141 mm

Instruction Manual

Intelligent Wireless Fitness Apparatus

210 mm

Thank you for purchasing Intelligent wireless fitness apparatus.

This product is designed for training your muscles via electrical stimulation(ems) to not a medical equipment.

Please read this manual and use it carefully to improve your physical fitness with the Waffle Electroder Yard that use the unit after fully understand.

Please keep this "Instruction manual".

Content

Safety Precautions # 2
Parts Identification # 3
Precaution for Use # 3
Charging(Home charger) # 4
Charging(Main machine) # 4
Usage of Electrode Gel Pads # 5
Wave Usage # 6
Storage # 7
Maintenance # 7/8
Q & A # 8
Trouble Shooting # 9/10
Product Specifications and Usage Conditions # 10
Consumables(Sold Separately) # 11
Warranty Card # 12

Safety Precautions

To ensure that the product is used correctly and safely,please read the instruction manual carefully before use.

The precautions described in this manual are intended to ensure safe and correct use of the product and to prevent injury to yourself and external damage to property.

The following symbols clearly and explain the extent of danger or damage that can result from incorrect use.

Danger — Failure to follow the instructions carefully and correctly will result in serious injury or death.

Warning — Failure to follow the instructions carefully and correctly may result in injury or damage.

Caution — Failure to follow the instructions carefully and correctly may result in minor injury or damage to the product or other property.

The following symbols are used in this manual to explain the meaning of the symbols displayed on the product and the precautions required for safety.

This symbol indicates the prohibited action.

This symbol indicates the mandatory action to be performed.

Danger

Never use at the same time as the following kinds of medical electrical devices.

- Implanted medical devices such as a pacemaker
- Medical devices such as a heart monitor, heart rate meter, ventilator
- Medical devices such as EKG

Warning

The following people do not use the product.Doing so may cause an accident or problems to the body or skin.

- People with heart disease
- People who are pregnant or have just given birth

Follow the following cautions when using the battery.Doing so may result in fire, explosion, or injury due to battery leakage.

- Use only the battery pack specified by Yamato.Do not use any battery other than the specified battery pack.Doing so may cause damage or malfunction.
- Do not short-circuit the battery pack.Do not carry or store the battery pack together with metal objects such as necklaces or hairpins.
- Do not expose the battery pack to water or other liquids.Do not use or leave the battery pack in a place where it may be exposed to rain or water.
- Do not disassemble the battery pack or alter it in any way.Do not heat it or place it in a microwave oven or pressurized container.
- Do not use the battery pack if it has been dropped or subjected to a strong impact.Doing so may cause leakage of battery fluid.
- Do not touch the battery pack if it has been damaged or if battery fluid has leaked.Battery fluid is highly corrosive and may cause burns.
- Do not use the battery pack near a heat source.Doing so may cause a fire.

Warning

- Please do not use the product on the following parts.
- Doing so may cause an accident or injury to the body or skin.

1. Parts with wounds, rashes, or inflammation
2. Areas where the skin is thin or easily irritated
3. Areas where the skin is numb or has lost sensation
4. Areas where the skin is sensitive to electricity
5. Areas where the skin is sensitive to metal
6. Areas where the skin is sensitive to the gel
7. Areas where the skin is sensitive to the adhesive tape
8. Areas where the skin is sensitive to the electrode
9. Areas where the skin is sensitive to the electrode cable
10. Areas where the skin is sensitive to the electrode connector
11. Areas where the skin is sensitive to the electrode connector cable
12. Areas where the skin is sensitive to the electrode connector cable connection
13. Areas where the skin is sensitive to the electrode connector cable connection
14. Areas where the skin is sensitive to the electrode connector cable connection