GARMIN

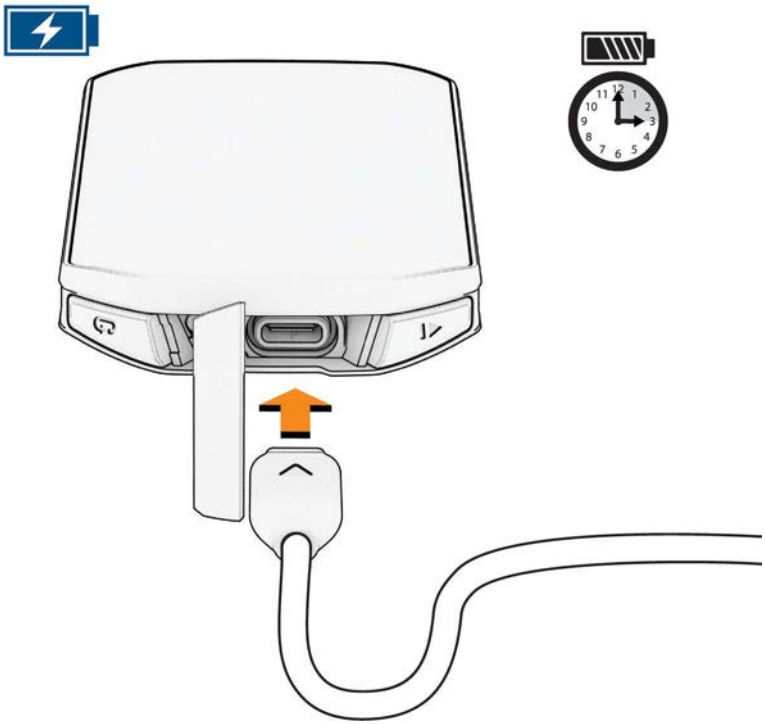
# A04741

## Quick Start Manual

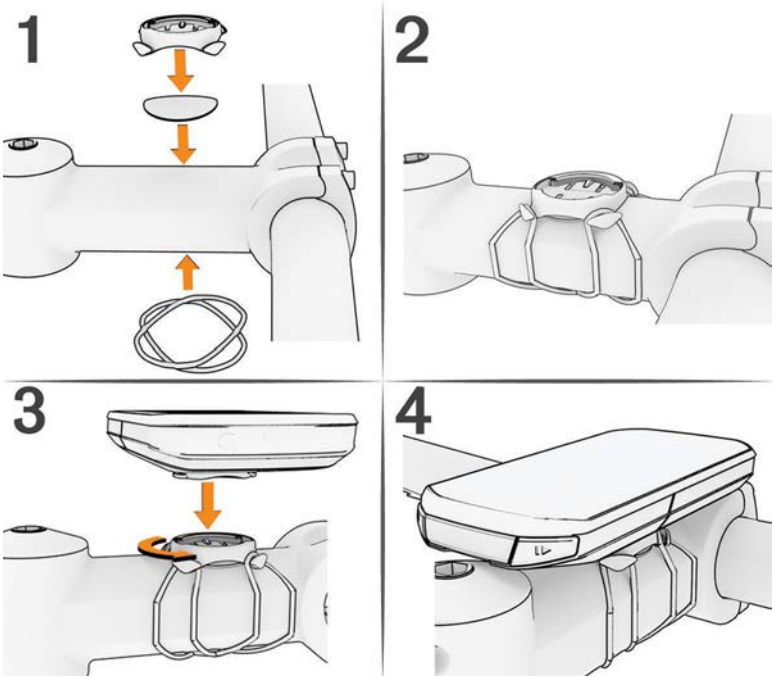
## Device Overview

## Device Pairing

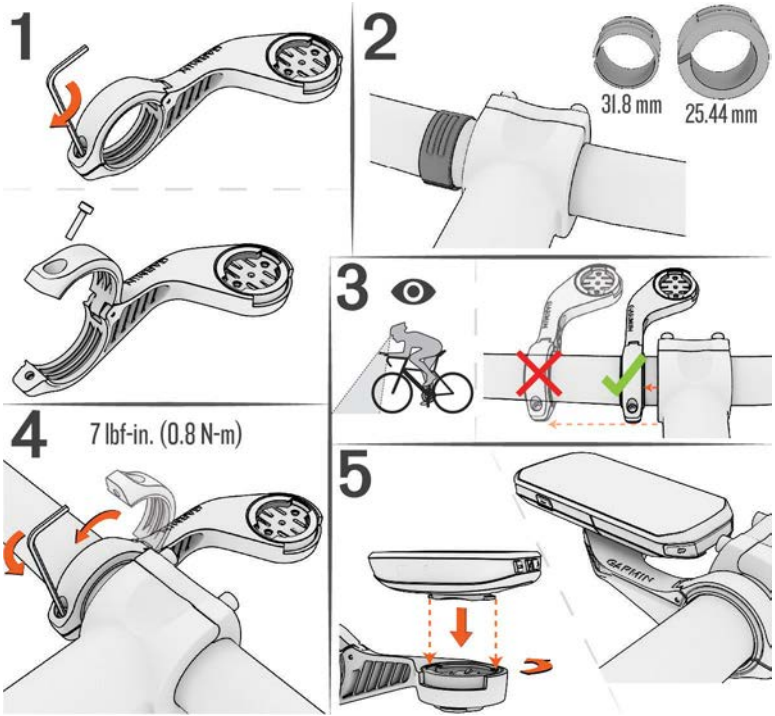
## Device Charging



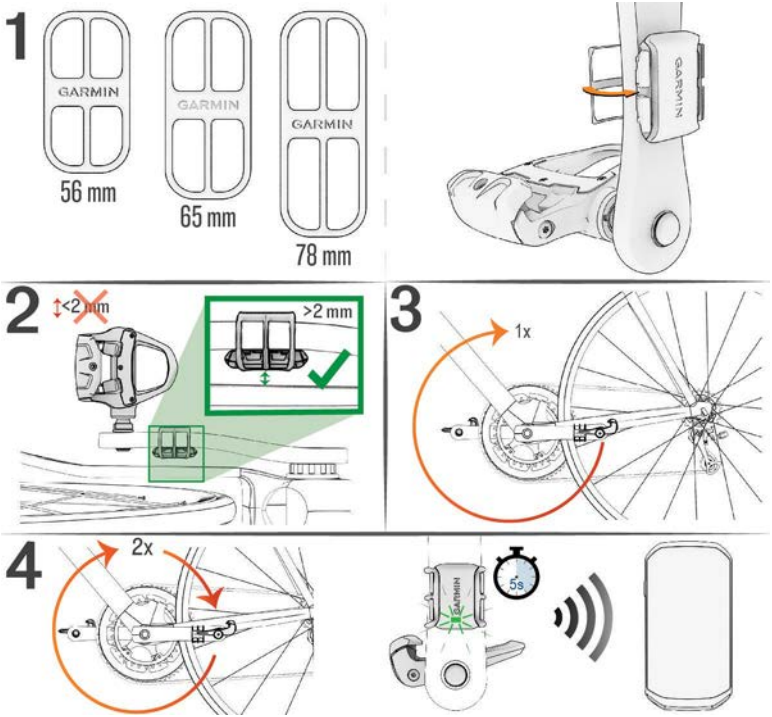
## Standard Mount Installation



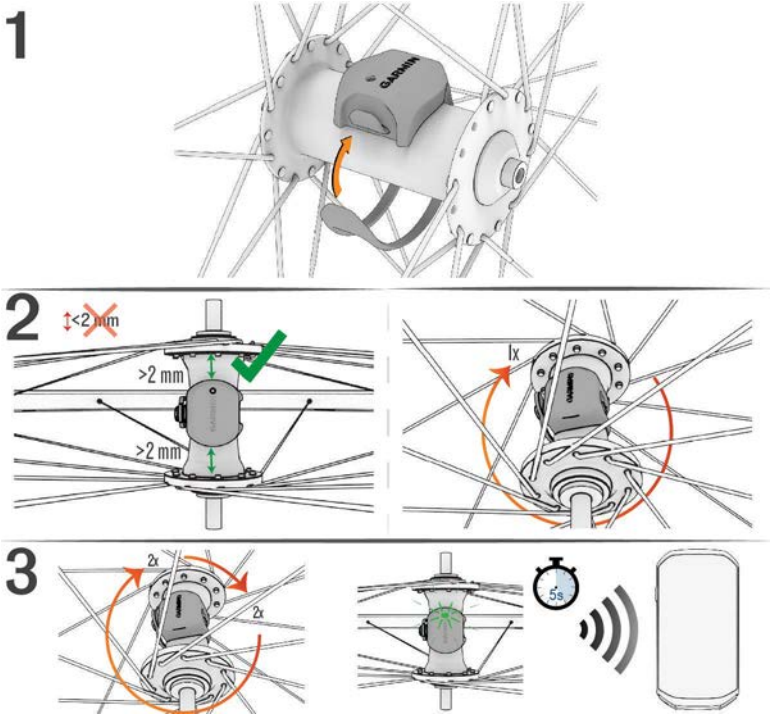
## Out-Front Mount Installation



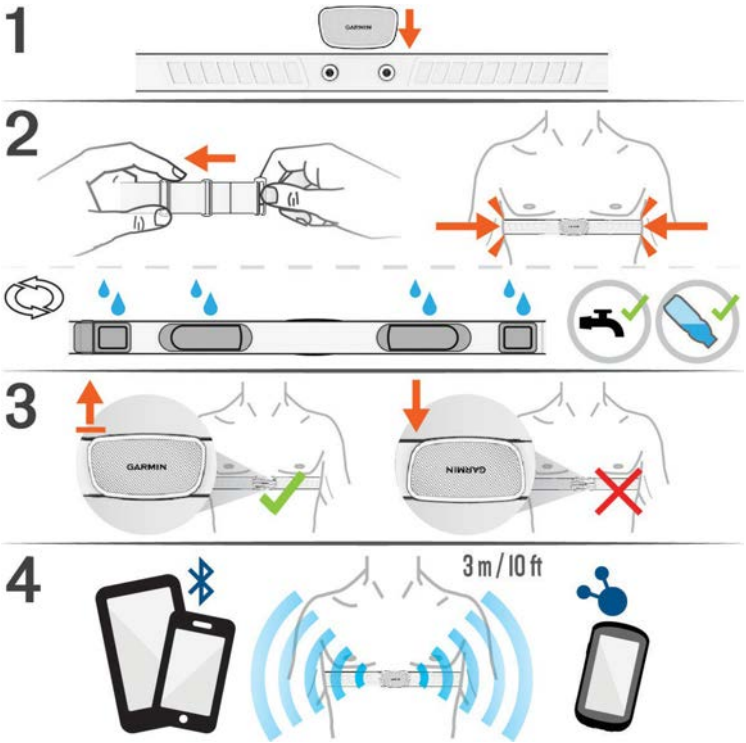
## Cadence Sensor Installation



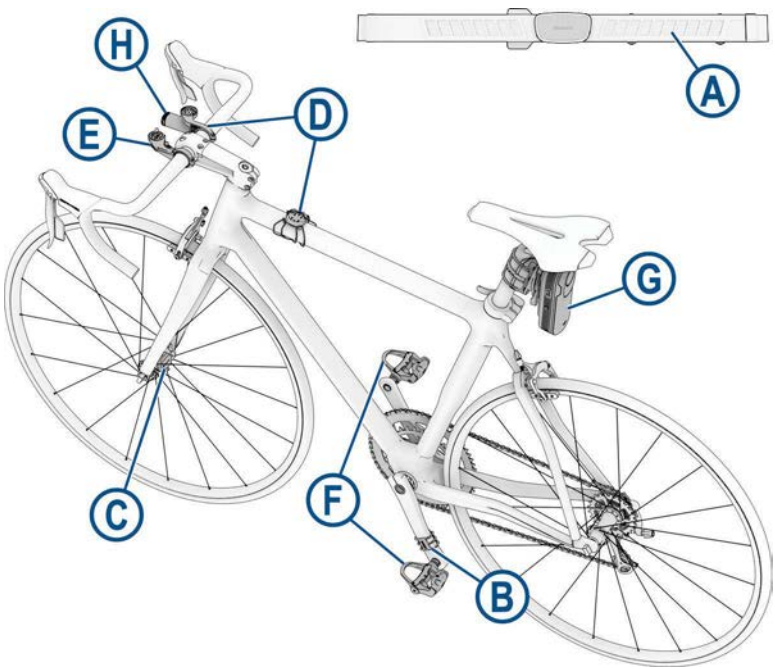
## Speed Sensor Installation



## HRM-Dual™ Overview



## Optional Accessories



**⚠ WARNING**

- See the *Important Safety and Product Information* guide in the product box for product warnings and other important information.
- Always consult your physician before you begin or modify any exercise program.

***NOTICE***

To prevent corrosion, thoroughly dry the USB port, the weather cap, and the surrounding area before charging or connecting to a computer.

## Optional Accessories

Go to www.buy.garmin.com to purchase optional accessories.

| | |
|---|---|
| A | HRM-Dual (included in bundles) |
| B | Cadence sensor (included in bundles) |
| C | Speed sensor (included in bundles) |
| D | Standard and out-front mounts (included with all devices) |
| E | Mountain biking mount |
| F | Rally™ power meter system |
| G | Varia™ rearview radar, tail light, or camera |
| H | Varia headlight |

## Device Buttons

| | |
|---|---|
| | Press to enter sleep mode and wake the device. |
| | Press to mark a new lap. |
| | Press to start and stop the activity timer. |

## Using the Touchscreen

- When the timer is running, tap the screen to view the timer overlay.

  The timer overlay allows you to return to the home screen during a ride.
- Select to return to the home screen.
- Swipe or select the arrows to scroll.
- Select to open a menu.
- Select to return to the previous page.

- Select ✓ to save your changes and close the page.
- Select ✕ to close the page and return to the previous page.
- Select 🔍 to search near a location.
- Select 🗑 to delete an item.
- Select ⓘ for more information.

## Device Information

### Specifications

**Operating temperature range**: From -20º to 60ºC (from -4º to 140ºF)

**Charging temperature range**: From 0º to 45ºC (from 32º to 113ºF)

**Speed sensor and cadence sensor operating temperature range**: From -20º to 60ºC (from -4º to 140ºF)

**Heart rate monitor operating temperature range**: From -5° to 50°C (from 23° to 122°F)

**Wireless frequencies**: 2.4 GHz @ 16.27 dBm maximum, 13.56 MHz @ -38 dBm maximum

### Charging Requirements

The power delivered by the charger must be between min 2.5 Watts required by the radio equipment, and max 15 Watts in order to achieve the maximum charging speed.

### Product Updates

Your device automatically checks for updates when connected to Bluetooth® or Wi-Fi®. You can manually check for updates from the system settings. On your computer, install Garmin Express™ (**garmin.com/express**). On your phone, install the Garmin Connect™ app.

This provides easy access to these services for Garmin® devices:

- Software updates
- Map updates
- Course updates
- Data uploads to Garmin Connect
- Product registration

### Getting More Information

- Go to **support.garmin.com** for additional manuals, articles, and software updates.
- Go to **buy.garmin.com**, or contact your Garmin dealer for information about optional accessories and replacement parts.

### Getting the Owner's Manual

The owner's manual includes instructions for using device features and accessing regulatory information.

Go to **www.garmin.com/manuals/**.

**support.garmin.com**

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