



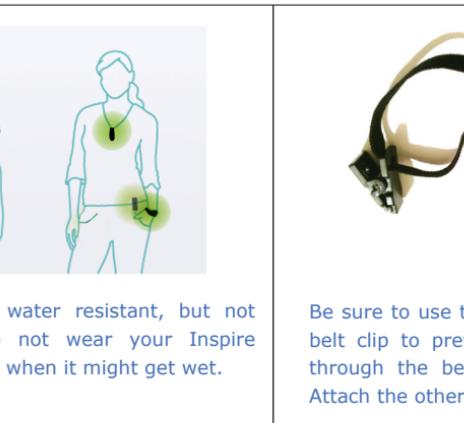
**1 Getting Started**  
Your Wireless Activity Tracker Box includes:  

- Inspire Activity Tracker
- USB cable
- USB Dongle
- Wristband
- Belt clip
- Lanyard
- User manual

**2** To save battery life, your Inspire Activity Tracker arrives in hibernation mode. Press and hold down the button to activate the Inspire. The progress bar will change from empty to full to indicate full activation as below. Your Inspire will not arrive fully charged.

**3** Display Modes on Your Inspire Activity Tracker. To rotate through screens, press the top button.

**4 How to wear the Inspire**  
The Inspire can be worn:  
1. on it's own  
2. in clip with lanyard  
3. on the wrist using the wristband.  
  
You might have to try different locations to see what works the best for you in terms of accuracy.  
  
The Inspire is water resistant, but not waterproof. Do not wear your Inspire during activities when it might get wet.



**5 Battery charge**  
  
-When the battery power is low, the 10% battery mark will show to remind you to charge your battery.  
-It takes about one to two hours to recharge an empty battery. You can charge more frequently for shorter time periods to provide enough battery life until you can do a longer charge (this may shorten battery life).  
  
Be sure to use the lanyard when using the belt clip to prevent loss. Loop the string through the belt clip a couple of times. Attach the other end to your clothing.

-Full battery will last a minimum of 3 days, but will typically last 5-7 days.  
To charge the battery, plug the Inspire into the PC computer via the USB cable. The indicator will show the charge level.  
  
Note: Even if the Tracker is not in use, please charge the battery at least once a month to prolong battery life.



**6** Install the PC software at: [www.walkingspree.com/setup](http://www.walkingspree.com/setup)  
Plug one end of your USB cable in to the Inspire and the other end into an available USB port on your PC computer.  
  
iPhone App Setup: [www.walkingspree.com/mobile](http://www.walkingspree.com/mobile)

**7** After plugging in your Tracker, a menu screen will appear on your PC, select the "Register Tracker" option. Enter your current Walkingspree Username and password.

**8** Upon receiving "Device Successfully Registered" message, unplug the Inspire from the USB port. During registration the time on your tracker will be synced to your local time.

**9** Insert the bluetooth wireless dongle into any available USB port. Your Inspire should automatically pair to your bluetooth dongle when you are within 20 feet of the dongle.

**Inspire Care & Maintenance**  
**Battery Care**  

- Do not burn or bury batteries.
- Do not puncture or crush.
- Do not disassemble.
- Recycle Li-Polymer batteries. Do not dispose of in the trash.
- Use only chargers rated for Li-Polymer cells. Be sure the charger's voltage and current settings are correct for the battery pack being charged.
- If the cabinet becomes dusty, wipe it with a soft dry dust cloth. Do not use any wax or polish sprays on the device.
- Charge batteries on a fireproof surface away from flammable items or liquids.
- Batteries should NEVER be left unattended while charging. Only adults should charge the batteries.
- Follow instructions for charging the product and do not charge longer than recommended. Unplug the charger when the battery is charged or not in use.

**CAUTION:** Never allow any water or other liquids to get inside the unit while cleaning.

**Specifications**  
**CLEANING THE UNIT**  

- Do not burn or bury batteries.
- Do not puncture or crush.
- Do not disassemble.
- Recycle Li-Polymer batteries. Do not dispose of in the trash.
- Use only chargers rated for Li-Polymer cells. Be sure the charger's voltage and current settings are correct for the battery pack being charged.
- If the cabinet becomes dusty, wipe it with a soft dry dust cloth. Do not use any wax or polish sprays on the device.
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**Support:** <http://support.walkingspree.com>  
**Phone:** 1-877-89-9255, select 1 for Support

**COMPLIANCE WITH FCC REGULATIONS**  
This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:  
(1) this device may not cause harmful interference, and  
(2) this device must accept any interference received, including interference that may cause undesired operation.  
NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:  
- Relocate the receiving antenna.  
- Increase the separation between the equipment and receiver.  
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.  
- Consult the dealer or experienced radio/TV technician for help.

**CAUTION:** Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

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