

MPE Calculation Method

$$E \text{ (V/m)} = (30 \cdot P \cdot G)^{0.5} / d$$

$$\text{Power Density: } Pd \text{ (W/m}^2\text{)} = E^2 / 377$$

E = Electric Field (V/m)

P = Peak RF output Power (W)

G = EUT Antenna numeric gain (numeric)

d = Separation distance between radiator and human body (m)

The formula can be changed to

$$Pd = (30 \cdot P \cdot G) / (377 \cdot d^2)$$

From the peak EUT RF output power, the minimum mobile separation distance, $d=0.2\text{m}$, as well as the gain of the used antenna, the RF power density can be obtained.

Calculated Result and Limit (WORSE CASE IS AS BELOW)

2.4G:

Antenna Gain (Numeric)	Peak Output Power (mW)	Power Density (S) (mW/cm ²)	Limit of Power Density (S) (mW/cm ²)	Test Result
2 (3dBi)	38.9 (15.90 dBm @2437 MHz)	0.0155	1	Complies

5G:

Antenna Gain (Numeric)	Peak Output Power (mW)	Power Density (S) (mW/cm ²)	Limit of Power Density (S) (mW/cm ²)	Test Result
2 (3dBi)	6.152 (7.89 dBm @5180 MHz)	0.00245	1	Complies

$$0.0155 + 0.00245 = 0.01795 < 1$$