

iTOVi Nutrition Tracker user guide

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This device complies with part 15 of the FCC rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

IMPORTANT! Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate this equipment.

Class B

For a Class B digital device or peripheral, the instructions furnished the user shall include the following or similar statement, placed in a prominent location in the text of the manual:

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/ TV technician for help.

1 Downloading the iTovi Nutrition Tracker app –

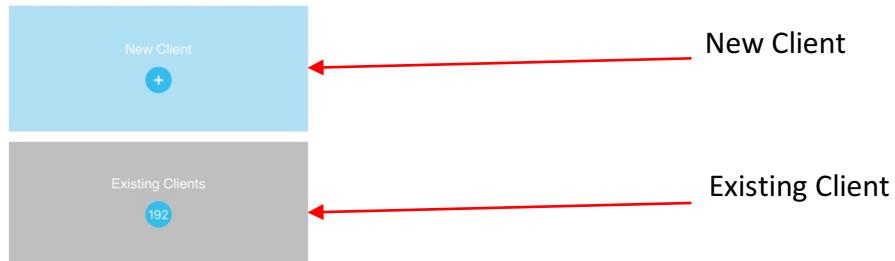
Visit either the Apple app store or the Google play store:



2 Overview of the iTovi app

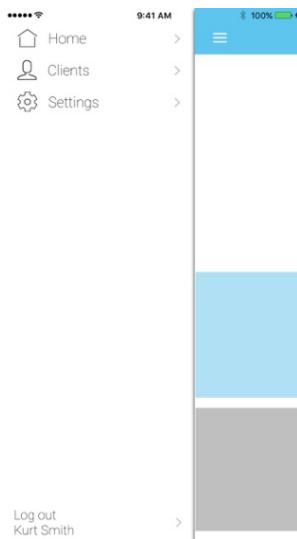


Menu

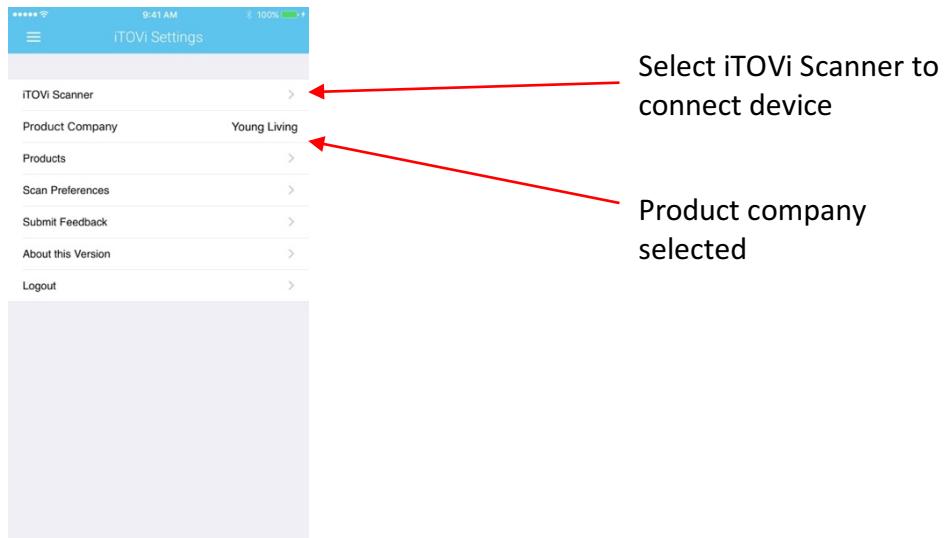


3 Menu – In the menu there are three options:

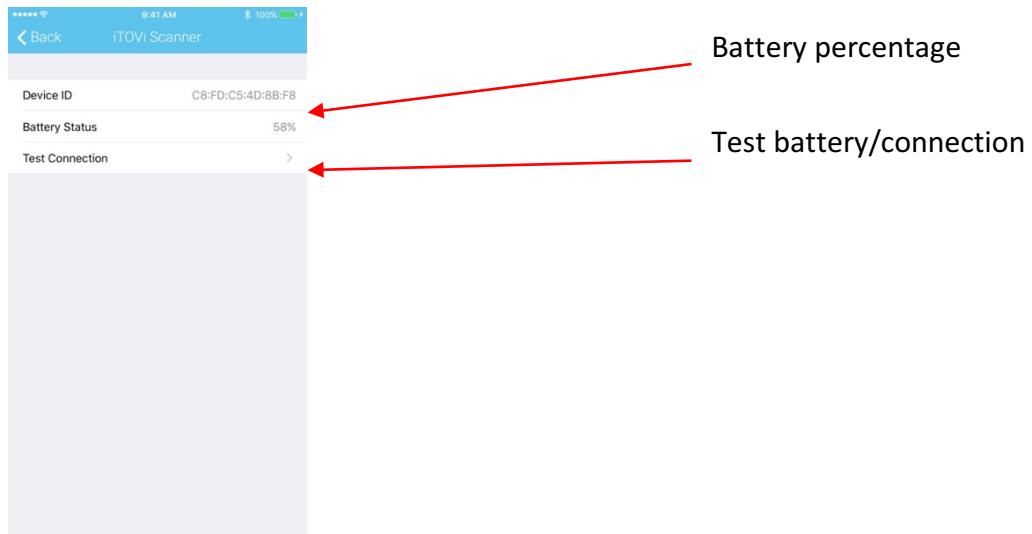
- 1 Home
- 2 Clients
- 3 Settings



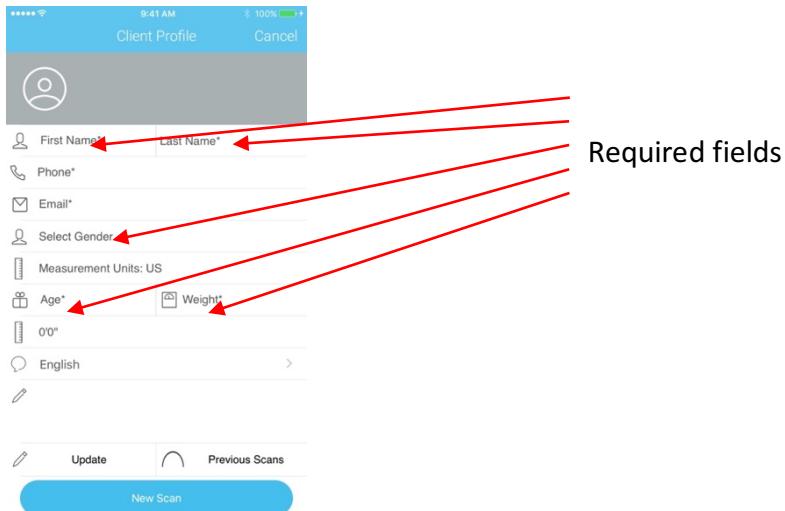
4 Settings



5 Connecting device

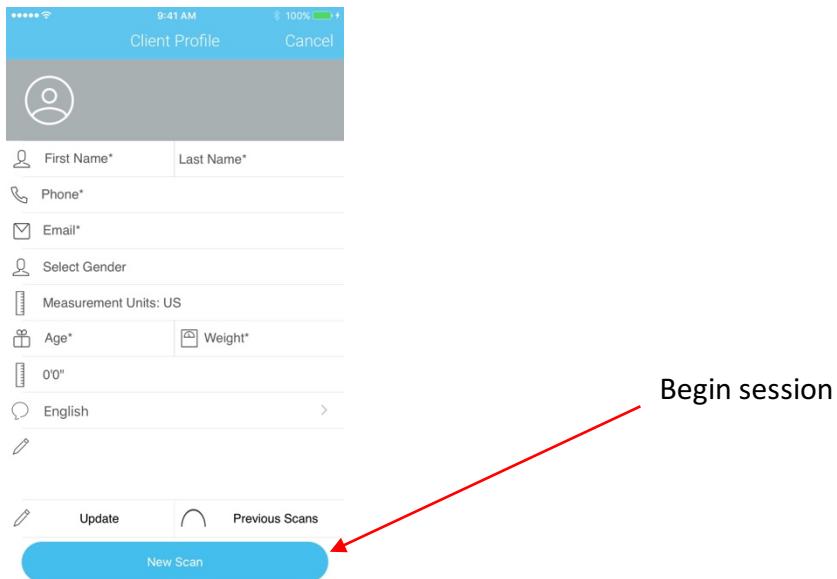


6 Session requirements



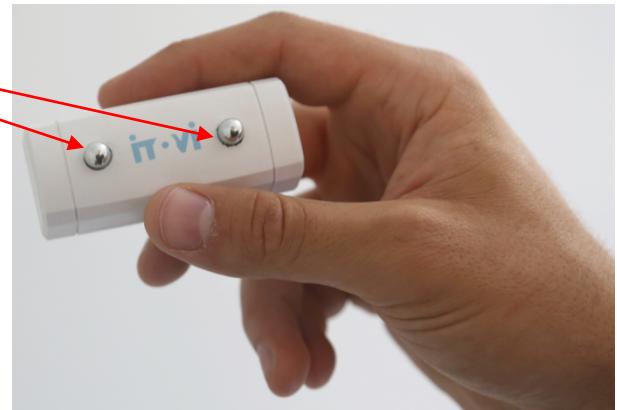
Required fields

7 Running a session



8.a How to hold the iTovi Nutrition Tracker

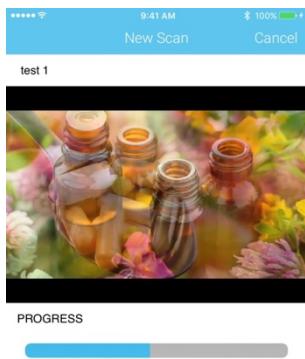
Both sensors need to be touching skin (most people simply grip the device like gripping a steering wheel)



Example of properly holding the iTovi Nutrition Tracker



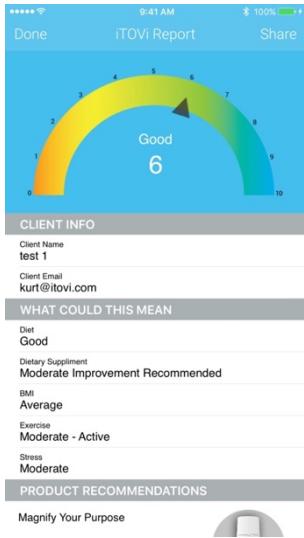
9 During session



Informational video plays during session

Session progress bar

10 Getting and sending report



11 Send report

