate to: Settings icon (⚙) > PDM Device > Brightness.
2. Place your finger on the blue dot of the slider. Slide your finger to the right to increase the screen brightness. Slide your finger to the left to decrease the screen brightness.

**Tip:** *Lower screen brightness extends the battery charge.*

# 9 Adjusting Settings

## Lock screen

You can edit your Lock screen message, background image, and your PIN. The lock screen message, image, and PIN help ensure that you are using the correct PDM.

### Lock screen message

To change your Lock screen message:

1. Navigate to: Settings icon (⚙) > PDM Device > Message.
2. Tap the Lock screen message field and enter the message you want the PDM to display when you turn it on.
3. Tap **SAVE**.

### Lock screen background

To change the background image on the Lock screen:

1. Navigate to: Settings icon (⚙) > PDM Device > Background.
2. Tap the background image you want to use.
3. Tap **SAVE**.

### PIN

To change your personal identification number or PIN:

1. Navigate to: Settings icon (⚙) > PDM Device > PIN.
2. Enter your current PIN.
3. Enter the new four-digit PIN.

**Tip:** Tap the eye icon to display or hide the PIN numbers.

4. Tap the checkmark to accept the PIN.
5. Re-enter the new PIN, and then tap the checkmark.

## Date and time, and language

You may need to reset the date and time to adjust for daylight-savings time or changing time zones or when you replace the PDM's battery. The PDM does not automatically adjust time, date, or time zone. If you are traveling to a different time zone, see "Plan for changing time zones" on page 176.

If you do change the date or time, the change is noted on the Home and History screens. The Pod expiration time on the Pod Info tab is adjusted to reflect the new date and time.

You can also change the language used on the PDM screens.

## Date and date format

To change the date:

1. If you have a paired BG meter, sync your BG meter to import any recent blood glucose readings:

Menu icon (≡) > Enter BG > SYNC BG METER

2. Navigate to: Settings icon (⚙) > PDM Device > Date.
3. To change the date format, tap the upper box with the date format and select the desired date format.
4. To change the date:
  - a. If you have an active Pod, tap SUSPEND INSULIN and tap YES.
  - b. Scroll the Month, Day, or Year fields to the desired values.
5. Tap SAVE, then tap CONFIRM.
6. If you suspended insulin, tap YES to resume insulin delivery.
7. If you changed the date and have a paired BG meter, sync your BG meter:

Menu icon (≡) > Enter BG > SYNC BG METER.

The PDM updates the date on your BG meter. This ensures that future blood glucose readings are marked with the correct date.

## Time zone

To change the time zone:

1. If you have a paired BG meter, sync your BG meter to import any recent blood glucose readings:

Menu icon (≡) > Enter BG > SYNC BG METER

2. Navigate to: Settings icon (⚙) > PDM Device > Time Zone.
3. If you have an active Pod, tap SUSPEND INSULIN and tap YES.
4. Tap the time zone field and select the desired time zone from the drop-down list.
5. Tap SAVE, then tap CONFIRM.

The PDM changes the time to match the new time zone.

6. If you suspended insulin, tap YES to resume insulin delivery.
7. If you changed the time zone and have a paired BG meter, sync your BG meter: Menu icon (≡) > Enter BG > SYNC BG METER.

The PDM updates the time on your BG meter. This ensures that future blood glucose readings are marked with the correct time.

# 9 Adjusting Settings

## Time and time format

**Caution:** Be careful to set the time correctly. The time setting affects the operation of several Omnipod DASH™ System features.

To change the time:

1. If you have a paired BG meter, sync your BG meter to import any recent blood glucose readings:

Menu icon (≡) > Enter BG > SYNC BG METER

2. Navigate to: Settings icon (⚙) > PDM Device > Time.
3. To change the time format, tap the toggle to choose between 12 hr format (AM/PM) and 24 hr format.
4. To change the time:
  - a. If you have an active Pod, tap SUSPEND INSULIN and tap YES.
  - b. Scroll the Hour and Minute fields to the desired values. If using 12 hr format, select between AM and PM.
5. Tap SAVE, then tap CONFIRM.
6. If you suspended insulin, tap YES to resume insulin delivery.
7. If you changed the time and have a paired BG meter, sync your BG meter: Menu icon (≡) > Enter BG > SYNC BG METER.

The PDM updates the time on your BG meter. This ensures that future blood glucose readings are marked with the correct time.

## Language

To change the language used on PDM screens:

1. Navigate to: Settings icon (⚙) > PDM Device > Language.
2. Tap the current language, and select the desired language from the drop-down list.
3. If you have selected a language other than English, tap OK on a message stating that the Food Library is only available when English is the selected language.
4. Tap SAVE.
5. Tap RESTART PDM.

**Note:** Restarting the PDM will not deactivate your Pod. The Pod will continue to deliver insulin according to the active Basal Program's schedule and will deliver any extended bolus in progress.