# Smart Watch

User Manua

Model: ZW66

## 1. Description of Appearance

(1). Product Introduction

Touch Screen
Heart Rate Lamp
Temperature Sensor
Charging Interface
Magnetic Charging Wire
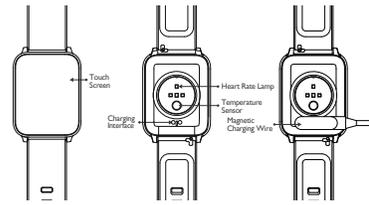
(2). Charging Cable

Use the magnetic suction charging wire attached to the metal contact on the back of the watch, and the other end of the charging line can be connected to the USB charging head or the USB interface of the computer.

## 2. Downloading & Binding

(1). Long touch the screen for 5 seconds to turn on; Please make a full charge before use it for the first time. If the battery is low, It cannot start normally.
(2). Scan the QR code on the right to download and "JYouPro" APP; Or download and install "JYouPro" from Apple App Store or Android Google Play.

**Compatible System: Android 4.4 and above, iOS 9.0 and above, Bluetooth 4.0 and above.**

(3). Binding the watch
<1>. Click the "Device" in the mobile APP.   <2>. Click to bind "Scanned Device".

<3>. Click the ID number that is consistent with the watch MAC. The iOS system will show a request for Bluetooth pairing, and click "Pairing". The Android system can be connected directly.

<4>. The binding is successful.
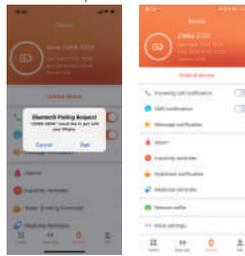
## 3. Operation Instruction

Tap the screen or raise your hand to wake up the screen, swipe up, down, left, and right to switch the interface, click to enter or confirm, swipe right on the function list and secondary interface to return or exit.

Slide down, Pull down menu
Slide down Shortcut bar
Left slip Function card
Sliding up Function list
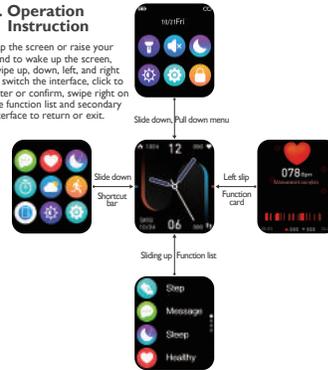
## 4. Function Description

(1). Switch machine
<1> Power on: Touch the screen for 5 seconds or charge and turn on, then enter the main interface.
<2> Power off: Select the shutdown option in the setting menu, the shutdown interface appears, select "√", as shown in the figure below:

<3> Lift wrist to wake up the screen: In the APP setting, raise your hand to turn on the screen to realize the raised hand to turn on the screen, lift up to turn on the screen, and turn back to turn off the screen.

(2). Language Settings
Turn off automatic synchronization and the watch can switch languages by itself. Turn on automatic synchronization and the language is the same as the phone language.

(3). Count Steps
Record steps, distance and calorie consumption of the day. Sync data with the APP.

(4). Sleeping Monitor
Automatically detect sleep time and status when worn at night, Sync data with the APP.

### Language
Auto Sync
○ 中文
○ English
○ España
○ Português

## Electrical Parameters

| | |
|---|---|
| Main Chip | Dailog 14683 |
| Bluetooth | BLE 5.1 |
| Battery | 3.7V 200mAh |
| Charge | 5V 0.1~0.2A |
| Heart rate sensor | VC31B |
| LCD | 1.69" |

## (5). Heart Rate Monitor
Click the heart rate interface. Full-day heart rate monitor: Turn on this function on the APP "More Settings", Measure every half hour.

## (6). Sports
Walking/running/cycling/skip rope/cycling/basketball/football/badminton: sync all exercise data with the APP after successful Bluetooth connection. Click "Start Test" on the exercise interface, select the sports mode you want. Enter the sports mode interface and check the exercise data: distance, calorie, heart rate. Slide left or right on the screen to exit the sports mode.

Brisk walking | Run | Riding | Basketball
Football | Rope skipping | Badminton
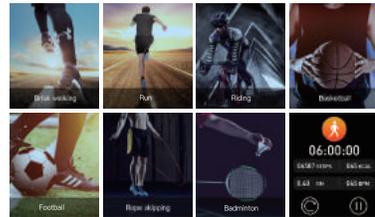
## (7). Body Temperature Measurement
It is recommended to test under normal temperature environment.

## (8). Blood Pressure Measurement
Please make sure you are relaxed when measuring blood pressure.

## (9). Blood Oxygen Measurement
Click to enter blood oxygen measurement.

## (10). Notification
Turn on the App "message push, call reminder, SMS reminder" to synchronize other APP messages such as Skype/Twitter/Line/Facebook/WeChat/Phone/QQ/SMS (requires mobile phone to enable notification permission in the settings); long in the information content interface Press to delete the message.

## (11). Camera Remote Control
Android system: Turn on the mobile phone APP, enter the ENT interface on the watch and choose camera, click "shutter" on the watch or shake the watch to take photo. iOS system: Enter the ENT interface on the watch and choose camera, open the camera function on the mobile phone, shake the watch or click "shutter" on the watch to take photo.

## (12). Music Control
Enter the music menu, click "play" to play the music of the mobile phone; click to pause or continue playing; click to play the previous song; click to play the next song.

## (13). Weather
Connect the mobile APP, you can synchronize the day information of the current day and the next 4 days.

## (14). Stopwatch
Stopwatch interface, select start, pause, resume, reset timing, slide right to exit the stopwatch function.

## (15). Screen lock
Click on the lock screen, the screen display will be locked, no other operations can be performed, you need to long press the screen for 3 seconds to unlock.

## (16). Other Functions
Reminders for step counting goals, drinking water reminders, sedentary reminders, phone search, brightness adjustment, flashlight, medication reminders, alarm clock reminders and more.

## 5. Notes
(1). Bluetooth Connection:
<1> Please turn on the mobile phone Bluetooth and the smart watch before connecting.
<2> Please ensure the smart watch has not been bound with other account when searching for Bluetooth.
<3> Please keep the smart watch as close to the mobile phone as possible when searching for Bluetooth.
(2). Please turn on the mobile phone notification push and allow permission of backstage running if the mobile phone has installed "Mobile manager" or other similar APPs, otherwise the watch will not receive and push the messages.
(3). Charging instruction: Please use 5V 0.5~1A charger to charge the watch. If the watch won't be used for a long period, please turn it off and charge the watch once every month.
(4). To ensure the accuracy of measuring result, after entering the blood pressure monitor mode, please hold the smart watch at the same height as your heart, relax yourself and calm down. Please do not speak when measuring blood pressure.
Note: This function is to monitor the blood pressure variation before and after exercise. The data are for reference only and should not be used as a basis for medical purposes.

## Disclaimer
*Warning: This product is not a medical device. The smart watch and its APP should not be used as diagnosis, treatment or preventive treatment for diseases and sickness. Please consult medical professionals before changing exercise habit or sleeping habit to avoid serious injuries. Our company reserves the right to modify and improve any functions described in this user manual without further notice. Our company also reserves the right to continuously update the product content. This user manual is for reference only and the smart watch for selling is subject to the final product.*