

1. 纸张：127克双铜

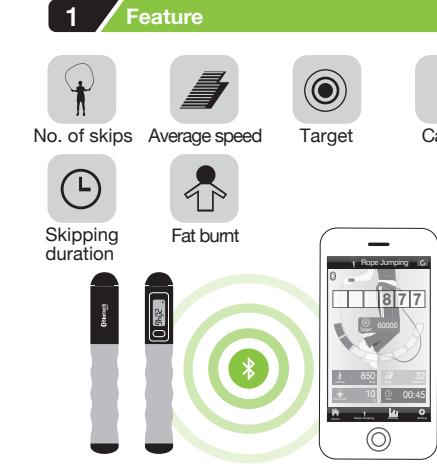
2. 两色 / 双面印刷

3. 按红色虚线折叠，要求折好后，两个渐变色的页面分别为表面和底面。

专色：PANTONE 375 C (绿色)



## BLE Rope Jumping-BT007 QUICK START GUIDE

Compatibility:  
Required iOS 6 or aboveCompatibility:  
Required Android 4.3 or above  
Bluetooth 4.0

\* -If there is no button pressed for 3 minutes, LCD will be off.  
-In power down mode, the LCD can be re-activated by pushing the button once or activated by skipping sensed. Display will show present day number of skips.



Read more &gt;&gt;



正面

## 4 / Bluetooth Connection Mode

1). Download and install [MyWay Fit] , open the APP:



2). In Homepage, click [Rope Jumping] .



3). Select and click the [Settings] page. Then, Settings → Connection → Rope Jumping and display the right:



4). When power on reset or press [Reset] key, LCD full segment display on for 2s, then show version no. for 2s.



5). Press [Mode] key &gt; 2s to start Bluetooth connection for device activation:



6). If mobile phone have found the device, it will show on the mobile phone (named : BT007xxxx), click this device name on the mobile phone for pairing and connection.

7). If connection is successful, show as below:



8). Then, time and date is synchronized with phone to activate the device. Once activated, device will enter Daily Skips mode.

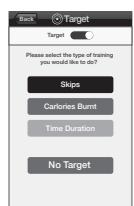
\* -In any mode, press and hold the [Mode] key over 2s to turn on/off the Bluetooth connection.  
-When the Bluetooth is connected, the skip counting will still work for skips count, calories, fat burnt, activity time, speed...  
-The past 14 days records + present day record will be stored for DAILY SKIPS, DAILY SKIPPING DURATION.

## 5 / Target Setting

1). Daily target can be set by APP for :

- Skips
- Calories Burnt
- Time Duration

2). Once daily target set by APP, device will keep track of daily skips /calories burnt/ time duration and display on the LCD the progress of reaching the target as follows: (example below using 1000 skips per day set as target)



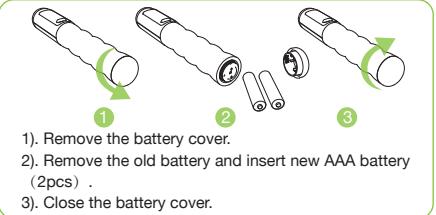
3). The above display result will be cleared to 0 at 00:00 every day.

4). In case the target is set/changed by the APP in the middle of the day, the number of skips /calories burnt/ time duration already accumulated in that day will be immediately counted into the target reaching progress.

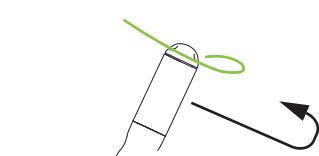
5). Beeping sound will be in the format of 2 beeps in first half second, and silent in second half second, continuing under button is pressed. Upon button pressed, the target bars will stop flashing and beeping alarm will be stopped, the result will not be reset until the time reaches 00:00.



## 6 / Battery Replacement



## 7 / Adjust the length of the rope



You could adjust the length of the rope by yourself, and fasten the rope by turning around the rolling head.



Adjust method of rope for new user:  
Stamp one side by foot, and lift the other end to your armpit. you could adjust the rope length flexibly according to your skill.

### FCC Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

### FCC Statement

This device complies with FCC radiation exposure limits set forth for an uncontrolled environment. This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

### Caution!

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

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