

MUSIC BOXING TARGET

Operation instruction



Please read the instructions carefully before use

Product introduction

The utility model belongs to the field of sporting goods, and specifically relates to an intelligent boxing wall target, which includes a base plate, a buffer plate, a hitting interaction unit and a control processing module. The buffer plate is provided at the front end of the base plate for people to hit. The impact interaction unit is arranged between the base plate and the buffer plate, and includes a pressure acquisition module for sensing the impact pressure and a light source for emitting light. The control processing module can control the light according to the electrical signal transmitted by the pressure acquisition module. Source work. The utility model is equipped with a pressure acquisition module, a control processing module, a light source, a display module and a speaker module. The light source can automatically light up or go out according to the person's hits, and the speaker module can play corresponding music according to the person's hits, which increases the fun of boxing and is very practical.

Matters need attention

1. You need to rest for 30 minutes after a meal before use. If you feel unwell during use, you should stop using it immediately.
2. Please fix this product on a strong and reliable wall. When hitting, please hit within the hitting area. It is strictly forbidden to hit the corner area to avoid hand injury or equipment damage.
3. This product is suitable for adults. Children should use it under adult supervision.
4. Beginners should not hit too hard to avoid hand injuries.

Pay attention to safety first during exercise, and leg and knee strikes are strictly prohibited.

5. Hitting the speaker area is strictly prohibited.
6. If the device cannot be turned on or has abnormalities, please check whether the battery is too low and charge it in time. The charging time should not exceed 8 hours. If it is not used for a long time, it is recommended to charge it once every 1-2 months. Prevent battery loss.
7. This product is not waterproof. Use a dry cloth when wiping the boxing target. Do not get it wet.
8. It is prohibited to disassemble the product without permission.
9. Please keep the instructions properly for emergency use.

Installation instruction

1. Cut the Velcro to a suitable length, tear off the backing paper, and stick it on the back of the boxing target.
2. Measure the height and position, and paste additional Velcro on the wall.
3. Align the boxing target with the Velcro on the wall and stick it on, then press it firmly to complete the installation.

Tips

If the wall to be pasted is a painted wall, you need to press it flatly to make the paste stronger.
If you want to remove stickers stuck on the wall, you can use a hair dryer to heat the stickers and soften them, making them easier to remove. Note: After tearing off the powder wall, it may cause slight peeling of the powder skin.

Charging instructions

It is recommended to use 5V 2A adapter or mobile phone charger.

Handling instruction

-  Previous song, volume-, mode-
-  Power switch, mode, Bluetooth switch
-  Next song, volume+, mode+



- ① Long press the  key, Power on or off;
- ② Short press the  key, it becomes the mode selection state. In this state, Press  or  key, Select mode (P01-P04), P01 is slow speed, P02 is medium speed, P03 is high speed, and P04 is speed increasing mode;
- ③ Double-click the  key twice, Bluetooth (Grodon01) on or off;
- ④ Short press the  or  key to go to the previous or next song;
- ⑤ Long press  or  key to decrease or increase the volume.

FCC Statement

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

RF Exposure Information

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.