



ember the following tips when you Please remember the 10 lowing tips when you maintain your Smart Watch: -Clean the Smart Watch regularly, especially its inner side, and keep it dry. -Adjust the Smart Watch rightness to ensure air circulation. Circulation of the wrist wearing the Smart Watch. -Please cease wearing the Smart Watch. -Please cease wearing the Smart Watch in case of skin allergy or any discomfort.

## Schematic diagram of main body of the Smart Watch



Long press the side button for 3 seconds or plug in the Magnetic charging cable to charge the Smart Watch.

## Welcome to use our high-performance wrist-band Smart Watch which creates thoughtful and health experience for you



APP Store Du Fit

Note: your mobile phone must support Android 5.1 or IOS 8.0 or above, and Bluetooth 4.0 or









Blue ooth call connect
Address After the APP successfully connects to
Address After the APP successfully connects to
Address After the APP successfully pop up a "pairing"
request, click "Allow".
2. For some branch of mobile phone models, there
is no need to pop up the pairing confirmation
is no model to provide the provided of the APP successfully
function is also directly connected. After the
binding is successful, you can answer and make
call on the work.

iPhone: Enter into Settings – Bluetooth, search device and connect pair (P45 PHONE). After pair successfully, you can make call/ answer incoming

Remove Bluetooth Call connection Android: For the Android mobile phone, the device can be disconnected from your mobile phone by simply clicking on Remove device.

iPhone: firstly, users need dismiss pair, then enter into mobile phone Setting – Bluetooth, find P45\_PHONE, click icon on the right, ignore device, watch and mobile phone are disconnection.

Introduction of Smart Watch functions Power-on status switch the menu interfaces of main screen, as the interfaces shown in the following:

## 08 30



synchronized.

2. Step counting, distance and calorie. The step-counting interface shows steps, the smart bracelet on wrist, and the smart bracelet can automatically count steps, distance and calories.

distance and calories.

3. Sleep montroling
Wearing the smart bracetet at night to
automatically judge whether you are in the sleep
state, to record deep sleep and light sleep
respectively, and to summarize that sleep time
to help you monitor your sleep quality. The sensor
can measure your sleep quality according to the
frequency of whits movements when
you sleep.

you steep.
Note: Because user's also time and habits are different, the time of sleep monitoring is only for reference.

4. Heart rate measurement Enter the heart rate it steep that interface, the motor will.

, running, cycling, skipping rope, iton, basketball, football and so on.

6.All voice
Click on the voice, through the connection with
the mobile phone, the user's spoken language is
converted into text, intelligent dialogue and
intelligent interaction of instant question and
answer.

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before measurement Repeatedly, measure Blood
pressure for three times at the interval of 2
measurements. Stated the average of these needing.

9.Blood oxygen test interface, the motor will vibrate once after "Start measurement" and "Stop", and the current measurement data will sold oxygen started to the sold oxygen started in SQO 21 be percentage of the volume of oxybernoplabin (HbC3) combined by oxygen in the blood to the volume of all (Hb)remoglobily which can be combined, but the concentration of blood oxygen in the blood in the blood.

Note: the data measured for blood pressure and blood oxygen are for reference only, and cannot be used as the basis of referent medical

10.Weather
The weather page will display the current weather
today, and swipe up to display the weather
forecast for the next 6 days.
For weather information, it needs to connect with
the client end before data can be obtained. If the
disconnection time is long, the weather
information cannot be updated.

11. Messages
You can view the content pushed by the message
in the information interface. At most five messages
can be saved. After five messages are saved, the
messages displayed before will be replaced by
new messages one by one.

new messages one by sum.

2.Shutter
After connecting with the mobile phone, the smart
free connecting with the mobile phone, the smart
bracelet can be used as a remote controller for the
mobile phone camera. Open "Photo control" in
APP to "Shake" the smart bracelet and click on

the icon to take a photo.

13. Music control
After connecting with the mobile phone, the smart bracelet can control the music player of the mobile phone. When the mobile phone plays music, you can use the smart bracelet to control the mobile phone for playing/pausing, the previous song and the next song, the

14.Flashlight
After opening, the screen will be adjusted to the
maximum brightness and always on, and you can
exit the interface after swiping left.

Pull down the shortcut menu on the dial Interface, enter the drainage system function, enter the drainage interface and wait for 3 seconds, the wristband will make a drainage sound, turn the speaker outlet down, and the wristband will automatically drain water, you can also shake the wristband to speed up the water droplets from Hare discharge.

Remove Device
For the Android mobile phone, the device can be
disconnected from your mobile phone by simply
clicking on Remove device.
For Apple mobile phone after binding removal
you need to click on the symbol on the right in
Settling Blactooth, and choose to ignore the
device. As shown below.

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Frequently Asked Questions (FAQs)

1. Why does the Smart Watch automatically disconnect Bluetooth when the Android screen

goes out?

1 > Lock background APP, When the Da Fit process is deared, the Smart Watch will be disconnected from the mobile phone.

2 > Set APP sgl\*-startug.
3 > Unrestricted background operation. The Android mobile phone installed with APP installed phone installed with APP installed phone installed with APP and a phone phone installed with APP and a phone phone installed with APP and a phone phone installed phone installed with APP and a phone phone

1> Reser confirm that you have turned on the seath for message pash at the mobils phone illementation for message pash at the mobils phone inflementation from the pash of the message pash of the form of the pash of the pas

3. Why, can't take a hot bath with the Smart Watch Answer the bark water has a relatively high temperature, and generates a lot of vapor which is in the gas phase with small molecular radius and can easily infiltrate into the Smart Watch from the shell gap. When the temperature drops down, the vapor will condensate into liquid-phase droplets Smart Watch and damage the circuit board and then damage the Smart Watch.

Warning: Please consult your

Please consult your doctor before you take a new sport. The Smart Watch should not be used for any medical purpose though it may dynamically monitor the heart rate at real time.

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### 智能手表用户手册



**改评使用智能手表,高性能够带智能手表为您** 

在保养的的手表时,请记什以下提示 •调整手表松紧度,确保空气流通。 佩戴手表的手腕不宜使用过量护供品 •如出现反映过敏或不运情况,请停止保戴。



## 打造贴心健身体验。

定期書店手表,特別是手表内側,使其保持干爽。









长轮间壁3秒或指上磁板穿用线穿用开机。

王本APP下数及燃烧 .下数安装APP 使用重机扫描下维码、下数APP。 IOS系统符器 Ann store 細胞下的 Da Fit



注意: 手机须支持安卓5.1 或 JOS 8.0系统以上, 蓝牙





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## 2 1

# 1.手机会自动弹出"配对"请求点击"允许"。

功后,可以在手表上接听和拨打电话。

Android:安卓手机只需点击移除设备,即可与手机 断开。

IPhone: 苹果于机解除绑定后, 还需要在于机设置

2.部分品牌的手机型号,无需導出配对确认权限,连接 菜牙后通过功能是直接连接、绑定成功后、可以在手

索列衷中找到点击连接配对 (P45\_PHONE) ,绑定线

--- 描牙,找到P45\_PHONE,点击右边的符号,选择您 略定设备。即可与手机断开。

蓝牙语话连接

主屏菜单界面切换,如下所示的界面等。





ニー・ハルベルが日 当手环和APP首次配对连接好以后会同步手机的时间。 日期。

2、计步、距离、卡路里 计步界面显示计步,将手马佩戴在手腕上,手马自动 记录步载、行走距离和卡路里消耗等数据。

晚上佩戴手环能够自动判断是否进入睡眠状态。分别 记录深睡及浅睡并汇总睡眠时间,帮助用户监测自己 的睡眠质量。通过传感器在你睡眠的时候,根据手腕 的动作幅度和频率来衡量静脉的态量。

4.心率测量 () 原源试验而, "开始测量"及"停止"后马达会接 动一次,同时显示当前的测量数据。

运动界面,包含有多种运动、走路、图步、转行、禁

## 动一次。同时显示当前的测量数据

绳、羽毛球、篮球、足球等等。

## 6.语言叫于 点击语音,通过与手机的连接,把用户的口语转化成 文字,智能对话与即时问答的智能交互。

7.相近 打开手机和階級手表的篮牙功能。手机搜索器像手表 的篮牙设备并发起配对,双方能从配对。会有银示进接 成功连接,点击手表的接号键盘,交现与手机接打和

### 血压测试界面。"开始测量"及"停止"后马达会接 30 (人、1931年の日本の日本の日本の 別量自圧的环境皮安静、温度透光、測量前至少休息5 分钟、新华联张、性质、情绪激动、应用知测3次、超

为.血藥 血氣測式界面,"开始测量"及"停止"后马达会振 动一次,同时显示当前的测量数据。 市原飲和摩(SpO2)是由液中被製造合的集合由紅蛋白

### (HbO2)的容量、占全部可 结合的由红蛋白(Hb,hemo alobin)溶量的百分比,即由液中由氧的浓度。

天气页面会显示当前的今日天气天气、向上滑动,可 大一以四金数水当间的4个二个。 同上前初,与以显示未来6天的天气预报。 天气信息需要连接客户端后才可以获取数据如果长时 阿斯开连接天气信息将无法更新。

## 11.信息 信息界面,可以查看消息推送的内容,信息条数量最 多可以存储5条,信息数量满5条后,会逐条替换之前 显示的信息。

连接手机后,手环可以作为手机相机进拉器。APP打 开"拍照控制"。可"提累"于环及点击器标拍用。 连绵手机后, 手环可以控制手机的音乐模数器, 手机 在播放音乐时 可以使用手以给电压机讲行播放/形像

### 上一曲、下一曲操作。

打开后、屏幕会调除到最大亮度一直常亮、左语后可 以退出界面。

IDM 7 = 4-1695 / U.S. 2048 EDITH SETTEMBER (1998)

16.设置"图标点击进入功能列表",分别有显示(亮度、 采押时间、表盘、菜单银器、翻除亮票、)声解和微 动、请勿打扰、电话、关闭、信点模式、通话图置。 系统(侧启、关机、恢复出广)、关于(版本、APP 表盘界面下拉快捷菜单,进入排水系统功能,进入排

### 水界面静等3秒钟,手环会发出的声音,将喇叭出音向 下,手环会自动排水,你还可以甩甩手环加快水流从 90八口排出。

安卓手机只完点击移除设备,即可与手机断开。 苹果手机解除绑定局,还需要在设置——蓝牙,点击右

### 边的符号,选择忽略此设备。如下图 0 0 0

4 0

2>设置APP自启动

## i>:创定后台APP。Da Fit进程清除后,会导致手表与

3>后台运行无限制。安卓手机安装APP,默认是智能 限制后台运行,需手动设置APP不采取任何限用措施。 > 操从在王邦家中或开启了海自推详的开关 > 确认消息在手机调如拦板可以正常显示,手表消息律 没有消息显示 于表将无法接收推送。(需要在手机设置

中找到週知设置,开启微信、 QQ、 电话、 短信、 手机客

## 3 >打开手机一设置,最上面的搜索框,输入"通知 使用权",重新打开Da Fit。 答: 洗澡水的湿度比较高,会产生很多的水蒸气而且水

蒸气是气相的,其分子半径小,容易从手表的壳体空隙渗 进去,当温度降下来后又会重新凝结成液相的水流。容易 造成于表内部线路短路.损伤于表电路板.进而损坏于表。



Federal Communications Commission (FCC) Statement. This device complies with part 15 of the FCC Rules. Operation is subject to the following twoconditions:

- (1) This device may not cause harmful interference, and
- (2) this device must accept any interference received,

including interference that may cause undesired operation. Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide Reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one ormore of the following measures:

- •Reorient or relocate the receiving antenna.
- •Increase the separation between the equipment and receiver.
- •Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- •Consult the dealer or an experienced radio/TV technician for help.

Warning: Changes or modifications made to this device not expressly approved by START TECHNOLOGY(SHENZHEN)CO LIMITED may void the FCC authorization to operate this device. Note: The manufacturer is not responsible for any radio or TV interference caused by unauthorized modifications to this equipment. Such modifications could void the user's authority to operate the equipment.

## RF exposure statement:

The transmitter must not be colocated or operated in conjunction with any other antenna or transmitter. This equipment complies with the FCC RF radiation exposure limits set forth for an uncontrolled environment. The installation and use of this product are not restricted.