

MPE Calculation page

MPE Calculator	Garmin	Test Number	090424	
MPE uses EIRP for calculation. EIRP is based on TX power added to the antenna gain in dBi.				
	dBi = dB gain compared to an isotropic radiator.			
	S = power density in mW/cm ²	Antenna Gain (dBi)	2.2	
	Output Power (Watts)	dBd + 2.17 = dBi	dBi to dBd 2.17	
Tx Frequency (MHz)	2457	0.001849	0.03	
Cable Loss (dB)	0.0	(dBm) 2.67	Antenna minus cable (dBi) 2.20	
	Calculated ERP (mw)	1.862	Radiated (EIRP) dBm 4.870	
	Calculated EIRP (mw)	3.069	Radiated (ERP) dBm 2.700	
Occupational Limit	5.00000	mW/cm²		
General Public Limit	1.00000	mW/cm²		
<div style="border: 1px solid black; padding: 5px; display: inline-block;"> Power density (S) = EIRP ----- = mW/cm² 4 π r² [r (cm), EIRP (mW)] </div>				
FCC radio frequency radiation exposure limits per 1.1310				
	Frequency (MHz)	Occupational Limit	Public Limit	
	300-1,500	f/300	f/1500	
	1,500-10,000	5	1	
FCC radio frequency radiation exposure limits per 1.1310				
	Frequency (MHz)	Occupational Limit @ Tx Freq (mW/cm ²)	Public Limit @ Tx Freq (mW/cm ²)	
	300-1,500	8.19	1.638	
	1,500-10,000	5	1	
	EIRP	Distance	Distance	S
	milliwatts	cm	inches	mW/cm ²
	3.069	10.00	3.94	0.00244
	3.069	9.00	3.54	0.00302
	3.069	8.00	3.15	0.00382
	3.069	7.00	2.76	0.00498
	3.069	6.00	2.36	0.00678
	3.069	5.00	1.97	0.00977
	3.069	4.00	1.57	0.01526
	3.069	3.00	1.18	0.02714
	3.069	2.00	0.79	0.06106
	3.069	1.00	0.39	0.24423
	3.069	0.50	0.20	0.97690
	3.069	0.40	0.16	1.52641
	3.069	0.25	0.10	3.90760
	3.069	0.20	0.08	6.10563
	3.069	0.19	0.07	6.76524
	Frequency (MHz)	Occupational Limit minimum Distance (cm)	Public Limit minimum distance (cm)	
	300-1,500	N/A	N/A	
	1,500-10,000	N/A	0.50	