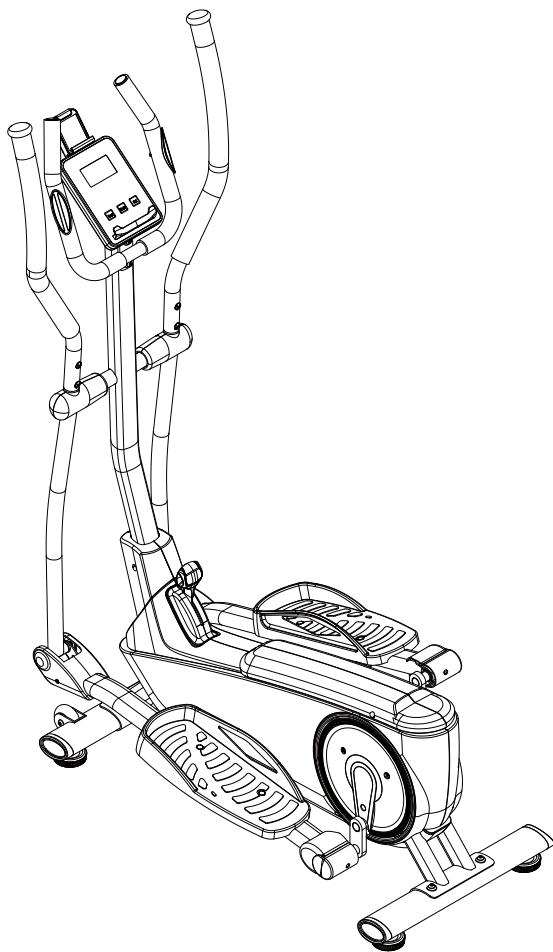


# **JOROTO<sup>®</sup>**

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## User Manual



### **JOROTO-JE30**

ELLIPTICAL MACHINE



# CONTENTS

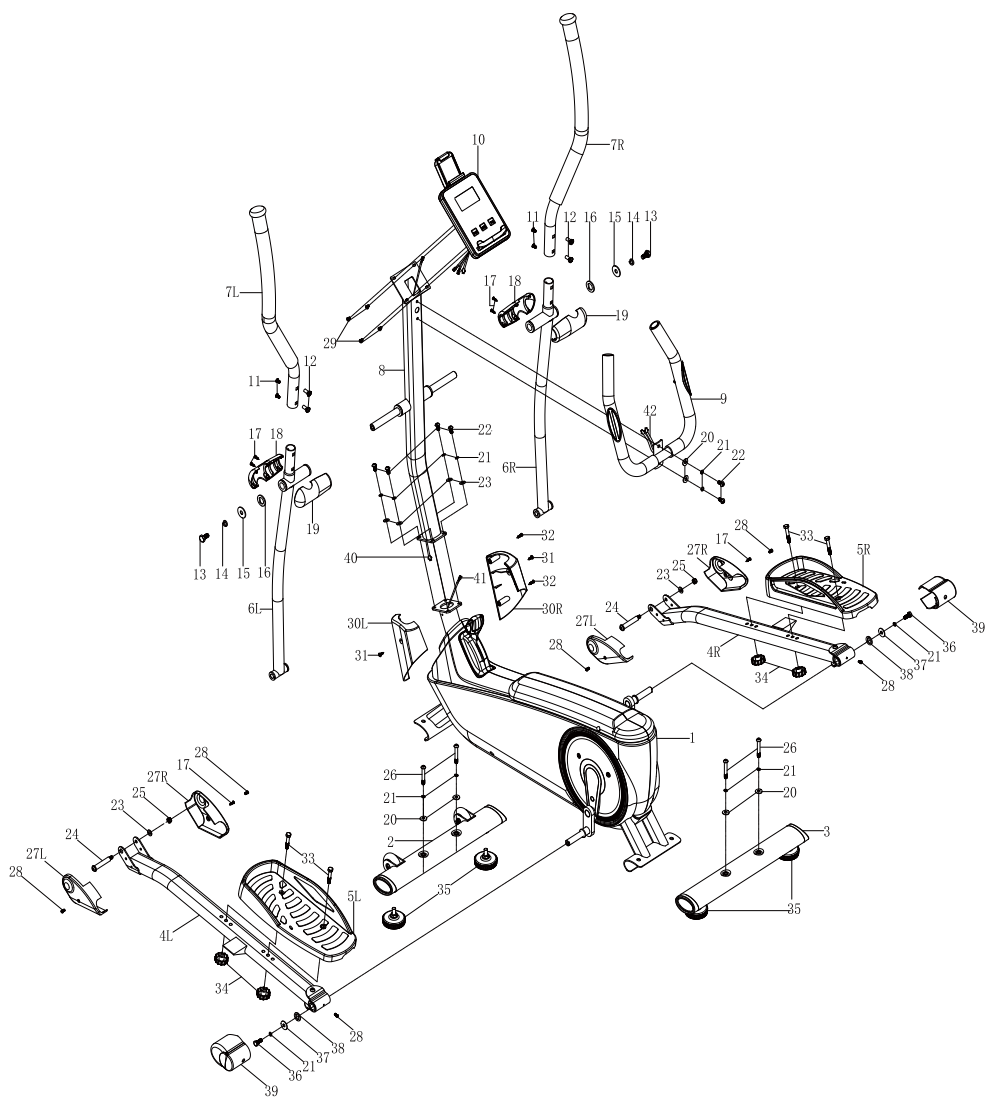
|                                 |    |
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Read all instructions carefully before using this product. Retain this owner's manual for future reference. If you have any inquiries or require further assistance, please contact JOROTO Customer Support.

**Scan the Instagram QR Code to reach us online!**

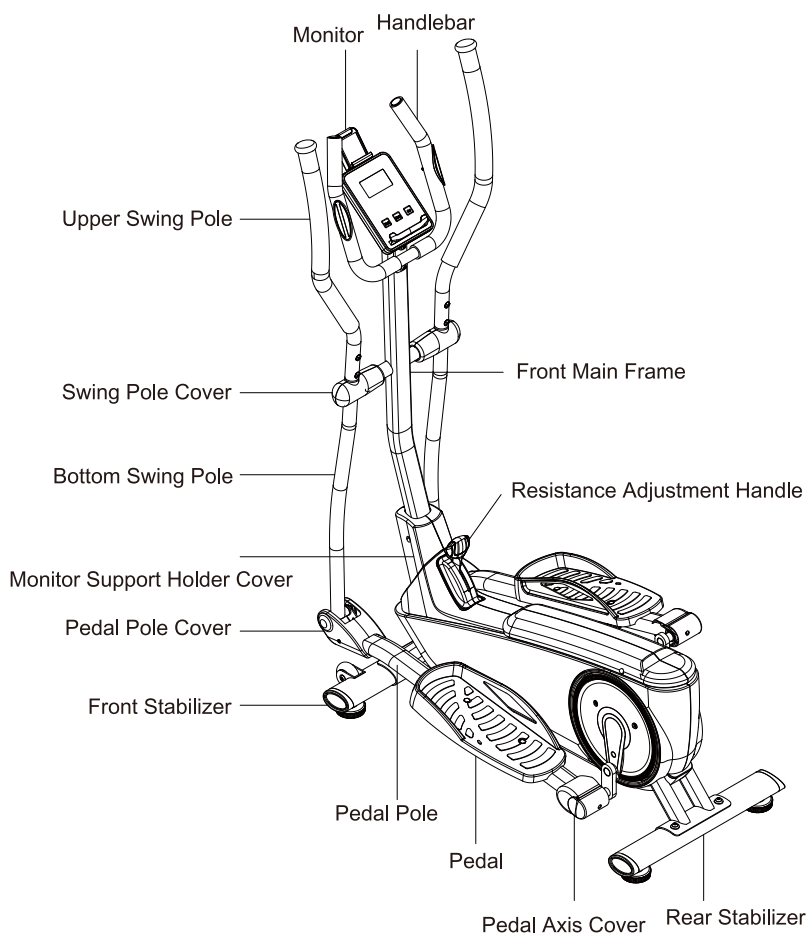
**Email: [support@jorotofitness.com](mailto:support@jorotofitness.com)**



| NO. | Name                             | Name                                       | Spec.                                     | QTY.       |
|-----|----------------------------------|--------------------------------------------|-------------------------------------------|------------|
| 1   | Rear main frame                  | Hinterer Hauptrahmen                       | Châssis principal arrière                 | 1          |
| 2   | Front stabilizer                 | Vorderes Fußrohr                           | Stabilisateur avant                       | 1          |
| 3   | Rear stabilizer                  | Hinteres Fußrohr                           | Stabilisateur arrière                     | 1          |
| 4   | Pedal pole L/R                   | Pedalstange L/R                            | Pôle de pédale L/R                        | 1/1        |
| 5   | Pedal L/R                        | Pedal L/R                                  | Pédale L/R                                | 1/1        |
| 6   | Bottom swing pole L/R            | Untere Schwenkstange L/R                   | Poteau basculant L/R                      | 1/1        |
| 7   | Upper swing pole L/R             | Obere Schwenkstange L/R                    | Poteau pivotant supérieur L/R             | 1/1        |
| 8   | Front main frame                 | Vorderer Hauptrahmen                       | Châssis principal avant                   | 1          |
| 9   | Handlebar                        | Lenker                                     | Guidon                                    | 1          |
| 10  | Monitor                          | Boardcomputer                              | Moniteur                                  | 1          |
| 11  | Hexagon Socket Screws            | Innensechskantschrauben                    | Vis à six pans creux                      | M6*12      |
| 12  | Screw                            | Schraube                                   | Vis                                       | M6         |
| 13  | Hexagon Screw                    | Sechskantschraube                          | Vis hexagonale                            | M10*20     |
| 14  | Elastic washer                   | Elastische Unterlegscheibe                 | Rondelle élastique                        | ø10        |
| 15  | Flat gasket                      | Flache Unterlegscheibe                     | Joint plat                                | ø10*32*2.0 |
| 16  | D-gasket                         | D-Dichtung                                 | Joint D                                   | -          |
| 17  | Screw                            | Schraube                                   | Vis                                       | ST4,2*16   |
| 18  | Front swing pole cover           | Vordere Schwingstangenabdeckung            | Couverture de poteau pivotant avant       | 2          |
| 19  | Rear swing pole cover            | Hintere Schwingstangenabdeckung            | Cache-poteau pivotant arrière             | -          |
| 20  | Curved gasket                    | Gebogene Dichtung                          | Joint courbé                              | ø8*20      |
| 21  | Elastic washer                   | Elastische Unterlegscheibe                 | Joint élastique                           | ø8         |
| 22  | Hexagon Socket Screws            | Innensechskantschraube                     | Vis à six pans creux                      | M8*16      |
| 23  | Flat washer                      | Flache Unterlegscheibe                     | Rondelle plate                            | ø8*17      |
| 24  | Bottom swing pole screw kit      | Schraubensatz für die untere Schwenkstange | Kit de vis pour poteau pivotant inférieur | M12*75     |
| 25  | Nylon Nut                        | Nylonmutter                                | Ecrou en nylon                            | M8         |
| 26  | Hexagon Socket Screws            | Innensechskantschraube                     | Vis à six pans creux                      | M8*55      |
| 27  | Pedal pole cover L/R             | Pedalstangenabdeckung L/R                  | Couvre poteau de pédale L/R               | -          |
| 28  | Phillips screw                   | Kreuzschlitzschraube                       | Vis cruciforme                            | M5*10      |
| 29  | Phillips screw                   | Kreuzschlitzschraube                       | Vis cruciforme                            | M5*15      |
| 30  | Monitor support holder cover L/R | Monitorhalterungsabdeckung L/R             | Couverde du support de moniteur L/R       | 1/1        |
| 31  | Phillips flat head screw         | Kreuzschlitz-Flachkopfschraube             | Vis cruciforme à tête plate               | ST5*15     |
| 32  | Phillips round head screw        | Kreuzschlitz-Rundkopfschraube              | Vis à tête ronde Phillips                 | ST5*15     |
| 33  | Hex screw                        | Sechskantschraube                          | Vis hexagonale                            | M8*45      |
| 34  | Bolt                             | Mutter                                     | Boulon                                    | -          |
| 35  | Foot pad                         | Stopper                                    | Coussin de pied                           | -          |
| 36  | Hex screw                        | Sechskantschraube                          | Vis hexagonale                            | M8*20      |
| 37  | Flat washer                      | Flache Unterlegscheibe                     | Rondelle plate                            | ø8*25      |
| 38  | Double D-washer                  | Doppelte D-Dichtung                        | Rondelle double D                         | -          |
| 39  | Pedal axis cover                 | Pedalachsenabdeckung                       | Cache axe de pédale                       | -          |
| 40  | Middle section of sensor cable   | Mitteltteil des Sensorkabels               | Section médiane du câble du capteur       | 1          |
| 41  | Down section of sensor cable     | Unterteil des Sensorkabels                 | Section inférieure du câble du capteur    | -          |
| 42  | Pulse cable                      | Impulskabel                                | Câble d'impulsion                         | 2          |

| NO. | Nome                                      | Name                                                 | SPEC.      | QTY. |
|-----|-------------------------------------------|------------------------------------------------------|------------|------|
| 1   | Telaio principale posteriore              | Marco principal trasero                              | -          | 1    |
| 2   | Stabilizzatore anteriore                  | Estabilizador delantero                              | -          | 1    |
| 3   | Stabilizzatore posteriore                 | Estabilizador trasero                                | -          | 1    |
| 4   | Asta del pedale L / R                     | Tubo de pedal izquierdo / derecho                    | -          | 1/1  |
| 5   | Pedale L / R                              | Pedal izquierdo / derecho                            | -          | 1/1  |
| 6   | Asta altalena inferiore L / R             | Barra oscilante inferior izquierda / derecha         | -          | 1/1  |
| 7   | Asta oscilante superiore L / R            | Barra oscilante superior izquierda / derecha         | -          | 1/1  |
| 8   | Telaio principale anteriore               | Marco principal delantero                            | -          | 1    |
| 9   | Manubrio                                  | Manillar                                             | -          | 1    |
| 10  | Tenere sotto controllo                    | Monitor                                              | -          | 1    |
| 11  | Viti a esagono incassato                  | Tornillo hexagonal                                   | M6*12      | 4    |
| 12  | Vite                                      | Tornillo                                             | M6         | 4    |
| 13  | Vite esagonale                            | Tornillo hexagonal interior                          | M10*20     | 2    |
| 14  | Elastico rondella                         | Arandela elástica                                    | φ10        | 2    |
| 15  | Guarnizione piatta                        | Arandela plana                                       | φ10*32*2.0 | 2    |
| 16  | D-guarnizione                             | Arandela en forma de D                               | -          | 2    |
| 17  | Vite                                      | Tornillo                                             | ST4,2*16   | 6    |
| 18  | Copertura del palo oscillante anteriore   | Tapa de la barra oscilante delantera                 | -          | 2    |
| 19  | Copertura palo oscillante posteriore      | Tapa de la barra oscilante trasera                   | -          | 2    |
| 20  | Guarnizione curva                         | Arandela doblada                                     | φ8*20      | 6    |
| 21  | Elastico rondella                         | Arandela elástica                                    | φ8         | 12   |
| 22  | Viti a esagono incassato                  | Tornillo hexagonal interior                          | M8*16      | 4    |
| 23  | Rondella piatta                           | Arandela plana                                       | φ8*17      | 6    |
| 24  | Kit viti per asta oscillante inferiore    | Kit de tornillo de barra oscilante inferior          | M12*75     | 2    |
| 25  | Dado in nylon                             | Tuerca de nylon                                      | M8         | 2    |
| 26  | Viti a esagono incassato                  | Tornillo hexagonal interior                          | M8*55      | 4    |
| 27  | asta pedale L / R                         | Cubierta de la barra de pedales izquierda / derecha  | -          | 2/2  |
| 28  | Vite a croce                              | Tornillo Phillips                                    | M5*10      | 6    |
| 29  | Vite a croce                              | Tornillo Phillips                                    | M5*15      | 4    |
| 30  | Coperchio supporto supporto monitor L / R | Cubierta del soporte del monitor izquierda / derecha | -          | 1/1  |
| 31  | Vite a testa piatta Phillips              | Tornillo de cabeza plana cruzado                     | ST5*15     | 2    |
| 32  | Vite a testa tonda Phillips               | Tornillo de cabeza redonda cruzado                   | ST5*15     | 2    |
| 33  | Vite esagonale                            | Tornillo hexagonal                                   | M8*45      | 4    |
| 34  | Bullone                                   | Perno                                                | -          | 4    |
| 35  | Cuscinetto per i piedi                    | Tapón                                                | -          | 4    |
| 36  | Vite esagonale                            | Tornillo hexagonal                                   | M8*20      | 2    |
| 37  | Rondella piatta                           | Arandela plana                                       | φ8*25      | 2    |
| 38  | Rondella doppia D                         | Arandela doble en forma de D                         | -          | 2    |
| 39  | Pedale _ copertura dell'asse              | Tapa del eje del pedal                               | -          | 2    |
| 40  | Sezione centrale del cavo del sensore     | Sección media del cable del sensor                   | -          | 1    |
| 41  | Sezione inferiore del cavo del sensore    | Sección inferior del cable del sensor                | -          | 1    |
| 42  | Cavo a impulsi                            | Cable de pulso                                       | -          | 2    |

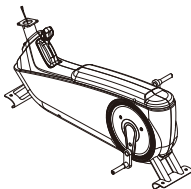
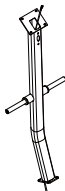
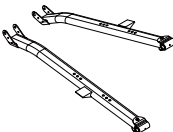
## PRODUCT BRIEF



# TECHNICAL PARAMETERS

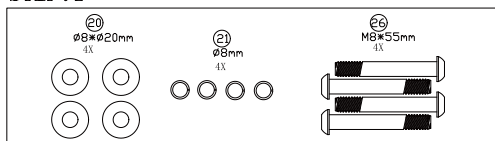
|                  |                                |
|------------------|--------------------------------|
| Model            | JE30                           |
| Dimension        | 1178*578*1587 mm/46*23*62 inch |
| Speed Ratio      | 1:8.5                          |
| Flywheel Weight  | 6KG                            |
| Resistance Level | 8                              |
| Stride Length    | 380 mm                         |

# PRODUCT PARTS DIAGRAM

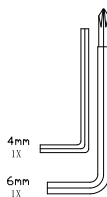
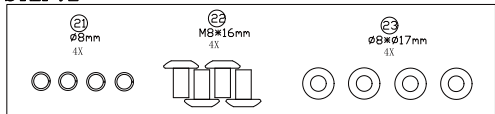
|                                                                                                 |                                                                                                 |                                                                                                |                                                                                             |
|-------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
| <br>N0:1       | <br>N0:2       | <br>N0:3      |                                                                                             |
| <br>N0:6L/R    | <br>N0:8       | <br>N0:30L/R  |                                                                                             |
| <br>N0:39L/R | <br>N0:18/19 | <br>N0:7L/R | <br>N0:9 |
| <br>N0:10    | <br>N0:4L/R  | <br>N0:5L/R |                                                                                             |



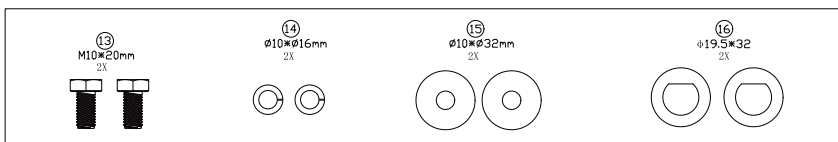
### STEP:1



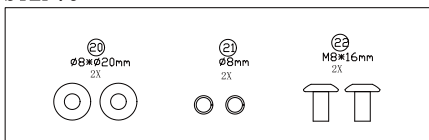
### STEP:2



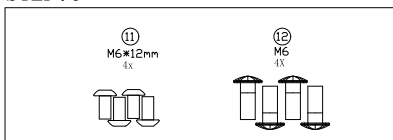
### STEP:3



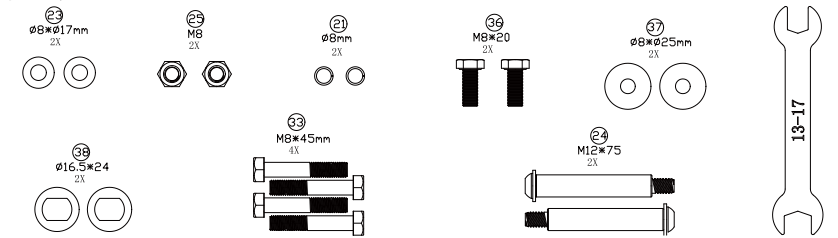
### STEP:5



### STEP:6



### STEP:4



| No. | Name                  | Spec.        | Qty. | No. | Name                        | Spec.     | Qty. |
|-----|-----------------------|--------------|------|-----|-----------------------------|-----------|------|
| 11  | Hexagon Socket Screws | M6X12        | 4    | 26  | Hexagon Socket Screws       | M8*55     | 4    |
| 12  | Screw                 | M6           | 4    | 24  | Bottom swing pole screw kit | M12*75    | 2    |
| 13  | Hex screw             | M10*20       | 2    | 25  | Nylon Nut                   | M8        | 2    |
| 14  | Elastic washer        | Φ10          | 2    | 33  | Hex screw                   | M8*45     | 4    |
| 15  | Flat gasket           | Φ10*32*2.0   | 2    | 36  | Hex screw                   | M8*20     | 2    |
| 16  | D-gasket              | φ19.5*32*2.5 | 2    | 37  | Flat washer                 | φ8*25     | 2    |
| 20  | Curved gasket         | φ8*20*1.5    | 6    | 38  | Double D-washer             | φ16.5*25  | 2    |
| 21  | Elastic washer        | φ8           | 12   |     | Hexagon socket wrench       | 4 mm      | 1    |
| 22  | Hexagon Socket Screws | M8*16        | 6    |     | Open wrench                 | 13 / 17mm | 1    |
| 23  | Flat washer           | φ8*17*1.5    | 6    |     | Hexagon socket wrench       | 6 mm      | 1    |

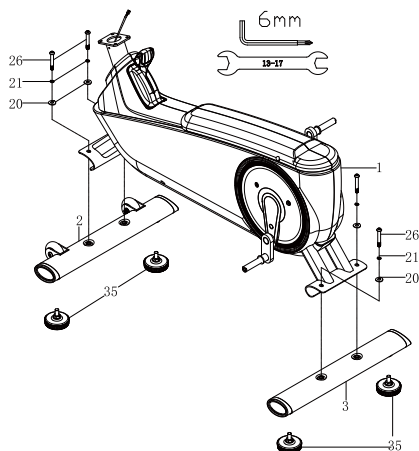
# ASSEMBLY INSTRUCTION

## STEP 1

1. Assemble 4pcs Foot pads (35) on the Front stabilizer (2) and Rear stabilizer (3).

2. Assemble Front stabilizer (2) on the Rear main frame (1), use 2pcs Curved gaskets (20), 2pcs Elastic washers (21), and 2pcs Hexagon socket screws (26) to fix them.

3. Use the same way to assemble the Rear stabilizer (3).



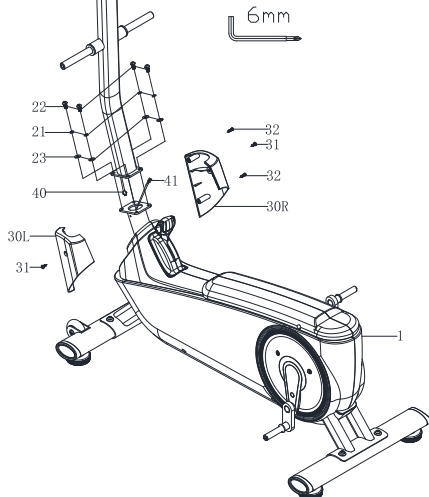
## STEP 2

1. Remove 2pcs Phillips flat head screws (31), and 2pcs Phillips round head screws (32) from both the Monitor support holder cover (30L/R) and Rear main frame (1).

2. Connect the Middle section of sensor cable (40) in the Front main frame (8) with the Down section of sensor cable (41) on the Rear main frame (1).

3. Assemble Front main frame (8) on Rear main frame (1), use 4pcs Flat washers (23), 4pcs Elastic washers (21), and 4pcs Hexagon socket screws (22) to fix them.

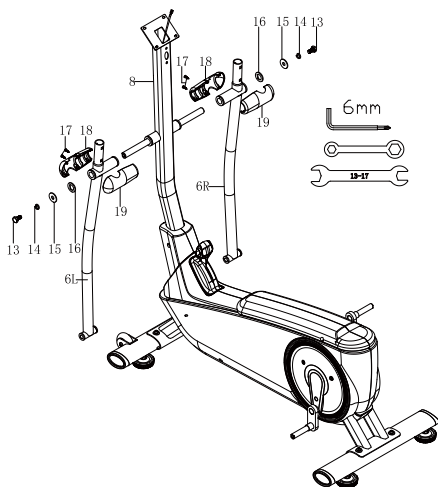
4. Assemble Monitor support holder cover (30L/R) on Rear main frame (1), use 2pcs Phillips flat head screws (31), and 2pcs Phillips round head screws (32) to fix them.



## STEP 3

1. Assemble the Bottom swing pole L/R (6L/R) on the Front main frame (8), use 1pc D-gasket (16), and Flat gasket (15), Elastic washer (14), and Hexagon Screw (13) to fix it on both sides.

2. Assemble the Front swing pole cover (18) and Rear swing pole cover (19) on the Bottom swing pole L/R (6L/R), use 2pcs Screws (17) to fix them on both sides.



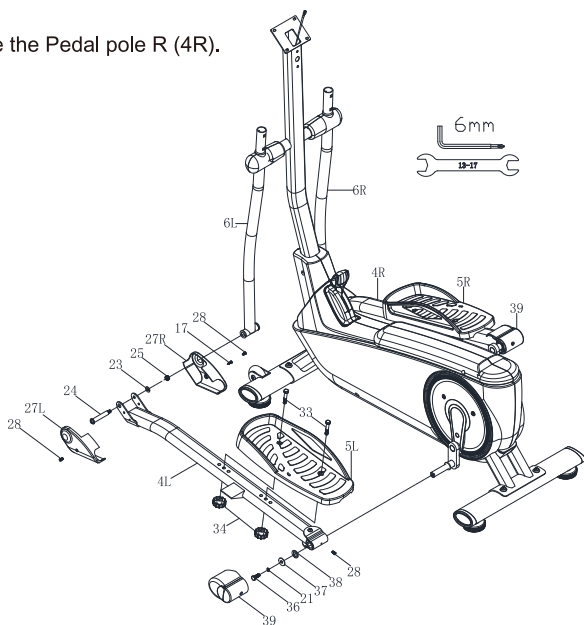
## STEP 4

1. Assemble the Pedal L (5L) on the Pedal pole L (4L), use 2pcs Hex screws (33) and 2pcs Bolts (34) to fix it.

2. Assemble the Pedal pole L (4L) on the left side of the main frame, use 1pc Double D-gasket (38), Flat washer (37), Elastic washer (21), Hex screw (36) to fix it. Then assemble the Pedal axis cover (39) on the back of the Pedal pole L (4L), and use 1 Phillips screw (28) to fix it.

3. Assemble the Bottom swing pole L (6L) on the Pedal pole L (4L), use the Bottom swing pole screw kit (24), Flat washer (23), Nylon Nut (25) to fix it. Then, assemble the Pedal pole cover (27 L/R) on the Pedal pole L (4L), use 2pc Phillips screw (28), and 1pc Screw (17) to fix it.

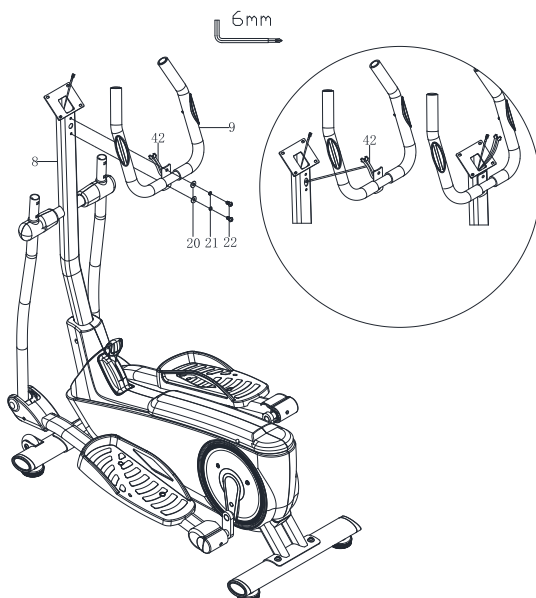
4. Use the same way to assemble the Pedal pole R (4R).



## STEP 5

1. Pass the Pulse cable (42) through the round hole on the Front main frame (8).

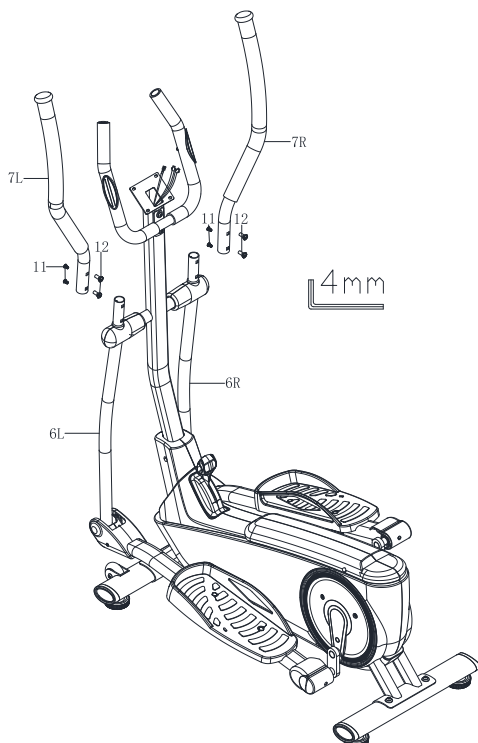
2. Assemble Handlebar (9) on the Front main frame (8), use 2pcs Curved gaskets (20), 2pcs Elastic washers (21), 2pcs Hexagon round head socket screws (22) to fix it.



## STEP 6

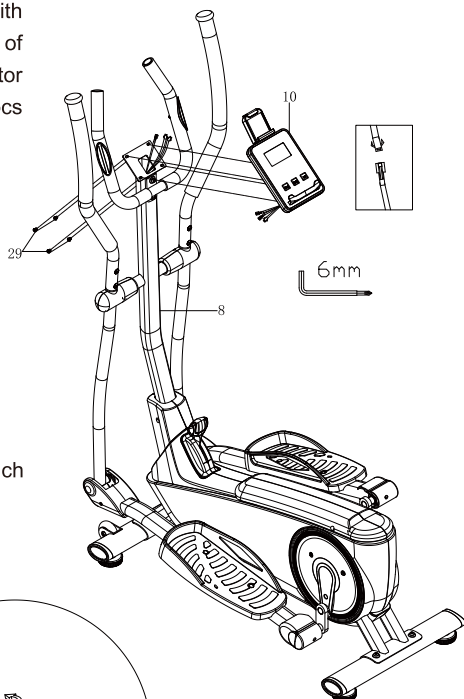
Assemble the Upper swing pole L (7L) on the Bottom swing pole L (6L), use 2pcs Hexagon Socket Screws (11) and 2pcs Screws (12) to fix it.

Use the same way to assemble the Upper swing pole R (7R).

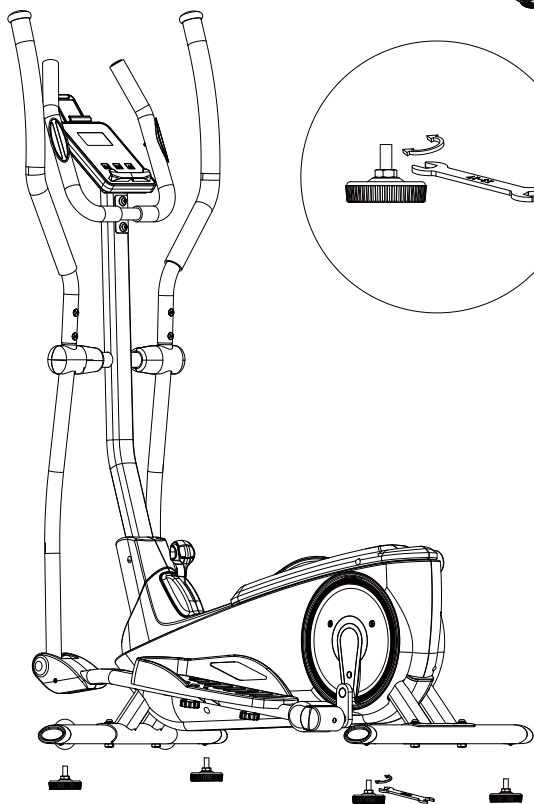


## STEP 7

First, connect the cable of the Monitor (10) with the Middle section of the sensor cable (40) of the Front main frame. Then, fix the Monitor (10) on the Front main frame (8), and use 4pcs Phillips flat head screws (29) to fix it.



If the ground is uneven, please use a wrench to adjust the pads.



# MONITOR INSTRUCTION MANUAL

## DISPLAY FUNCTION

|          |                                                                                    |
|----------|------------------------------------------------------------------------------------|
| SCAN     | The sequence of display when pressing the MODE key: TIME→SPEED→DIST→ODO→CAL→PULSE  |
| TIME     | It is used to record the time value when you exercising.<br>Range 0:00 ~ 99:59     |
| SPEED    | It is used to record the speed value when you exercising.<br>Range 0~ 999.9 km/h   |
| DISTANCE | It is used to record the distance value when you exercising.<br>Range 0~ 999.9 km  |
| ODOMETE  | It is the total mileage range value of the monitor.<br>Range 0~ 9999 km            |
| CALORIES | It is used to record the calorie value you burn during exercise.<br>Range 0~ 999.9 |
| PULSE    | ——                                                                                 |

## KEY FUNCTION

|       |                                                                                                                                               |
|-------|-----------------------------------------------------------------------------------------------------------------------------------------------|
| MODE  | 1. Choose each function by pressing MODE key.<br>2. Press and hold MODE key to reset all functions.                                           |
| SET   | In TIME, DISTANCE, CALORIE mode, press SET key to increase value. Press and hold the key to increase value faster.                            |
| RESET | 1. In setting mode, press RESET key once to reset the current function figures.<br>2. Press RESET key and hold to reset all function figures. |

## TARGET TRAINING SETTINGS

This monitor has three target training modes: TIME, DISTANCE, and CALORIES (When switching to the target function, if the SCAN font flashes on the display, you need to press the MODE button again to make the SCAN word disappear before you can set it.)

1. Time Target Training Mode: First press the "mode" button to switch to the "time" function, then press the "set" button to set the target time (press and hold the set button to speed up the setting speed). When the desired time is reached, stop the button. Then start using the machine and the display will start counting down. When the countdown reaches 0, the time function flashes, indicating that the training goal has been completed. If you continue to train at this time, the monitor will automatically start counting from 0.

2. You can set the Distance Target Training Mode and Calorie Target Training Mode in the same way.

During the setting process or after the setting is completed, if you want to modify the target data, you can directly press the RESET button to clear the current setting, and then reset it according to the previous description.



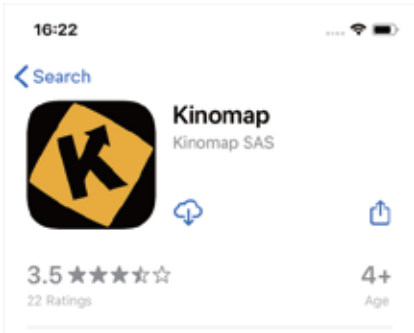
## NOTICE

When you stop exercising for 4 seconds, the display will stop calculating, the data will be reset to 0, and "STOP" will be displayed on the screen.

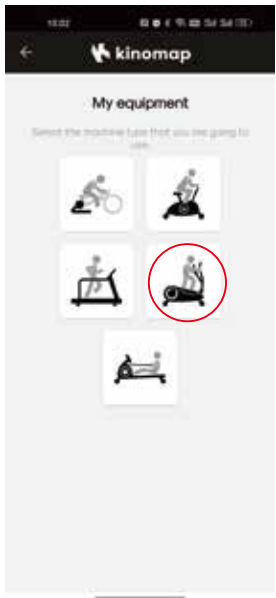
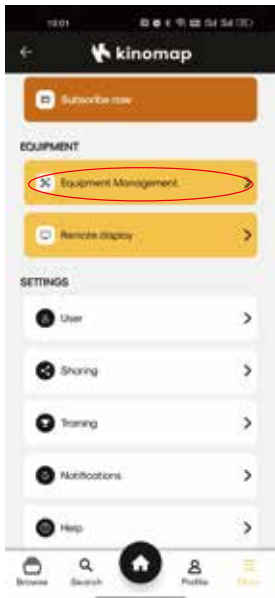
When you start exercising, the display will automatically start counting, and "STOP" will disappear.

# APP OPERATION

1) Search "KINOMAP" in the mobile app store to download the app.



- 2) After the download is complete, open the APP and register your personal information, turn on the Bluetooth of your mobile phone, and make sure that the monitor is powered on and awake.
- 3) Add sports equipment, the specific operations are as follows:





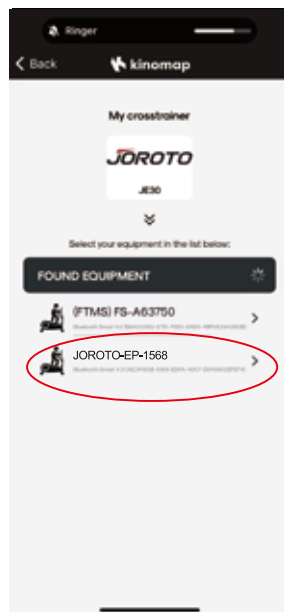
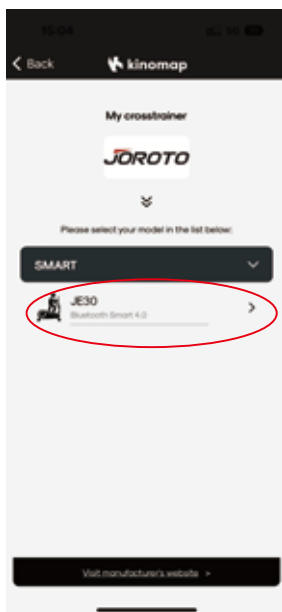
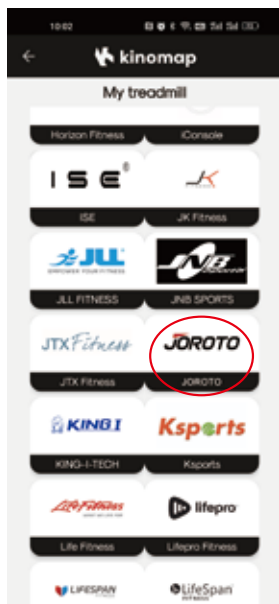
Select "JOROTO"



Select "JE30"



Found Equipment



4) After the equipment is connected, choose the scene you like and start your workout!

## FCC WARNING STATEMENT

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

## ISED CANADA STATEMENT

This device contains licence-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada 's licence exempt RSS(s). Operation is subject to the following two conditions:

- 1) this device may not cause interference and
- 2) this device must accept any interference, including interference that may cause undesired operation of the device.

Radiation Exposure: This equipment complies with Canada radiation Exposure limits set forth for an uncontrolled environment to maintain compliance with IC's RF Exposure guidelines. This device and its antenna(s) must not be co-located or operation in conjunction with any other antenna or transmitter.

Déclaration du Canada:

Ce dispositif contient un (S) émetteur (S)/ récepteur (S) exempté (S) de licence qui respecte l'innovation,

Science et développement économique Canada a exempté le ou les RSS de licence. L'exploitation est soumise aux deux conditions suivantes:

- 1) cet appareil ne doit pas causer d'interférences et
- 2) ce dispositif doit accepter toute interférence, y compris toute interférence pouvant entraîner un fonctionnement indésirable du dispositif.

Exposition au rayonnement: cet équipement est conforme au rayonnement Canada

Les limites d'exposition fixées pour un environnement non contrôlé afin de maintenir la conformité avec les lignes directrices d'exposition aux RF d'IC. Ce dispositif et ses antennes ne doivent pas être co-localisés ni fonctionner en conjonction avec une autre antenne ou un autre émetteur.



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