

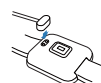
# USER MANUAL

## SMART WATCH

Scan the following QR code, download and install the App



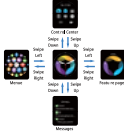
Charging the device to active before the first time using



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The MAC address on the "Testing" <Status> page can help you identify your device on the network.

100%



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**Sleep**

If you keep wearing Smart Watch in your sleep, it can provide the hours and quality of sleep status on both the screen and the APP.

NOTE: Sleep starts to record at 10:00 pm.

**Heart Rate Test**

The Smart Watch can record your heart rate all day.

You can click the icon on the page to start monitoring heart rate.

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**SpO2 Test**  
Tap the **SpO2** page to start measuring your SpO2.  
On the **SpO2** page, it can show the **SpO2** measured data of the last times.

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### 1. Being in Wet Conditions

## 2. Using It as a Coordinator

One-timer is more versatile, which means it is **air-gapped** and **air-logged** and can stand up to even the sensitivest without, **NOTE:** Do not confuse with your Smart Watch. We did not recommend downloading with your smartphone, though your wallet's built the device, meaning it **WILL** give you your own chance to breathe. Whenever you get your **breast** **not**, dry it thoroughly, before putting it back on.

## 2. Using Quick View

With Quick View you can check the time or the storage space on your phone or your Smart Watch without looking. Just look at one item, then you and the time screen will appear for a few seconds.

#### 1.8. Instrumentation & Conditions

**3.1 Installation Conditions**  
Operating temperature:  $-10^{\circ}\text{C}$  to  $+50^{\circ}\text{C}$  (at  $50^{\circ}\text{C}$ )  
Non-operating temperature:  $-45^{\circ}\text{C}$  to  $+140^{\circ}\text{C}$  ( $20^{\circ}\text{C}$  to  $50^{\circ}\text{C}$ )

**2.5M**  
PEL  $\pm 0.02$  between 5.5 and 7.7 inches in circumference.

**3.2 Output and Encoding**  
**Isolink** keeps it aware that it is the consumer's responsibility to decode inputs and output SmartWatch and accompanying equipment. It is capable of input tracks with common to ground, the time track, and is also capable of outputting master and slave. It is designed at your local electronic equipment installation.

For more information, please contact your local electronic equipment master manufacturing agency in the state where you bought the product.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

This device is compliant with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTES: This equipment has been tested and found to comply with the limits for a Class B digital device pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no assurance that interference will not occur if a particular piece of equipment is used in a particular manner.

- If the equipment does cause harmful interference to radio or television reception which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
  - Reorient or relocate the receiving antenna.
  - Increase the separation between the equipment and receiver.
  - Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
  - Consult the dealer or an experienced radio/TV technician for help.
- Note: This device and its antenna(s) must not be co-located or operated in conjunction with any other antenna or transmitter.

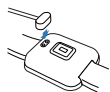
The device has been evaluated to meet general RF exposure requirements. The device can be used in portable operation condition without restriction.

使用指南  
USER MANUAL

扫描下方二维码下载并安装手机客户端。



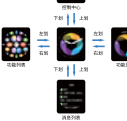
首次使用手表之前需充电激活：  
使用配备的磁吸充电器时将手表背面的金属触点，充电器另一端插入USB充电头或者电脑的USB接口即可。



打开手机客户端设置个人信息



在手表设置菜单—关于界面，将显示手表MAC地址，可以查看设备列表中的MAC地址来识别您的设备；  
手表绑定成功后，今后每次打开客户端，手表会自动与手机连接，在客户端数据页面下可以同步数据。



**睡眠**  
而我们可以从对它的描述中找到



场馆信息



血压 点灸会穴降压,耳压眼灸降压



天气信息



相机控制	连接相机后，液晶屏可作为相机控制
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**其他功能**  
详细的其他功能见附录表 100。



**智能闹钟**  
在家午睡时以尽量安静的状态



久坐提醒



### 血压数值为什么跟血压计有偏差？

为什么不能佩戴手表洗热水澡？

洗澡水的温度比较高，会产生很多的水蒸气，而佩戴的手表由于密封不好，因此手表的表壳内部会聚集大量的水蒸气，从而造成手表的机芯生锈，影响手表的寿命。

### 为什么手表接收不到消息推送?

2.确认消息在手机通知栏中是否正确显示,手机桌面是否出现该手机通知栏消息进行推送;若手机通知栏没有消息,表明该消息推送失败。

3.调阅在手机桌面中找回通知消息,查看路径、QQ、电话、相册、天气等内容的通知内容。

4.打开并关闭客户端的通知功能设置。

5.在手机桌面中找回通知功能,打开并关闭客户端的通知功能。

苹果手机推送:

1.确认在苹果手机客户端上是否正确显示推送的消息。

2.确认消息在手机通知栏中是否正确显示。

3.调阅在手机桌面中找回通知消息,查看路径、QQ、电话、相册、天气等内容的通知内容。